

Directions to:
Integra Rehabilitation Physicians
(located inside Carolina Family HealthCare)
11220 Elm Ln. Suite 102
Charlotte, NC 28227



Phone: (704) 557-0500

1. Take **I-485** toward Rea Rd. If coming from Monroe/Matthews take I-485 inner loop. If coming from I-77/Rock Hill/Gastonia, take I-485 outer loop.
2. Take **exit 59** onto Rea Rd heading South.
3. Turn right at the traffic light onto Ballantyne Commons Pkwy.
4. Go straight through the first traffic light at Elm Ln and then turn right on the first street on your right, Forum Avenue (after the Wells Fargo bank and before Post Office).
5. Follow Forum Avenue past the tall 3 story building on your right and turn into the parking lot just past the building. Either park in a spot there or pull around the front to the circle to drop off. Handicap parking is located in the front of the building.
6. Enter the building through the front entrance and Integra Rehabilitation Physicians/ Carolina Family HealthCare (Suite 102) will be on your left once you enter the building.

