

ALWAYS GRASS FED,
ALWAYS GRASS FINISHED

NEVER EVER
ANTIBIOTICS,
OR HORMONES.

100% GRASS FED;
NO GRAIN
OR ANIMAL
BY-PRODUCTS.

BORN, PASTURE
RAISED IN THE
USA.

TONI'S DEVILED EGGS	3 ⁷⁵
german mustard, goat cheese, pickled beet	
FRESH SHATTERED POTATO CHIPS	4 ⁹⁰
sea salt, cracked pepper with lebni and/or homemade lacto fermented hot sauce (v)	
AVOCADO TOAST!	5 ⁷⁵
goat cheese, extra virgin olive oil, sprouts (v)	
INGO'S CHOPPED CHEF SALAD.	9 ⁷⁵
romaine, arizona dates, white beans, avocado, cheese, almonds add <i>crispy chicken +4 (wrap your salad! n/c)</i>	
KALE AND QUINOA SALAD	9 ⁷⁵
sunflower seeds, grapes, preserved lemon, red peppers, manchego, fresh parmesan (v)	
FISH & CHIPS*	9 ⁷⁵
crispy white fish, shattered chips, tartar sauce, malt vinegar add a second piece of fish +6	
WHITE FISH CLUB SANDWICH	9 ⁷⁵
crispy loup de mer, tartar sauce, lettuce, tomato, pickle	
CRISPY CHICKEN SAMMY	8 ⁹⁵
100% all natural chicken breast, dill pickle, spicy aioli, apple	
BLACK BEAN BURGER (vegan)	8 ⁹⁵
cashews, poblano peppers, lettuce, tomato, pickle, house made vegan nut cheese - spicy!	
FARMER'S DAUGHTER BURGER*	9 ⁵⁰
grass fed beef, toasted bun or adam + eve style, dijonnaise, fol epi cheese, sauerkraut	
CHEESEBURGER*	9 ²⁵
grass fed beef, cheddar, lettuce, tomato, russian dressing, pickle	
PARIS TEXAS BURGER*	9 ⁵⁰
grass fed beef, apple bbq sauce, smoked bacon, cheddar cheese, lettuce, dill pickle	
1) curbside order! Call 602 795 2884 	
or order online www.ingotastyfood.com	
2) kids (12 and under) grilled cheese 3 ⁷⁵	
3) upgrade w/ an egg* +1 ⁰⁰	
4) wrap your salad n/c	
5) "adam & eve" style on any burger n/c	
6) add grass fed patty/crispy chicken to salad +4 add white fish +6	
7) (v) vegetarian or can be made vegetarian	



Please alert us at beginning of your meal to ALL possible food allergies.
*State Health code requires us to inform you: these items contain (or may contain) raw or undercooked ingredients.
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

SPIRITS

INGO'S GREYHOUND - ON DRAFT!	8/38
gin, fresh grapefruit, lemon, mint (<i>get it frozen or on the rocks</i>)	
MOSCOW MULE	8/38
prairie organic vodka, ginger beer, fresh lime	
LGO GROCERY'S FAMOUS WHITE SANGRIA	7/28
our big sister's signature recipe with fresh-cut fruit	

INGO'S GREYHOUNDS TO-GO

CLASSIC 16oz/32oz.	19/38
FROZEN 16oz.	12
PARTY PACK - 6 FROZEN 16oz each.	48



only the best: ford's gin, flor de caña rum, bulleit bourbon,
prairie organic vodka, and frida kahlo blanco tequila

LGO PROPRIETARY WINES

	glass / bottle
FARM TABLE RED	7/17
CLEAN + BRIGHT CHARDONNAY	7/17
FARM TABLE ROSÉ	7/17
LGO PÈRE LACHAISE SPARKLING	25

DRAFT BEER

	glass / pitcher
PIZZA PORT HONEY BLONDE ALE	7/21
california 4.8%	
DESCHUTES FRESH SQUEEZED IPA	7/21
bend, oregon 6.4%	

MORE BEVERAGES HERE

ICED TEA black or green 24oz/32oz.	2 ⁷⁵ /4 ⁰⁰
HOUSEMADE LEMONADE 24oz/32oz.	3 ⁰⁰ /4 ⁰⁰
COKE with pure sugar cane	3 ²⁵
DIET COKE	3 ⁰⁰
SAN PELLEGRINO ARANCIATA	3 ²⁵
TOPO CHICO MINERAL WATER	3 ²⁵
AQUA PANNA 0.5 lt still	3 ⁰⁰