BREE'S JOURNEY TO JOY

READING ACTIVITY & GUIDE

INCLUDES PARENT GUIDE AND COVID-19 DISCUSSION

BREE'S JOURNEY TO JOY
A STORY ABOUT CHILDHOOD GRIEF AND DEPRESSION

MIND MATTERS KIDS
WRITTEN BY GLOBAL HEALTH PSYCHIATRY, LLC.
ILLUSTRATED BY TYRUS GOGGINY
What is your opinion about the book?

My opinion about the book is

B R A V E

Complete the BRAVE acrostic puzzle below.

What is your favorite part of the book?

My favorite part of the book
PRACTICE SENTENCES

The words below use all the letters that you have read in the story. Copy the words and remember to leave a finger space between each word.

I can give my best.

B is for brave.

I can do hard things.
Bree loved science and knew it was her superpower!
S is for SCIENTIST

How many words that begin with S can you write?
BEGINNING AND ENDING SOUNDS

FIND IT! IN THIS ACTIVITY SHEET, YOUR CHILD WILL PRACTICE IDENTIFYING, WRITING, AND SOUNDING OUT VOWELS, FIRST AND LAST LETTERS IN COMMON ONE-SYLLABLE WORDS.

Write a letter to show the beginning sound of each picture.

- Heart: ___ eart
- Book: ___ ook
- Pizza: ___ izza
- Seeds: ___ eeds
BREE’S JOURNEY TO JOY

QUESTIONS

Answer the questions below, fill in the circle of the correct answer and write the answer word on the line.

Bree’s Nana died. Bree felt sad and full of many emotions. Bree’s parents comforted her and explained that memories of her Nana would always be with her.

Now, without Nana, everyone had to adjust to the changes.

- Smiled
- Hugged
- Comforted

Bree’s parents _______________ her.

- Mad
- Fear
- Many emotions

Bree felt sad and full of ________________.

- Changes
- Parents
- Dogs

Everyone had to adjust to the _______________.
Find the **WORDS**

DRAW A CIRCLE AROUND EACH WORD.

WHAT DO YOU THINK THE WORDS SAY?

heart
clock
book
	house
car
lamp
<table>
<thead>
<tr>
<th>Word</th>
<th>What it Means</th>
<th>Sentence</th>
</tr>
</thead>
<tbody>
<tr>
<td>sad</td>
<td></td>
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<td>wish</td>
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<tr>
<td>hospital</td>
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</tbody>
</table>
Find the following words in the puzzle. Words are hidden →, ↓, and ↘.

BOW
BREE
COMFORT
COVID
DOCTOR
FAIR
FEELINGS
HAIR
HOSPITAL
ILLNESS
NANA
PIZZA
SAD
SCIENCE
STORIES
TENNIS
WISH