



Home Delivered Meals Funding:

The Nutrition Program is partially funded with the Federal Older Americans Act & other state grants.

- Each meal costs \$8.50
- Suggested donation is \$3.75 per meal. Additional donations are appreciated if you're able to contribute. No one will be denied a meal based on ability to donate

We gratefully accept donations for participant services and program expansion. Consider a memorial gift in memory of a loved one. All donations are confidential.

Volunteer Opportunities:

We rely on volunteers to deliver most of our meals to keep the program running. Our volunteers and staff also provide a wellness check on meal participants

If you have a family member or know of someone who would be interested in volunteering, please call the ADRC at 1-715-284-3978.

Complaint & Grievance:

Any consumer, or person acting on a customer's behalf, may express or file a complaint by calling the Aging and Disability Resource Center Manager at 1-715-284-4301 ext. 353.



Home Delivered Meal Nutrition Program

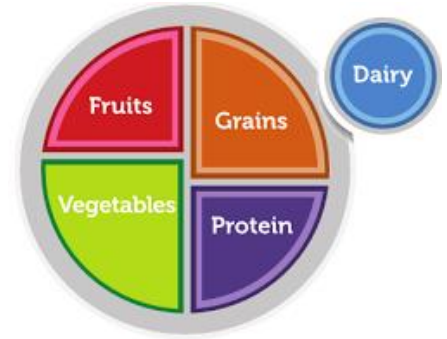


420 Highway 54 West | PO Box 457
Black River Falls, WI 54615
1-715-284-3978
1-844-493-4245
www.adrcjacksoncounty.org

Eligibility:

A home visit is necessary prior to service. To qualify for Home-delivered meals, you must be:

- A younger person with a disability who lives with an older eligible person participating in the program
- 60 years of age or older or the spouse of someone who qualifies
- Homebound – except for medical appointments and family gatherings
- Unable to participate in Senior Dining at a local Congregate Meal Site
- Unable to obtain food and prepare nutritious meals for yourself on a daily basis



Home Delivered Meals Guidelines:

Hot meals are delivered between 11:00 am – 12:30 pm. Please be ready to admit the delivery person promptly or have a designated entrance unlocked. Also, please have snow and ice removed from entry ways and sidewalk.

Pet Policy: For the safety of our volunteers, dogs, cats, and other pets **must** be restrained or confined in some other area of the home during delivery time. If pets are not restrained, meal delivery will be discontinued.

Special diets: Regular meals are planned to be reduced in fat and have no added salt. If you need a more specialized diet, please ask for more information. A prescription from your doctor is required.

Food Safety: Our delivery equipment keeps food at the appropriate temperature during delivery. For your safety, refrigerate any food you will not eat immediately. Meals do not need to cool down before refrigerating. Your food packaging has the date the meal was prepared and delivered to you. Food that is not eaten after 3 days should be thrown away.

Not Home: Meals cannot be left for you when you are not home. Please schedule your appointments and outings so that you return by 11:00 AM. Please cancel your meal if you will not be home.

Medical Emergency: If the delivery person should find you in a medical emergency when delivering your meal, we will call 911. If you do not wish to receive medical care, you must have an identifying bracelet or other information available to emergency personal.

Cancellations: To cancel meals, please call 1-715-284-3978 by 3:00 pm the day before.

Home Delivered meals may be cancelled and if we have severe weather conditions that may make the roads unsafe to drive. Please listen to WWIS Radio station 99.7 FM or 1260 AM for weather cancellations.

Menus are available in the Banner Journal and the Shopper weekly shopper