

CLASS DESCRIPTION

This **14-week court approved, evidence-based virtual parenting class for fathers** uses the "Nurturing Fathers" Curriculum, supplemented with discussion and presentations. It is an opportunity for men to grow in the company of other men on a pathway to becoming "Dynamic Dads."

UPON COMPLETION OF THIS CLASS YOU WILL RECEIVE A CERTIFICATE OF COMPLETION.

Class Cohorts begin every quarter - Please call for start dates for the next class or check the "Classes Tab" on **Familyess.org!** Preregistration is required!

TOPICS INCLUDE

- Roots of Fathering
- Self Nurturing Skills
- · Fathering without Fear of Violence
- Self Care & Stress Management
- The Value of Play

- Balance of Work & Family
- Child Development & Expectations
- Discipline & Guidance Techniques
- Community Resources
- and more...

REGISTRATION INFORMATION

Please contact us for class fee. Family Education & Support Services is a contracted provider of parenting classes with Washington State. Children's Services Provider #98151

In partnership with South Puget Sound Community College, details will be discussed at orientation for receiving one (1) college credit for this class.

To register for class call (360)754-7629, toll free 1(877)813-2828 or online at FAMILYESS.ORG.

Every effort will be made to locate an interpreter for non-English speaking participants. Washington Relay Service for Hearing and Speach Impared (ONLY) 1(800)833-6388.

ADDITIONAL INFORMATION

All participants who register will be screened for restraining orders to avoid conflicts in attendance.

The Seminar fee may be discounted for those whose incomes can be verified to fall below poverty guidelines. Examples of income verification are: paycheck stubs and Washington State Financial Assistance documents.

Family Education & Support Services is an equal opportunity services provider and does not discriminate on teh basis of race, color, religion, national orgin, age, marital status, sexual orientation, or disability.

This program is made available to our to our community through a generous grant from Washington State Dept. of Early Learning and individual donations.



