# TABLE OF CONTENTS

OVERVIEW .................................................................................................................................................. 3  
FRONTERA DE CRISTO ................................................................................................................................ 3  
WHY PARTNER IN MISSION? ....................................................................................................................... 4  
MEXICAN CHRISTIAN CULTURE .................................................................................................................. 4  
MISSION EDUCATION MINISTRY .............................................................................................................. 5  
  
  Goals of the Mission Delegation Program ................................................................................... 5  
  Reflecting Biblically and as Persons of Faith .............................................................................. 5  
  Sharing a “Minute for Mission” ................................................................................................ 5  
MISSION DELEGATION ACTIVITIES ......................................................................................................... 5  
  
  Seeking Understanding .................................................................................................................. 5  
  Spiritual Practices at Frontera de Cristo .................................................................................. 6  
  Spreading the Word: Bible Schools and Evangelism .................................................................. 6  
  Construction Projects ................................................................................................................ 6  
  Visit Another Border Ministry Site .......................................................................................... 6  
  Enjoying God’s Creation ............................................................................................................ 6  
  Sample One-Day Mission Delegation Schedule .................................................................. 7  
  Sample Three-Day Mission Delegation Schedule .................................................................. 7  
  Sample Weeklong Mission Delegation Schedule .................................................................. 8  
LOGISTICS .................................................................................................................................................. 9  
  
  Group Makeup and Size .............................................................................................................. 9  
  Expenses ........................................................................................................................................ 9  
  Transportation and Insurance ................................................................................................ 9  
  Lodging ........................................................................................................................................ 9  
  Meals ........................................................................................................................................... 10  
  Changing Money ...................................................................................................................... 10  
SECURITY .................................................................................................................................................. 10  
HELPFUL TIPS ........................................................................................................................................ 11  
PLANNING AND PREPARATION ........................................................................................................... 12  
CONGREGATIONAL SUPPORT SURVEY ............................................................................................... 15  
PARTICIPANT CHECKLIST ..................................................................................................................... 17  
FORMS ....................................................................................................................................................... 18  
  
  Delegation (Group) Registration Form .................................................................................. 18  
  Individual Registration Form ................................................................................................. 20  
APPENDIX ................................................................................................................................................... 21  
  
  Important Contact Information ............................................................................................... 21  
  Rental Car, Insurance Companies .......................................................................................... 21  
  Hotels in Agua Prieta, Sonora ................................................................................................. 21  
  Driving Directions .................................................................................................................. 22  
  Map ........................................................................................................................................... 23
OVERVIEW

Frontera de Cristo is one of five ministry sites of the Presbyterian Border Region Outreach (PBRO). PBRO’s ministry sites along the 2,000-mile US/Mexico border, from west to east, are:

- Compañeros en Misión, Nogales, Sonora/Nogales, AZ
- Frontera de Cristo, Agua Prieta, Sonora/Douglas, AZ
- Pasos de Fe, Ciudad Juárez, Chihuahua/El Paso, TX
- Proyecto Amistad, Nuevo Laredo, Tamaulipas/Laredo, TX
- Puentes de Cristo, Reynosa, Tamaulipas/Hidalgo, TX

Although each site responds to the unique needs of its particular location, all Presbyterian border ministries share the same goals--

- Develop new churches with the Presbytery of Jurisdiction
- Engage in ministries of compassion and empowerment
- Promote mission education so that Presbyterians in both Mexico and the United States experience joint mission on the border
- Be a collaborative ministry between Presbyterian churches in the US and Mexico, working together at all levels
- Collaborate with and support existing border churches
- Promote justice always, raising a prophetic voice wherever the Kingdom of God is being proclaimed on earth.

FRONTERA DE CRISTO

Frontera de Cristo engages in several broad areas of ministry such as mission education, family and health ministry, and church and community development. We partner with--

- Presbyterian churches of Sonora and the US in developing church leadership through our binational internship ministry
- Health professionals on both sides of the border to provide access to health services in underserved communities including the migrant community
- A women’s cooperative that provides opportunities to learn skills that enable them to better provide for their families
- A drug rehabilitation center providing material, moral, and spiritual support to persons who are seeking to overcome their addictions to “live again”
- Churches on both sides of the border in helping people of faith grapple with issues of immigration and respond in faith and not fear
- Coffee farming communities in Chiapas, Nayarit, Sonora, and Haiti to provide economic alternatives to immigration
- Law enforcement, elected officials, business persons, other faith organizations, academics and human rights groups from across the border to work toward a healthier border for all.
A great deal of energy and prayer is directed toward leading mission delegations across borders to build relationships and understanding and to witness to the power of the gospel to tear down walls that divide humankind. Mission teams come to be in mutual mission with their Mexican brothers and sisters, sharing their gifts and talents as well as receiving.

WHY PARTNER IN MISSION?

The Presbyterian Church works in partnership with Christian communities, other faith organizations, and secular entities around the world. The earliest confessions of the Reformed Tradition can be held as the guide for the faith and practice of the church today. The Second Helvetic Confession states, “There is only one church ... We, therefore, call this Church catholic because it is universal, scattered through all parts of the world, and extended unto all times, and is not limited to any times or places.” (Book of Confessions, 5.126)

The Book of Order, the second part of the Constitution of the Presbyterian Church (U.S.A.), emphasizes the need to manifest unity in the midst of diversity. “Because in Christ the Church is one, it strives to be one. To be one with Christ is to be joined with all those whom Christ calls into relationship with him. To be thus joined with one another is to become priests for one another, praying for the world and for one another and sharing the various gifts God has given to each Christian for the benefit of the whole community.” (Book of Order, F-1.0302a)

The Presbyterian Church seeks to open itself up to new movement of the Holy Spirit. Being in partnership with people in other cultures and participating in God’s mission in the world helps individuals to be more faithful in their quest of being disciples of Jesus Christ.

MEXICAN CHRISTIAN CULTURE

The local Presbyterian Church in Agua Prieta is a primary partner in hosting our mission delegations. One of the exciting aspects of cross-cultural experiences is cultural difference. Mexican Presbyterians are different from US Presbyterians in many respects—economically, linguistically, socially, and politically.

History. The first Presbyterian missionaries arrived in Mexico in the early 1870s. The Iglesia Nacional Presbiteriana de Mexico was established in 1872 with the church forming a General Assembly in 1947. In 1972, the Mexican church requested a ten-year moratorium on US activity in Mexico. At the end of that period, the two denominations established a new relationship of mutual mission. Today the Presbyterian church in Mexico consists of a General Assembly, 13 synods, 67 presbyteries, and an estimated 2.5 million members.

Discipleship. Mexican Presbyterians live out their lives of discipleship differently than most US Presbyterians. Many Mexican sisters and brothers choose to abstain from drinking alcoholic beverages, smoking, dancing (with the exception of folk dance), and playing cards. They do so in order to witness to their faith and to be identified as Christians in their culture. US mission delegations come to the border to participate jointly in mission with their brothers and sisters in Mexico. It is not expected that everyone agree with the theological and moral decisions of their sisters and brothers to abstain from these activities; however, it is expected that delegations respect the Mexican way of living out the gospel. As an extension of the congregation’s witness in Agua Prieta, we ask that you adhere to the no dancing, no drinking, and no smoking policy while in Mexico.
MISSION EDUCATION MINISTRY

Frontera de Cristo receives delegations for immersion experiences that last from one day to about two weeks. The primary goal of Frontera de Cristo is to build relationships and understanding across borders, and groups that are in town for longer than a day will spend time with Mexican families in their homes. These visits give delegations and hosts the opportunity to share and learn from each other from both sides of the border.

Goals of the Mission Delegation Program

- Form relationships between US and Mexican brothers and sisters
- Build understanding of our spiritual, political, and economic connections across borders
- Challenge participants to understand the realities of life on the border
- Provide participants the opportunity to share their talents or gifts and discover new abilities
- Provide participants with enough knowledge of Frontera de Cristo to be able to interpret the mission and ministry of Frontera de Cristo and our partners.

Reflecting Biblically and as Persons of Faith. Groups coming from faith organizations will also have the opportunity to participate in the worship life of border congregations during Sunday worship. Integral aspects of this part of the mission experience include:

- Reading the Bible and praying corporately
- Reflecting on mission activities biblically
- Listening for the voice of God speaking through the Scriptures, people, and experiences on the border
- Waiting expectantly for God to reveal a deeper sense of what it means to be a disciple of Jesus Christ
- Returning from the border with renewed vigor in the life of discipleship.

Sharing a “Minute for Mission.” It is requested that each team present themselves to the congregation during worship, describing the ministry and mission of their home church. Teams may also share a song, short drama, etc. with the congregation – this is always appreciated.

MISSION DELEGATION ACTIVITIES

A variety of learning experiences are available. Most teams participate in a combination of the following activities:

Seeking Understanding. FDC tries to provide learning experiences that will help delegations understand life in the borderlands. Activities may include a border infrastructure tour; a visit to the Border Patrol station or a conversation with a Border Patrol agent; a visit to the children’s enrichment ministry at New Hope Community Center; lunch at the women’s cooperative at DouglaPrieta Trabaja and a tour of their community garden; a tour of Café Justo and a cup of coffee at Café Justo y Mas; a visit to CATPSIC (a drug and alcohol rehabilitation center), to CAME (a migrant shelter), or to the Migrant Resource Center (how would you describe this?); dinner with a family in Agua Prieta; and perhaps even a desert hike.

For delegations who wish to experience the economic realities of the border, shopping and eating for a day on a maquila worker’s salary are informative experiences. Groups that wish to have a more in-depth understanding of a particular aspect of life on the border can arrange a conversation with a member of the FDC staff. Examples include the economy on the border, maquiladoras, the
Presbyterian Church in Mexico, health issues on the border, children’s education, recovering from addiction, migration and immigration, or other aspects of life in Agua Prieta.

**Spiritual Practices at Frontera de Cristo.** Spiritual practice is an important part of FDC’s ministry. Each day our staff leads the delegation in devotional time that includes Scripture reading, silence, and prayer. On some days, biblical reflection and prayer is held at the border wall. Delegations in town on Tuesday evenings participate in the Healing Our Borders Prayer Vigil. This is a weekly event during which we remember those who have died on the desert in their search for safety and asylum. The Vigil has been held at the US-Mexican border every Tuesday for the past 20 years. Delegations in town on Wednesday morning are invited to join FDC ministry leaders in their biblical reflections, prayer, and singing at Café Justo y Mas. Scripture is read in both Spanish and English. Then, using a conversation technique called “mutual invitation,” participants are invited to share their observations and insights about the reading, and to comment on how the Scriptures inform their experiences and how these experiences shed new light on reading and understanding the Scriptures.

**Spreading the Word: Bible Schools and Evangelism.** Teams also have the opportunity to participate in evangelism with members of the Lirio de los Valles Presbyterian Church congregation and the FDC staff. Teams may assist with Vacation Bible School or go with members of the local congregation to invite individuals to church. Teams may also teach stories in a Saturday Bible School; lead an evangelism project in cooperation with the youth or members of the congregation; share the Gospel in song or drama, etc. If teams conduct Bible School, they work in partnership with the congregation and the FDC staff. Teams provide material for and lead the activities while church members and FDC staff members provide teachers for the lessons.

**Construction Projects.** Many mission delegations come with the desire to do something physical such as build, paint, or repair a house, church building, community center, or clinic. Over the last 30 years, our ministry focus has changed. Delegations now do very little construction. For groups interested in construction, we can arrange for the delegation to support an ongoing project with a local church or community organization; however, construction will always be a secondary activity and will usually take no more than a few hours. FDC also occasionally holds work days for congregations located within a few hours of the border.

**Visit Another Border Ministry Site.** Take a one- or two-day trip to Nogales, Sonora, and visit with our sister ministry Compañeros en Misión and/or the Kino Border Initiative. Although it’s a nearby neighbor, Nogales has its own distinct character. Learn about another Mexican border town and how our sister ministry is engaged with the community. There is a tourist market in Nogales with an abundance of artisan shops representing many regions.

**Enjoying God’s Creation.** Some groups plan a day during their mission experience for a recreational activity outside of Agua Prieta/Douglas. Arizona has a variety of nature conservatories and national forests. Within an hour of Douglas, there are a number of hiking opportunities in the mountains, including the Chiricahua National Monument and the Coronado National Forest. Nearby Bisbee is a unique southwestern town with copper mine tours as well as arts/crafts and antique stores. Tucson has beautiful recreational areas as well. The Arizona-Sonora Desert Museum located just west of Tucson is a wonderful place to learn about the animals and plants of the Sonoran Desert.
## Sample One-Day Mission Delegation Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am</td>
<td>Overview of binational ministry</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Brief Border Infrastructure Tour</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Reflections at the border wall</td>
</tr>
<tr>
<td>12:30 am</td>
<td>Tour of community garden and lunch with DouglaPrieta Trabaja</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>Visit CATPSIC</td>
</tr>
<tr>
<td>3:30 pm</td>
<td>Visit with Café Justo &amp; Café Justo y Mas</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Biblical reflections and prayer at the border</td>
</tr>
</tbody>
</table>

## Sample Three-Day Mission Delegation Schedule

### Monday

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning</td>
<td>Arrival and welcome</td>
</tr>
<tr>
<td></td>
<td>Biblical reflections and prayer at the border</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Lunch and conversations with local pastors and church leaders</td>
</tr>
<tr>
<td></td>
<td>Migration and the churches’ responses</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Orientation to the Migrant Resource Center</td>
</tr>
<tr>
<td>6:00 pm</td>
<td>Dinner at CAME Migrant Shelter</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>Possible late night shift at Migrant Resource Center</td>
</tr>
</tbody>
</table>

### Tuesday

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am</td>
<td>Breakfast at the community center or home stays</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Checking in and biblical reflections</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Tour of Border Patrol Station</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Lunch with Just Trade Center developer</td>
</tr>
<tr>
<td>2:00 pm</td>
<td>Visit with Café Justo</td>
</tr>
<tr>
<td>5:15 pm</td>
<td>Healing Our Borders prayer vigil</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>Dinner with vigil leaders</td>
</tr>
<tr>
<td></td>
<td>Possible late night shift at MRC</td>
</tr>
</tbody>
</table>

### Wednesday

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>Breakfast at Café Justo y Mas</td>
</tr>
<tr>
<td>8:00 am</td>
<td>Biblical reflections at Café Justo y Mas</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Visit and prayer with CATPSIC (drug rehabilitation center)</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Lunch and conversations with DouglaPrieta Trabaja</td>
</tr>
<tr>
<td></td>
<td>Permaculture, community gardens and food security</td>
</tr>
<tr>
<td>3:00 pm</td>
<td>Farewell at the border wall</td>
</tr>
<tr>
<td>Day</td>
<td>Activities</td>
</tr>
<tr>
<td>----------</td>
<td>-----------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>Saturday</strong></td>
<td>Welcome, expectations, hopes and fears</td>
</tr>
<tr>
<td></td>
<td>Biblical reflections at the border</td>
</tr>
<tr>
<td></td>
<td>Dinner with members of Frontera de Cristo</td>
</tr>
<tr>
<td><strong>Sunday</strong></td>
<td>8:00 am Breakfast at church</td>
</tr>
<tr>
<td></td>
<td>9:30 am Biblical reflections</td>
</tr>
<tr>
<td></td>
<td>12:00 pm Worship with Lirio de los Valles congregation</td>
</tr>
<tr>
<td></td>
<td>Lunch with leadership of church</td>
</tr>
<tr>
<td></td>
<td>Participate with Lirio de los Valles</td>
</tr>
<tr>
<td></td>
<td>Dinner at community center</td>
</tr>
<tr>
<td><strong>Monday</strong></td>
<td>8:00 am Breakfast</td>
</tr>
<tr>
<td></td>
<td>8:30 am Biblical reflections</td>
</tr>
<tr>
<td></td>
<td>9:30 am Border Infrastructure Tour</td>
</tr>
<tr>
<td></td>
<td>10:00 am Shopping on a maquila salary</td>
</tr>
<tr>
<td></td>
<td>12:00 pm Lunch with DouglaPrieta Trabaja</td>
</tr>
<tr>
<td></td>
<td>3:30 pm Walk, reflect, pray</td>
</tr>
<tr>
<td></td>
<td>6:00 pm Dinner on maquila salary</td>
</tr>
<tr>
<td></td>
<td>Watch documentary and have a discussion with local community</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>8:00 am Breakfast</td>
</tr>
<tr>
<td></td>
<td>9:00 am Biblical reflections on the Sonoran desert</td>
</tr>
<tr>
<td></td>
<td>12:00 pm Lunch in desert (maquila salary)</td>
</tr>
<tr>
<td></td>
<td>5:15 pm Healing Our Borders prayer vigil</td>
</tr>
<tr>
<td></td>
<td>6:30 pm Dinner with vigil leaders</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>7:30 am Breakfast at Café Justo y Mas</td>
</tr>
<tr>
<td></td>
<td>8:00 am Biblical reflections at Café Justo y Mas</td>
</tr>
<tr>
<td></td>
<td>9:30 am Tour of facilities and conversations with Café Justo</td>
</tr>
<tr>
<td></td>
<td>11:00 am Visit Migrant Resource Center</td>
</tr>
<tr>
<td></td>
<td>12:00 pm Lunch</td>
</tr>
<tr>
<td></td>
<td>1:00 pm Border Patrol Station tour</td>
</tr>
<tr>
<td></td>
<td>6:00 pm Dinner at CAME Migrant Shelter</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>8:00 am Breakfast</td>
</tr>
<tr>
<td></td>
<td>8:30 am Biblical reflections</td>
</tr>
<tr>
<td></td>
<td>10:30 am Tour of a maquiladora</td>
</tr>
<tr>
<td></td>
<td>12:00 pm Lunch with members from church who work in maquiladoras</td>
</tr>
<tr>
<td></td>
<td>4:00 pm Walk, reflect, pray</td>
</tr>
<tr>
<td></td>
<td>6:00 pm Dinner with members of congregation</td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>8:00 am Breakfast</td>
</tr>
<tr>
<td></td>
<td>8:30 am Biblical reflections</td>
</tr>
</tbody>
</table>
LOGISTICS

To ensure the success of your experience, pre-planning and organization are vital. The following pages should be helpful to you as you plan, prepare, and make appropriate arrangements.

**Group Makeup and Size.** Mission delegations vary in their makeup. For logistical purposes, the preferred maximum number of team members is 14, including leaders. If you wish to bring a larger group, please speak with a member of the Frontera de Cristo staff in advance in order to discuss the possibilities. For youth groups, one leader (or adult) is required for every four youth. Children under the age of 13 must be accompanied by a parent, guardian, or adult relative.

**Expenses.** You can expect the following expenses during your mission delegation experience. This does not include the required $50 non-refundable group registration fee.

**Per person Fees:**

- **Week-long:** registration, translation, local transportation, honorariums, logistics and program fees, 3 meals a day, housing (unless you choose to stay in a hotel).
- $95 per day ($85 for Presbyterian church or seminary groups)
- $75 per day *

- **Day-long:** registration, translation, honorariums, logistics and program fee (two partial days will be considered one day for cost purposes (e.g. arriving at noon on Saturday and departing at noon on Sunday will be considered one day).

<table>
<thead>
<tr>
<th></th>
<th>One Meal:</th>
<th>Two Meals:</th>
</tr>
</thead>
<tbody>
<tr>
<td>$75 per day</td>
<td>$80 per day</td>
<td>$65 per day *</td>
</tr>
<tr>
<td>$60 per day*</td>
<td>$65 per day *</td>
<td></td>
</tr>
</tbody>
</table>

*This partner discount is offered to Presbyterian churches currently supporting the work of Frontera de Cristo. Individuals and groups currently supporting the work of Café Justo and the Migrant Resource Center may also be eligible for this discount.

**Transportation and Insurance.** Delegations will have access to the FDC 15-passenger van on a first-come, first-served basis. If the van is available for the delegation, FDC can arrange to pick up and drop off the delegation from the Tucson Airport for a fee of $400 roundtrip.

If the FDC van is not available, groups must provide their own transportation while in Mexico. For groups flying into Tucson or Phoenix, vehicles must be rented prior to arrival in Douglas. Mexican liability insurance must be purchased for all vehicles crossing the border into Agua Prieta.

Drivers of personal vehicles should check their individual insurance companies to see if they are covered while driving into Mexico. Frequently, US insurance companies will cover vehicles staying within a certain distance of the border. If the insurance company does not cover the vehicle in Mexico, the purchase of additional liability coverage is strongly encouraged. Insurance may be purchased at a daily rate from Farmers Insurance Group in Douglas, Arizona. Information regarding insurance and rental agencies is included in the Appendix.

**Lodging.** For reasons of solidarity, a more complete immersion experience, and simpler logistics, all mission delegations staying overnight will stay on the Mexican side of the border.
Lirio de los Valles Presbyterian Church. Delegations may stay in dormitory rooms in the church building in Agua Prieta. Here, delegations have access to a full kitchen, women’s and men’s bathrooms and showers, and air conditioning/heat. Delegations choosing this option sleep in bunk beds. Sheets, pillows, blankets, and towels are provided.

Home Stays. One of the best ways to immerse oneself in a culture is through home stays. Frontera de Cristo can occasionally arrange for home stays for one or two nights in the homes of members of the Lirio de los Valles congregation and the community.

Motels. Delegations may choose to stay in one of the hotels in Agua Prieta, all of which are within a relatively short distance of the community center and the church. The cost of the hotel is not included in the daily delegation fee. Information regarding motel location and pricing is included in the Appendix.

Meals. The best food on the border is prepared by the members of our community. All meals are included in the fees. Delegations may use the church kitchen to prepare snacks and other ad hoc meals. Some delegations have asked to prepare a meal for the congregation and/or community with whom they interact during the week. There is a supermarket in Agua Prieta as well as in Douglas. Mexico has convenience stores, too--look for the “Oxxo” signs.

Changing Money. U.S. dollars are accepted everywhere, but few merchants have change for bills larger than $5. It may be wise to change some money to pesos. For one-day delegations, there is not usually a need for pesos. For groups staying longer than a few days, arrangements can be made for a trip to the bank. Café Justo y Mas accepts dollars and gives change in pesos. They also accept credit/debit cards. The Women’s Co-op at Douglas Prieta Trabaja accepts dollars as payment for their handicrafts, and exact change is appreciated.

SECURITY

The Frontera de Cristo staff is committed to providing a safe environment for each mission team participant. As missionaries of the Presbyterian Church (U.S.A.) and the National Presbyterian Church of Mexico, FDC’s staff has received security training through Crisis Consulting International. In addition, the US and Mexican coordinators have lived with their families in Agua Prieta for many years and they know the community very well. In more than 30 years of ministry, Frontera de Cristo has facilitated mission encounters of thousands of participants with no security problems or untoward incidents. Still, all participants should be aware of the realities faced by their Mexican brothers and sisters in Christ:

- As in any public space, be conscious of where you leave your belongings, just as you would when traveling anywhere.
- Keep personal items with you unless they are left in an area that is locked. Items of value such as jewelry should not be brought on the mission trip.
- Participants are asked to never to go anywhere alone.
- Participants should not enter any home while in Mexico unless it is the home of a known church member or participant.
- Participants should never walk around the neighborhood at night unless in a group of at least three persons.

Participants (and parents of participants under 18 years of age) may wish to visit the website of the U.S. State Department: http://www.travel.state.gov/mexico.html. If you would like to register your presence in Mexico with the Department of State, you may do so at https://step.state.gov/step/.
HELPFUL TIPS

**Pandemic Precautions.** The Frontera de Cristo Board of Directors approved our resuming mission delegations beginning in August 2021. The following precautions are expected: Participants must have been fully vaccinated against COVID and must be able to provide proof of vaccination. They will be expected to bring and wear masks that cover the nose and mouth during all group activities and while traveling in the Frontera de Cristo van. Social distancing will be practiced wherever practical.

**Flexibility is key.** Sometimes things do not work out as planned and last-minute changes may be necessary. The daily schedule should be viewed as a guidepost to your experience.

**Language.** We work hard to avoid the use of certain words that have become commonplace in the vocabulary of American culture. Sometimes these words and concepts have crept into our vocabulary and we are unaware of the negative impact they may have. In addition to not using derogatory terms that have historically been used to identify people of other cultures or people of color, we never call a person “illegal.” A more correct term may be “undocumented person,” if we are talking about someone who doesn’t have an American visa. And even though the term “alien” is biblical, we prefer “migrant” or “immigrant."

**Beware of the heat.** On the Sonoran Desert, humidity is low and the elevation is high. Water loss occurs more rapidly even in spring, fall, and winter. During the summer months, mid-afternoon temperatures are well over 100ºF. Drink plenty of water and take breaks as needed. Carrying a water bottle is advised. If you run out of water, the church and Café Justo y Mas can provide you with purified water, or you may buy more at a convenience store.

**Dress.** Dressing in layers is advisable. In the winter, temperatures near or below freezing are possible. In summer, temperatures can climb to over 100ºF. In the fall, there can be a difference of 40 degrees between daytime and nighttime temperatures. Dress in Mexico tends to be more conservative than in the US. In worship, for example, men do not wear shorts and women generally wear long skirts or pants. See also “Weather and Clothing” (download from Frontera de Cristo web site).

**Shake hands.** In Mexican culture, people shake hands when greeting someone and when saying goodbye. During worship, there is a time to greet one another and it is not unusual to shake hands with everyone. Please ask FDC leaders about greeting protocols during the COVID pandemic.

**Verbal greetings:** Adults in the church congregation call each other hermano (brother) and hermana (sister). Dios le bendiga, hermano (God bless you brother) or Buenos dias, hermana (Good morning, sister) are appropriate ways to greet one another.

**Use Spanish.** Don’t be shy about speaking Spanish, no matter how rusty it may be. Individuals you will meet in Agua Prieta will appreciate such attempts and will be more likely to strike up a conversation.

**Interpretation.** If you don’t speak Spanish well, you may have the opportunity to speak to someone through an interpreter. In these situations, remember to speak directly to the person you’re speaking to (not to the interpreter). For example: if you’re talking with someone at CAME and your accompaniment partner is interpreting for you, address your words to the person you are speaking to, not to your accompaniment partner. This shows respect for the person you’re talking with, and helps you connect with them as a human being regardless of the language barrier.

**Don't wander alone.** Always travel in groups of three or more.
**Don’t tempt your neighbor.** Cameras, jewelry, and tools have a very high value. Please do not tempt anyone to steal by leaving valuables unattended—leave laptops and iPads at home.

**Don’t flush the toilet paper.** Mexican plumbing and water pressure cannot handle paper products. Toilets will clog if toilet paper is flushed. Please deposit toilet paper in the trash can next to the toilet.

**Help us keep it clean.** Please keep restrooms and common areas clean and picked-up. Also, be considerate by leaving the building cleaner than it is found.

**PLANNING AND PREPARATION**

Planning and preparation for a mission delegation are crucial for the *enrichment of mutual mission*. In the months prior to departure, the delegation leaders and pastor(s) of the church should equip the team for cross-cultural mission. This will take a commitment of time. While the Holy Spirit can and does work despite our lack of preparation, there is a notable difference between teams who arrive having had ample preparation and teams who just “show up” on the day of departure. Those who arrive having invested time, energy, reflection, and prayer prior to the experience tend to be more attentive to the movement of the Spirit and generally have a richer experience.

In the following paragraphs, you will find suggestions for various components of preparation that you may engage in with your prospective team. The Web sites, books, and videos listed here provide excellent introductions and helpful information in preparing for your visit. There are numerous ways your congregation can be involved in your team’s mission experience.

**Web Sites and Facebook Pages**

- Frontera de Cristo — [www.fronteradecristo.org](http://www.fronteradecristo.org) and [https://www.facebook.com/fronteradecristo/](https://www.facebook.com/fronteradecristo/)
- Café Justo — [www.justcoffee.org](http://www.justcoffee.org) and [https://www.facebook.com/Caf%C3%A9-Justo-116646248346467](https://www.facebook.com/Caf%C3%A9-Justo-116646248346467)
- Café Justo y Mas coffee shop — [https://www.facebook.com/CafeJustoyMas/](https://www.facebook.com/CafeJustoyMas/)

**Books**

- Adams, Mark and Tommy Bassett. *Just Coffee: Caffeine with a Conscience*. Just Trade Center, 2009. (available on Amazon.com for $14.50 or from Frontera de Cristo for $10)

**Videos and Documentaries**

- Frontera de Cristo. Our most recent video (9 minutes) by Steve Zeoli gives a current overview of Frontera de Cristo and some of our ministries.  [https://vimeo.com/259047331/e91b1cb489](https://vimeo.com/259047331/e91b1cb489)
- La Bestia (The Beast) by Pedro Ultreras (2011). “La Bestia” is the nickname for the train that many Central Americans ride on through Mexico in their attempt to evade Mexican authorities, bandits,
criminal gangs, and deadly falls en route to “El Norte:” the United States. DVD available for purchase on Amazon.com.

- **Crossing Arizona (2006, 2010).** This 90-minute documentary examines policy changes that have brought us to the point where we are today in our struggle to understand the forces of migration. It introduces persons on both sides of the border who are responding to the complexities of immigration and the border. Available for purchase on Amazon or free with Amazon Prime.

**MINISTRIES AND MINISTRY PARTNERS.** You will enjoy meeting some of our ministry partners:

**Café Justo/Just Coffee.** The Café Justo Cooperative was formed in 2002 by coffee growers in the state of Chiapas. Their first pound of coffee was roasted, ground, packaged, and sold to market that year. Talk with Daniel Cifuentes, one founder and dreamer of Café Justo, a cooperative that can be sustained for lots of families. The vision that Café Justo has is to increase economic sustainability in coffee growing regions, which will allow families to stay together and decrease the number of persons migrating to the US.

**CATPSIC.** Head out to the desert with our CATPSIC partners. CATPSIC is a drug rehab center of “addicts helping addicts.” They have partnered with us since 2004 in the Agua Para La Vida Ministry. Spend time working with local members of this group to put fresh water in the desert for migrants who are crossing the border. Walk in the footsteps of migrants who have traveled this path before. Enjoy a picnic lunch in the desert with our friends from CATPSIC/Water for Life.

**Café Justo y Mas** is a coffee shop that is a partnership of Café Justo, CATPSIC, and Frontera de Cristo. Its purposes are to provide:

1) an avenue to increase local sales of Café Justo and spread the economic impact;
2) a safe meeting/hang out space for adolescents and youths as part of FDC's new prevention and intervention ministry;
3) opportunities for job training/a reintroduction to society for folks from CATPSIC;
4) space to hold community artistic events such as open mic nights, poetry readings, and art shows;
5) a space for CATPSIC graduates and other graduates of drug and rehab centers to have open AA/NA meetings and community educational opportunities about addictions;
6) a bigger space to receive visiting delegations and to have weekly FDC/Café Justo reflections and meetings.

**Shalom House.** Jack and Linda Knox are a Mennonite couple who moved to Douglas in September of 2012. They have created “Shalom House” as a place of hospitality for those who are in need of a safe place to be while transitioning to a more stable situation.

**New Hope Community Center/Centro Comunitario Nueva Esperanza** is an innovative ministry which is a collaboration between Frontera de Cristo and the Nuevo Progreso Community. The purpose of the community center is to improve the quality of life in this outlying community of Agua Prieta by providing educational, cultural, and development activities for the community.

**Migrant Resource Center** (MRC) is located in Agua Prieta, next to the Raul Castro Port of Entry on the US/Mexico border. The MRC provides immediate attention to the needs of migrants deported daily from the United States. The MRC offers them food, water, Café Justo, first aid and other medical attention, and access to a shower, a change of clothes, and a place where they can rest before
continuing their journeys. They are given directions to bus stations, money exchange facilities, and other ministries and programs that can help. Since opening its doors in 2006, the MRC has welcomed more than 200,000 women, men, and children.

C.A.M.E. (Centro de Atención al Migrantes Exodus or “Exodus” Migrant Assistance Center) is a hospitality center for migrants, staffed by volunteers and located at La Sagrada Familia church in Agua Prieta, Sonora. It was founded in 2002 as a collaborate project of the parish, the Archdiocese of Hermosillo, and Catholic Relief Services to address the needs of the vulnerable poor who cross the border to seek a better life in the U.S., or who are being deported back to Mexico. Many migrants arrive after spending several days in the Sonoran desert without food, water, a place to stay, or other resources. Recently, CAME has been providing support for persons from Central America who want to present for asylum at the US Port of Entry.

DPT/Douglas Prieta Trabaja promotes sustainable economic development and self-sufficiency models for individuals and families living in the poor neighborhoods of Agua Prieta, Sonora. DouglaPrieta Works (DPW) cultivates an ethic of mutual aid among community members and offers practical solutions to reduce dependency on weak job markets, government assistance programs, charity, and border crossing.

Healing Our Borders Prayer Vigil is an interfaith group based in Douglas, Arizona. They organized in December of 2000 in response to the growing number of migrant deaths in Cochise County, which has become the most popular entry point for undocumented migrants along the entire U.S.-Mexico border. Healing Our Borders has four main areas of focus: organizing a weekly prayer vigil, education, humanitarian aid, and advocating for legislative change. The weekly prayer vigil takes place every Tuesday evening along Pan American Avenue in Douglas, Arizona. Participants gather to remember and pray for those who have died crossing the border through Cochise County.

Lily of the Valley / Lirio de Los Valles is the oldest Presbyterian Church in the entire state of Sonora, Mexico. It was founded by Frontera de Cristo in 1985 and is an independent church now. A small and welcoming church, it was founded by Frontera de Cristo in 1985 and is an independent church now. Its members come from the north and south of Mexico and it is known in the community as a church that welcomes persons with special needs. Four years ago, the church lost its pastor to an untimely death due to complications of diabetes, and for one year, the pastor’s wife served as “la pastora,” and then for 3 years the elders provided leadership as they finished building their sanctuary and fixed their manse. They called Pastor Ramon Garcia to be their pastor in 2019.

City of Douglas. Frontera de Cristo worked with the city of Douglas in the wake of SB1070 (Arizona’s anti-immigrant law) to declare itself a “Welcoming City.” Mayor Robert Uribe, born in the Dominican Republic, is the youngest mayor elected in Douglas (2016). He works continuously to strengthen relationships across borders and is a big Café Justo fan, having travelled with FDC to Chiapas in 2016. He gave the opening remarks at the recent inauguration of the Governor of Arizona.

Congregational Participation in Mutual Mission. A mission partnership is a continual activity that does not begin and end with the exchange of mission delegations. A variety of gifts and skills are necessary to maintain the quality of the partnership. It is necessary not only to have a large number of members participate in the partnership, but also to have them participate in areas in which their gifts and skills
can be best utilized. The following two pages are a gifts list that may be used to help members of the congregation discern how their gifts can be used in the partnership. The survey can be sent out to all members of the congregation for prayerful consideration. Following an adequate, but not lengthy, period of time, the mission committee can arrange to pick up the surveys and respond to any questions the members might have. This process will be time intensive, but will bear witness to the importance of the partnership and will bear much fruit.

**CONGREGATIONAL SUPPORT SURVEY**

Our church is in partnership with Frontera de Cristo and partner churches and organizations in Agua Prieta, Mexico. We are seeking to utilize all of the gifts of our congregation in order to enhance our mutual ministry in the service of our common Lord and Savior Jesus Christ. Please prayerfully consider the gifts that God has given you and how you can enhance our partnership. If you have gifts that match the needs listed below, please check the space provided. If you have gifts that you believe would be helpful for the partnership but are not listed, please write them in the blank space provided and let the mission committee know. A member of the mission committee will contact you within a week to set up a time when they can meet with you, answer any questions you might have, and to pick up this survey.

Name: ___________________________________________ Phone Number: __________________

**Prayer**

___ I will commit to praying weekly for the ministry, members, session, and Frontera de Cristo and the community in which they minister.

___ I will commit to pray daily for the ministry, members, session and pastor of our church and our community.

___ I will commit to pray daily for our partnership.

___ I will commit to pray daily for economic justice.

___ I will commit to pray daily for the mission team.

**Spanish**

___ I will commit to teaching a conversational Spanish class weekly to the staff and all members interested in learning Spanish.

___ I will commit to teaching a five-week conversational Spanish course to the mission delegation.

___ I will commit to translating correspondence that arrives in Spanish.

___ I will commit to being a translator if a mission team comes from Frontera de Cristo

**Communication**

___ I will commit to preparing a display showcasing our partnership with Frontera de Cristo.

___ I will commit to writing a letter to Frontera de Cristo describing what our partnership means to me.

___ I would like to establish a “pen pal” relationship with a brother or sister in Mexico.

___ I will commit to keeping abreast of the news that affects our sister church (i.e. immigration, NAFTA, the devaluation of the peso, the elections in Mexico, relations between the U.S. and Mexican government especially as it is related to the issue of drugs) and keeping them posted in the church.

___ I will commit to writing an article in our church newsletter about the importance of our partnership to me.
Organization (if a mission delegation visits from Lirio de los Valles)
_____ I will commit to organizing the transportation for our mission team.
_____ I will commit to organizing the lodging for the mission team from our partner church.
_____ I will commit to organizing a joint youth service project while our partner delegation is here.
_____ I will commit to organizing evangelism opportunities for the joint youth choirs.
_____ I will commit to organizing mission notebooks/journals for our mission delegates.

Hosting/Hospitality (if a mission delegation visits from Lirio de los Valles)
_____ I will commit to hosting three youth and an adult from our partner church in my house for a week.
_____ I will commit to hosting two persons from our partner church for a week.
_____ I will commit to hosting a joint youth picnic/dinner (serving around 30).
_____ I will commit to leading a joint youth hiking excursion/other recreational activity.

Teaching
_____ I will commit to participating in the following mission delegation preparation sessions and leading the discussion (1 hour) on that days topic:

_____ Overview of Mexican history with particular emphasis on issues of conquest and the formation of the present border between the U.S. and Mexico
_____ Cultural differences between persons from the U.S. and persons from Mexico
_____ Religion in Mexico with particular emphasis on the Catholic/Protestant tensions
_____ Mexican economy with emphasis on its interrelatedness with the U.S. economy
_____ Immigration

Ways in which you would like to be involved in our mission partnership with Frontera de Cristo that are not listed above:
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
PARTICIPANT CHECKLIST

Before you come:
___ As a team, write a group mission statement including the purposes, goals, and vision of the team. Include this statement on your registration form.
___ Send Delegation Registration Form and deposit of $50 to confirm reservation.
___ Send in individual registration and health forms (keep copies for your records and bring them with you).
___ Get vaccinated against COVID, if you have not already done so.
___ Send check for group fees at least two weeks prior to the trip.
___ Make vehicle and insurance arrangements.
___ Involve your congregation in your mission experience (survey).
___ Give a “minute for mission” during worship.
___ Raise funds to cover anticipated expenses.
___ Encourage people to pray for your mission team.
___ Recruit members to help you prepare for your trip.
___ If you plan to lead Bible School, English classes, workshops, etc, be in contact so that appropriate arrangements can be made.

Bring with you:
___ Passport if 19 or older, or official copy of birth certificate if 18 or younger with a letter of permission from both parents. It is recommended that the letter be notarized (notaries are normally found in banks – wait to sign the letter in the presence of the notary). See below for content of permission letter.
___ Proof of COVID vaccination.
___ Vehicle insurance policy and current registration card.
___ Health information on team members.
___ Permissions and/or waivers of responsibility from parents of minors.
___ Cash for purchases in Agua Prieta.
___ Minute for mission for service at Lirio de los Valles Church in Agua Prieta (and other worship participation, if applicable).

Suggested content of permission letter:

We confirm that our son/daughter, ____________________________________________,
(full name)
has our permission to travel with ____________________________________________
(group name)
to Agua Prieta, Sonora, Mexico as part of a mission delegation to Frontera de Cristo from (insert dates)
________________ to ____________________.

We may be contacted at the following phone numbers: ____________________________
(home, work, and cell recommended)

Signatures: ____________________________________________
FORMS

The following forms must be completed and submitted to Frontera de Cristo prior to the mission delegation experience. The Delegation Registration Form must be returned with a non-refundable registration fee of $50 in order reserve dates for the delegation.

**GROUP REGISTRATION FORM**

<table>
<thead>
<tr>
<th><strong>DELEGATION INFORMATION</strong></th>
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<tbody>
<tr>
<td>Name of Church or Organization:</td>
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<td>Telephone:</td>
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<td>Address</td>
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<tr>
<td>E-mail:</td>
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<tr>
<td>Name of Delegation Leader</td>
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<tr>
<td>Telephone</td>
<td>Home:</td>
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<td>Work:</td>
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<tr>
<td>Leader Address</td>
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<tr>
<td>E-mail:</td>
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</table>

Desired Dates for Delegation:

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<tr>
<th><strong>DELEGATION SIZE AND MAKEUP</strong></th>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>Number of Adults</td>
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<tr>
<td>Number of Youth</td>
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<tr>
<td>Number with Spanish Proficiency: Some</td>
<td>Moderate</td>
<td>Fluent</td>
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On a separate sheet please provide the names and addresses of all members of your delegation. Please provide additional information such as age, career background, special interests, skills, etc.

**MISSION STATEMENT**

PLEASE WRITE YOUR DELEGATION'S MISSION STATEMENT FOR THIS TRIP.

**ACCOMMODATIONS**

We are interested in home stays: Yes # of nights (1 or 2) No
We would like to stay in the multi-purpose building at the church: # of nights
We will stay in a hotel in Agua Prieta: # of nights # of rooms required.

**MEALS**

All meals are included in the participant fee.
Please check this box if you would like to provide a meal for members of the local community. ☐

Please note here whether anyone in your group has food sensitivities, and be sure to note it on their individual registration form.
**EXPERIENCES:** Please indicate which experiences you would like to participate in. Note: all delegations will visit the Women’s Co-operative at DouglaPrieta Trabaja, Café Justo, and the Migrant Resource Center.

- [ ] Visit and prayer with CATPSIC Drug Rehabilitation Center
- [ ] Assist with Bible School
- [ ] Visit the Health Ministry at New Hope Community Center
- [ ] Participate in Children’s Enrichment Ministry at New Hope Community Center
- [ ] Meal and conversation with First Presbyterian Church Douglas, a bilingual worshiping congregation
- [ ] Meal with Keep Douglas Together Legal Clinic
- [ ] Conversation with Mayor of Douglas
- [ ] Conversations with Mexican Consulate
- [ ] Teaching an English class or other class
- [ ] Tour of U.S. Immigration/Customs Facility
- [ ] Conversation with U.S. Immigration/Customs Agents or Border Patrol
- [ ] Visit with Grupo Beta (Mexican border safety group)
- [ ] Tour a maquiladora (Foreign-owned factory in Mexico)
- [ ] Visit La Sagrada Familia Migrant Shelter
- [ ] Experience the Sonoran Desert and Migrant Trails
- [ ] Prepare a Meal for the Community
- [ ] Visit with a local family in their home
- [ ] Tortilla-making lesson
- [ ] Movie and discussion
- [ ] Special Study Focus (please note which topic you’d like to study)

**Check enclosed for:**

- Group Registration Fee ($50) _________
- Team Member Fee(s) _________
- Other _________
- **TOTAL:** _________

Please return this completed application along with your check to:
Frontera de Cristo
PO Box 1112
Douglas, AZ 85608
## INDIVIDUAL REGISTRATION FORM

### PERSONAL INFORMATION

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<th>Name</th>
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<th>Age (if 18 or under)</th>
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<th>Address</th>
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<tr>
<th>Name of Church Or Organization</th>
<th>Passport Number</th>
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### MEDICAL INFORMATION

Do you have any medical or physical constraints or disabilities that may require accommodation? (If yes, please describe)

List critical prescriptions medications (and dosages) that you must take while on this trip:

<table>
<thead>
<tr>
<th>Allergies</th>
<th>Blood Type</th>
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### SPECIAL REQUIREMENTS

Food Allergies

Dietary Restrictions (vegetarian, gluten-free, diabetic, etc)

Accessibility needs: (wheelchair access, etc)

### LEARNING OBJECTIVES

Please briefly describe what you would like to learn on this trip:

### EMERGENCY CONTACT

<table>
<thead>
<tr>
<th>Name</th>
<th>Phones (indicate home, work, cell)</th>
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<th>Relationship</th>
<th>Email</th>
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<tr>
<th>Address</th>
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Check attached: $____________
Check number:
APPENDIX

IMPORTANT CONTACT INFORMATION

Frontera de Cristo Office (520) 364-9257
Jocabel Gallegos U.S. Cell (864) 517-4799
MX Coordinator Mex. Office. 011-52-633-121-2299
           Mex. Cell 011-52-1-633-103-2191
           E-mail jocabed@fronteradecristo.org
Mark S. Adams Home 011-52-633-331-2944
US Coordinator Cell (520) 226-1524
           E-mail mark@fronteradecristo.org
Café Justo Office (866) 545-6406

RENTAL CAR, INSURANCE COMPANIES

Tucson:
Enterprise Airport (844) 370-9821
(7-passenger minivans largest that can cross into Mexico)
Adobe Transportation (866) 965-8195, (520) 745-5940
(15-passenger vans that can cross into Mexico)
Avis (520) 294-3662 (may ring a long time)
(12-passenger vans largest that can cross into Mexico)

Phoenix:
Phoenix Car Rental (602) 904-3490
(15-passenger vans that can cross into Mexico)
Budget Sky Harbor (602) 261-5950
(12-passenger vans largest that can cross into Mexico)
Enterprise (602) 225-0588
(7-passenger minivans largest that can cross into Mexico)

Farmers Insurance in Douglas - (520) 364-3446

HOTELS IN AGUA PRIETA, SONORA

La Frontera: Avenida 42 and 43 and Hwy 2
Telephone: 011-52-633-331-1766
Price Range: $45-$60

Hotel Ruiz??

La Hacienda: Calle 1 at 6th Avenue
Telephone: 011-52-633-338-0621
Price Range: $50-$60

Maria Bonita Suites: Calle 12 at Avenida 11
Telephone: 011-52-633-338-0502
Price Range: $50-$70
DRIVING DIRECTIONS

To Lirio de los Valles Presbyterian Church and Café Justo (Calle 11 & Avenida 19):

1) Cross the border.
2) Continue straight on Avenida 3 and go through the arch.
3) Go 4 more blocks and turn left on Calle 6 (one-way street).
4) Continue for 16 blocks. Note: traffic signals have precedence over stop signs.
5) Turn right on Avenida 19.
6) Continue for 5 blocks (stop signs at every block -- look both ways).
7) Café Justo y Mas will be on your left. The church will also be on your left, across Calle 11 from Café Justo.
8) You may park on either side of either building.

To New Hope Community Center:

1) Cross the border.
2) Continue straight on Avenida 3 and go through the arch.
3) Go 4 more blocks and turn left on Calle 6.
4) Go 3 blocks and turn right on Avenida 6.
5) Continue on Avenida 6 about 20 blocks to Highway 2. (Landmarks: at the stop sign at Highway 2, on your left you will see a statue of Luis Donaldo Colosio and an AutoZone store).
6) Turn left on Highway 2. Go through 5 stop lights (at Avenidas 10, 18, 20, 29, and 33). As soon as the divided 4-lane highway becomes 2 lanes, take the next right onto Avenida 40. The community center is 3 blocks down on the left.

To DouglaPrieta Trabaja:

1) Cross the border.
2) Continue straight on Avenida 3 and go through the arch.
3) Go 4 more blocks and turn left on Calle 6.
4) Go 3 blocks and turn right on Avenida 6.
5) Continue on Avenida 6 about 20 blocks to Highway 2. (Landmarks: at the stop sign at Highway 2, on your left you will see a statue of Luis Donaldo Colosio and an AutoZone store).
6) Turn right on Highway 2.
7) Turn left on the second exit ramp at Avenida 2nd Industrial (just east of the white Chrysler auto dealerships on the south side of the highway)
8) Keep straight on Ave 2 industrial until the first stop sign.
9) Turn left and keep straight until you get to the school (Sor Juana Inés)
10) Turn left and DPT will be on your right.