

FITGUY

REBELFIT

PERFORMANCE TRAINING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1035 am FitGuy	6 am or 530 pm Coed 715 pm BONUS FitGuy	715 pm FitGuy	6 am or 530 pm Coed 715 pm BONUS FitGuy	715 pm FitGuy	6 am or 530 pm Coed	10:30 am Coed Cardio

FitGuy is led by certified personal trainers, and together with the coed RebelFit training is \$139/month, which can be paid in weekly installments. You get training every day for a daily cost of only \$4 plus tax. We also currently have Bonus FitGuy Sessions, please check the latest schedule on FB.

FITGUY

REBELFIT

PERFORMANCE TRAINING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1035 am FitGuy	6 am or 530 pm Coed 715 pm BONUS FitGuy	715 pm FitGuy	6 am or 530 pm Coed 715 pm BONUS FitGuy	715 pm FitGuy	6 am or 530 pm Coed	10:30 am Coed Cardio

FitGuy is led by certified personal trainers, and together with the coed RebelFit training is \$139/month, which can be paid in weekly installments. You get training every day for a daily cost of only \$4 plus tax. We also currently have Bonus FitGuy Sessions, please check the latest schedule on FB.