

ALAMOSHAPe GENERAL CHILDCARE POLICY

OUR GOAL IS TO HAVE ALL CHILDREN IN THE ALAMOKIDS PLAYROOM.

WITH THAT SAID, THE FOLLOWING IS NOTED:

Boys & Girls 11 and under can attend Womens' Fitness Classes with mom, no charge.

Children 12-18 yrs can join mom in exercising at ½ price or sit quietly in the café area.

Children under 12 not interested in free exercise must remain in the AlamoKids room observing policies.

Exceptions are babies in car seats/strollers.



PLAYROOM GUIDELINES

ALL CHILDREN ENTERING ALAMOKIDS PLAYROOM MUST HAVE A HH/WAIVER COMPLETED/SIGNED BY MOM

PAYMENT MUST BE MADE BEFORE CLASS

NO CHILD WILL BE ACCEPTED BY STAFF WITHOUT PRIOR FORM/PAYMENT

Member must be current in AlamoShape payment and on the premises while child is in the AlamoKids PlayRoom.

2-HOUR MAXIMUM VISIT IN PLAYROOM

- Members may bring their children/grandchildren 6 weeks & older. We'll call you for diaper changes.
- At no time can we allow a non-member's child in our studio, except as above for grandchildren.
- We understand kids can get out of hand when we least expect it. We may have to call you if your child acts up and causes a problem for other children. If less than 30 minutes have passed we will give you a credit for your next visit.
- We encourage your teenage children to work out with you; for only \$19.50/month it is a great way to spend time with your child, however, responsible teenagers may study quietly in our cafe area with free Wi-Fi.

Please follow these guidelines and help keep AlamoKids a fun place for kids and a breath of fresh air for Mom!

Thank you!

AlamoShape/AlamoKids

Parent printed name: x _____ Cell Phone: _____

Parent signature: x _____ Date: _____

Child's name & age: x _____ x _____ x _____

WE MUST HAVE A SIGNED WAIVER FOR EACH CHILD

EMPLOYEE: HH/Waiver CONFIRMED for each child on file _____ Date: _____