

HOW CAN I PROTECT MYSELF FROM COVID-19?

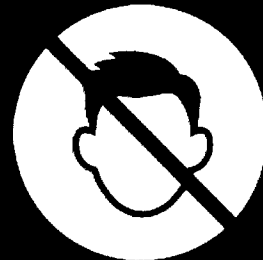
PRACTICE GOOD HEALTH HABITS



WASH YOUR
HANDS OFTEN



COVER COUGHS
+ SNEEZES



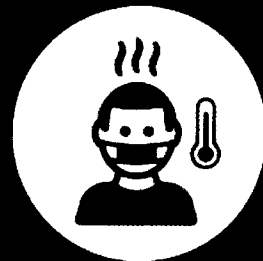
DON'T TOUCH
EYES/NOSE/MOUTH



CLEAN SURFACES
FREQUENTLY



STAY HOME
WHEN SICK



AVOID SICK
PEOPLE



pennsylvania
DEPARTMENT OF HEALTH