

Montessori School of Sonoma

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Health Policy

Winter is a time for colds and flu. We would like to make every effort to keep our students and staff healthy. In deciding whether or not to send your child to school when s/he is only a “little bit sick”, a general rule of thumb is if the child is too sick to play outside, s/he should stay at home. Please observe the following,

KEEP YOUR CHILDREN HOME IF:

- * If s/he has a fever or has had one during the previous **24 hours**.
- * If s/he has vomited in the last **24 hours**.
- * If s/he has a heavy nasal discharge or green nasal discharge.
- * If s/he has a constant cough.
- * If s/he is fussy, cranky, and generally not their best.
- * If s/he is tired. Rest at such times may prevent the development of serious illness.
- * If s/he has a communicable disease. Please notify the school if this is the case.

A child should stay home in the event of vomiting, diarrhea, or fever. If this occurs at school we will call a parent so that the child can be picked up. We ask that the child not return to school until **at least 24 hours** after the last episode of vomiting, diarrhea or fever. We also ask that the child be kept home if s/he has mucus that is green. S/he may return to school when the mucus is clear. We are not able to accommodate sick children. Please do not bring your children to school if they are sick. We would appreciate it if you would advise the school if your child has a contagious disease/condition so that we can alert other parents and staff, and guard against further spread.

PLEASE CALL THE SCHOOL TO INFORM US IF YOUR CHILD WILL NOT BE ATTENDING CLASS FOR THE DAY. THANK YOU.