

It's All in the Fruit (Part 3 – Peace)
Galatians 5:22-23

Galatians 5:22-23. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law.

We need this fruit of the Spirit.

This is a singular fruit.

This is a Messiah-like fruit.

This fruit will lead to other fruit. Attitude fruit leads to Action Fruit.

This could be an open-ended list of fruit.

This Fruit of the Spirit is a measure of your spirituality.

We are commanded to manifest the Fruit of the Spirit.

I. The next virtue is peace.

A. Now what is peace?

It is an inner tranquility. An inner calmness, devoid of struggle or discord, even during trials.

B. This peace is referring to the peace of God.

This is a peace that only Yeshua can bring to your heart.

Romans 5:1. Therefore, having been justified by faith, we have peace with God through our Lord Yeshua the Messiah,

‘You have to have peace with God to have the peace of God.’

How does the Lord actually bring this peace? It comes from the Spirit.

Romans 14:17. ¹⁷ for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.

C. Why do we not have the peace of God all the time?

We are worrying or anxious or fearful about pressures, problems, or difficult people in our life.

John 14:27. "Peace I leave with you; My peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid.

Have you ever noticed that worry or unfounded fear never does you any good?

Isaiah 41:10. 'Do not fear, for I am with you; Do not anxiously look about you, for I am your God. I will strengthen you, surely I will help you, Surely I will uphold you with My righteous right hand.'

Philippians 4:6-7. ⁶ Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

What is God's prescription to win over worry? 3 points.

1. Trust God in prayer.

Like the old saying, if it is big enough to worry about, it is big enough to pray about.

General prayers get general answers. Specific prayers get specific answers.

When faced with pressures, problems, and difficult people, it is helpful to **remind yourself of God's promises.**

You want to know what the challenge is in giving our concerns up to God in prayer, it is pride.

1 Peter 5:6-7. ⁶ Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time, ⁷ casting all your anxiety [or care] on Him, because He cares for you.

At the root of worry or anxiety or unfounded fear is pride. Either you are going to trust God with a problem or you are going to hold onto it as if you were trusting yourself.

2. Trust God in prayer with thanksgiving.

Why did he say that? Because thanksgiving helps to build up our faith in prayer.

3. Trusting God in prayer with thanksgiving results in the Peace of God.

There is a peace of man. Even unbelievers in Yeshua can feel some peace when everything is going well in their life and there is nothing to be concerned about, but it won't last during terrible trials.

Our passage instead speaks of the Peace of God, which we can have no matter what we are going through.

And this peace acts as a guard over our emotions and thoughts to keep us at peace despite what we are going through.

God replaces the worry of man with the peace of God. (Me)

Isaiah 26:3. ³ "The steadfast of mind You will keep in perfect peace, Because he trusts in You.

Ask the Lord to make you consciously aware if you don't have His peace. We can get stuck with our struggles and not realize we don't have His peace.