



Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Are there any health issues we should know about your child? No \_\_\_\_\_ Yes \_\_\_\_\_ (please note and continue on the back of this form if necessary) \_\_\_\_\_

Parent's Name (Please Print) \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**INFORMED CONSENT & WAIVER OF LIABILITY:**

I understand that being on the premises of a fitness facility can be potentially hazardous and involve a risk of injury and even death. **I am voluntarily entering this facility with knowledge of the dangers involved and I expressly agree to assume and accept any and all of these risks for both myself and any of my children who enter the AlamoShape/AlamoKids (hereinafter known as AS/AK) premises.** I do hereby declare myself and my child(ren) to be physically sound and suffering from no illness, impairment, disease, disability, or other condition that would prevent or limit my exposure to a fitness facility and its childcare activities, and do hereby assume all risks and responsibility for our being on the premises. In consideration of myself and my children being allowed to enter the premises of AS/AK and to use the associated facilities and equipment, I do hereby waive, release, and forever discharge AS/AK and its board of directors, instructors to specifically also include Rosemarie Ferrara, David and Malah Quinlan, any present and future owners, employees, contractors, administrators, agents, representatives, and all others from any and all claims, suits, damages, demands, or actions, including those caused by passive or active negligence by any of those mentioned or others acting on their behalf, arising from or connected with my participation or that of my children, in any services, activities, or exercise programs of AS/AK or from the use of any of its facilities or equipment, to include any outside activities associated with AS/AK such as group runs, walks, or outdoor fitness events. **I also acknowledge that occasionally photographs and/or video recordings may be taken/used for advertising purposes. All effort will be made to ensure members are aware of such and given the opportunity to opt out, but with no guarantees they will not appear in the occasional advertising that results. XX** I further understand the AlamoKids childcare room is **NOT allergy sensitive and AlamoKids/AlamoShape assumes no responsibility for my child(ren)'s exposure to any allergens, known or unknown. XX**

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_



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