

# Survey of Cook Book Habity

Please complete this survey as fully as possible. Write on the back of the page when you need more space for responding. Thank you for your interest in and support of The Habitorium (TheHabitorium.com)

1. Approximately how many cook books do you own? \_\_\_\_\_

2. Is there one book that sees the most traffic? Yes No  
Which one and why?

3. When making a recipe from a cook book, how do you handle the book while referring to it? Do you use a book rack? Prop it up? Lay it flat?

4. What is one of your cook books that you never use but wish you did?

5. On this scale of 1 to 5, with five describing the most pristine...  
how clean are the pages of your cookbooks?

1 2 3 4 5

6. Where do you keep your cook books?

7. Beyond following a recipe, describe how you use cookbooks.  
In other words, what do your cook books do?

8. Are you more likely to need a cook book when **baking** or **cooking**?

9. Do you use any inherited cookbooks? Please describe the person from whom you inherited the book.

10. On this scale of 1 to 5, with 5 being the most faithful...  
when cooking from a book, how closely do you follow the recipe?

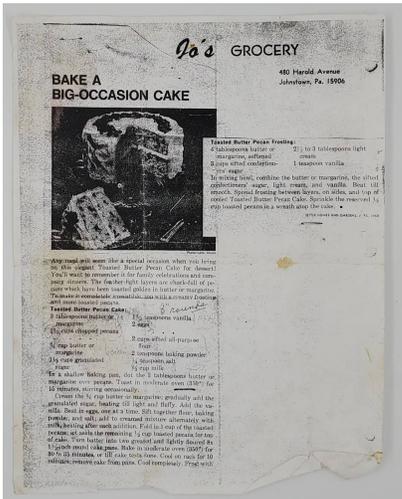
1 2 3 4 5

11. What kind of notes do you keep in your cookbooks and how? What do these notes typically do? Please select all that apply:

- menu idea    substitutions    advice on an oven temperature
- chronicle a date    omissions    other: \_\_\_\_\_

12. Would you say you have a cookbook collection? Yes No  
If yes, how is it organized? If no, why not?

13. Are you in the habit of lending or borrowing cook books? Under what conditions?



**Cook Book Habit:** Her cook books hold recipes she's collected from different places including ones torn from product labels, cut from magazines and written on index cards.

Thank you for contributing to  
The Habitorium's research.

Please share your name and address  
to receive a copy of the  
Report on Cook Book Habity.

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