

# Missouri Recovery Support Specialist Training

The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder.

Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc.

## Recovery Support Specialist Training:

24 hours of training is provided by the Missouri Credentialing Board

- Missouri Recovery Support Specialist-1 hour
- Recovery Oriented Systems of Care-2 hours
- Recovery Language 1-hour
- Co-Occurring/SUD/MH-3 hours
- Medication Awareness Recovery-1 hour
- Stages of Change-2 hours
- Ethics-6 hours
- Family/Relationships and Recovery-3 hours
- Spirituality and Recovery-2 hours
- Culturally Informed-2 hours
- Communicating the Vision- 1 hour



At the end of the training participants will be able to:

1. Describe the functions of a Recovery Support Specialist
2. List the components, core values and guiding principles of recovery
3. Build skills to enhance relationships
4. Describe Stages of Change and their Applications
5. Address ethical issues
6. Practice newly acquired skills

***(\*Please note this is not the Certified Peer Specialist (CPS) Training. Please contact the Missouri Credentialing Board if you have any questions @ 573-616-2300).***