

September 2020

		Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
<p>Shashi Malik President 516-633-5229</p> <hr/> <p>Jay Singh VP 516-857-5297</p>	<p>Kuljeet Ahluwalia Secretary 646-267-7134</p> <hr/> <p>Sushil Khanna Treasurer 516-439-0278</p>			 <p>Spirituality How to Control Anger Sadhvi Chandra Bharti 2-3pm</p>	<p>Women-Men Forum Anjana Kashyap Guided Meditation</p> <p>2-3pm</p>	<p>Meditation Narinder Kapoor</p> <p>10-11 am</p>
		6	7	8	9	10
				<p>EC & Ahoc Monthly Meeting 7-8 pm</p>	<p>Sangeet Forum Kiran Arora</p> <p>5-7 pm</p>	
		13	14	15	16	17
			<p>Sanjeev Jindal</p> <p>Basic understaniding for Life Insurance with Living Benefits 5-6 pm</p>	<p>Senior forum Harsha Padmanabhan</p> <p>2-3 pm</p>		<p>Meditation Narinder Kapoor</p> <p>10-11 am</p>
		20	21	22	23	24
			<p>Art and Craft</p> <p>2-3pm</p>	 <p>Spirituality Sadhvi Chandra Bharti 2-3pm</p>		
		27	28	29	30	
					<p>"Glory to IALI"</p> <p>IALI is your own organization and it functions with your generous support and contributions. Please pitch in your donation no matter how small, will be deeply appreciated. which shall be tax-exempt.</p>	
		Notes				
<p>Anju Sharma Cultural Chair (516) 582- 5888</p> <hr/> <p>Meditation Forum Narinder Kapoor (516)-467-9295</p> <hr/> <p>Membership Chair Suresh Bansal (516) 528-2565</p>	<p>Men Forum Vimal Goyal (516) 978-7125</p> <hr/> <p>Public Relationship Sanjeev Jindal (646)-496-6636</p> <hr/> <p>Kids Forum Neeru Bhambri (516)-244-8350</p>	<p>Outreach Forum Neelema Srivastwa (718)-223-0326</p> <hr/> <p>Sanju Sharma Assistant to President (516) 582-5999</p>	<p>Picnic Forum Chair Ravinder (718) 343-2683 Renu Kapoor (516) 270-7240</p> <hr/> <p>Yoga sanjay Sura (540)-313-1313</p>	<p>Sangeet Forum Kiran Arora (917)-757-0377</p> <hr/> <p>Senior Forum Harsha Padmanabhan (631)-553-1348</p> <hr/> <p>Spirituality Forum Neelema Srivastwa (718)-223-0326</p>	<p>Newsletter Chief Editor Pradeep Tandon (718) 564-3092</p> <hr/> <p>Newsletter Editors</p> <p>Neeru Bhambri (516) 244 8350</p> <hr/> <p>Sanju Sharma (516) 582 8853</p>	<p>Health & Wellness</p> <p>Sukhwinder Ranu, MD (917) 715-2883</p> <hr/> <p>Usha Tandon, MD (718) 564-3092</p> <hr/> <p>Jag Kalra, MD (516) 589-4583</p>