

Suicide Prevention Training

Question Persuade Refer

Three steps anyone can learn to help prevent suicide



QPR TRAINING DATES

Wednesday, April 28
1:00 - 2:30pm

Ask a Question, Save a Life

QPR Suicide Prevention Training provides individuals with the skills to identify the warning signs of suicide, learn how to interrupt the crisis, and know how to direct a person to proper care. This training is offered free to anyone to help our community recognize the warning signs of suicide and assist others in need.

As a QPR Gatekeeper, you will:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

To Register for a FREE QPR training session, visit familyess.org/QPR or call (360)754-7629



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