

TEAM HISTORY

The Timberwolves program is for athletes 17 to 21 years old as of December 31 of the playing year. Our vision is to grow local talent and offer an opportunity for all athletes to enjoy lacrosse locally.

We recruit players new to the sport as well as minor lacrosse graduates. We want to offer a program that leads to long term participation in the sport at competitive or recreational levels.

The West Kootenay Timberwolves started up in 2018 and the program has been growing in player numbers & skills, as well as in popularity and community support.



ROCKY MOUNTAIN LEAGUE

The Timberwolves play in Alberta's Rocky Mountain Lacrosse League (RMLL). We play from end of April until early July, with practices starting in March.

In 2018 and 2019, we played in an interlocking T3/T3 league, with 12-14 games per season and more game against the T3 teams. In 2020, we will play a full 18-game T2 schedule with more variety in team match-up.

For 2020, all home games against Alberta teams will be double headers. High River, Rockyview, and two Calgary teams are travelling to the West Kootenays. Our road trips will be Medicine Hat, Strathmore, Olds, and to . We will play one home and one away against Cranbrook. The schedule is published in March on rockymountainlax.com.

TIER 2 IS THE ENTRY LEVEL PROGRAM FOR THE RMLL. THE MAJORITY OF THE TIER 2 PLAYERS IN THE RMLL ARE 17 TO 19 YEARS OLD. IN 2019, ONLY 11% OF RMLL T2 PLAYERS WERE 21 YRS OLD.



TIME COMMITMENT

We practice twice a week and play only on weekends. We are off on May stat weekend and asked for June 20 weekend off (grad).

Practices are Tuesdays and Thursdays at 6:30 pm at the Rossland arena starting on March 12. Thursdays move to 8 pm at the Castlegar Complex in late April. Players are encouraged to carpool to practices.



THE TIME COMMITMENT FOR OUR PROGRAM IS SIMILAR TO MIDGET HOUSE HOCKEY AND MIDGET LACROSSE.

We know that balancing student, athlete, and work life can be difficult, and we understand. We are flexible and work around players' schedules. We get that some players can only commit to part time play, and some may have so start practicing later in the season. All we ask is that players to let us know about scheduling constraints when they register, and to give us 100% for the practices and games that they attend.

OUR COACHES

Our coaches have been with us since 2018. Head Coach **PETER YOUNGBLUT** will be assisted by Defensive Coordinator **ROB VAN BEEK**, Offensive Coordinator **KEVIN FLOYD**, and Goalie Coach **TYLOR LANDRY**. Together, they have decades of playing experience at the Junior, Senior, and National Lacrosse League levels. **KEVIN** is a seasoned lacrosse official. **KEVIN** and **PETER** have experience in program governance.



ROAD TRIPS!

We love road trips! Transportation, meals and accommodations are included in the player registration fee and player sponsorship & fundraising requirements.

Meals: We plan for players' dietary needs, intolerances & preferences. We offer more than one option per meal. We often stop for fast food on the drive back.



Accommodations: We stay in hotels or in college dorms. Chaperones travel with the team and help with supervision and logistics.



Transportation: We typically travel in 2-3 minivans or large vehicles.

Drivers and team chaperones are screened in accordance with BC Lacrosse Regulations and Policy. Players can choose to opt out of part of the travel & meal plan (talk to us about it).

Parents/guardians are welcome to travel to away games, but it's optional.

GAME DAY & PARENT VOLUNTEERS

Parents and guardians are asked to volunteer on a rotating basis to help us host home games.

We need 10-12 helpers per game for admission, sack bar, game sheet, timekeeping, beer gardens hosting, security, national anthem signing, etc. Although we have community members helping, we ask that parents pitch in. Other options for parents to help include meal preparation on the road and fundraisers.



REGISTRATION PROCESS

Players complete a registration form and a BCLA waiver, and pay a \$100 deposit to confirm their intent to play. They can then be formally registered with BCLA/RMLL. The remaining player fee payment is due in two equal payments at the end of February and end of March.

The first few weeks of practice are open to prospects at no cost, however we need an outlook of player numbers by February 29.

FUNDRAISING & SPONSORSHIP

Player sponsorship and fundraising helps offset travel costs. Every player is asked to seek sponsorships and participate in fundraisers.

Registered players will receive sponsorship packages. We have more fundraising opportunity than player interest. Players may elect to purchase all or a portion of their travel plan rather than fundraise for it. Parent help with fundraisers is welcome.



PLAYER FEES AND FINANCIAL AID

The cost to play is \$550 in player fees, plus \$500 in player sponsorship and fundraising to cover travel fees. Players can choose to pay more and reduce their fundraising requirement. Fees may be reduced for part time players. Let us know if you are in that situation.

The player fee helps offset team/league costs and includes the loan of game jerseys and shorts, and team helmet/gloves (while supplies last). You get to keep sponsor-funded game-day polo shirt, warm up t-shirt.

We don't want anyone left out for financial reasons. Players can request alternate payment arrangements or a reduction in player fees. We also have some equipment to loan. The Timberwolves' contact for Financial Support is Suzanne at 250-231-2287.

PLAYERS 18 YEARS AND UNDER ARE ELIGIBLE FOR FINANCIAL AID FROM KIDSPORT AND JUMPSPART. WE CAN HELP WITH THE APPLICATION PROCESS.

COST COMPARISON

Minor hockey: 5 months, 25 league/tournament/playoffs games. Est \$380 registration, \$120 tournament fees, \$300 hotels and meals on the road for 2 overnight trips (2 nights/per, shared rooms). **Total: \$800**

Minor lacrosse: 4 months, 16-20 league/tournament/provincial games. Est \$180 registration, \$100-\$150 tournament fees, \$450-\$600 for hotels and meals on the road for 3-4 away trips (2 nights/per, shared rooms). **Total: \$730-930**

Junior lacrosse: 4 months, 18 league games, 4 away trips (1 night per, shared rooms). **Total: \$550**, all inclusive. Playoffs would be an extra week (we would fundraise for it).

QUESTIONS? Don't assume... ask 😊

Contact: Suzanne or Steven at wkjrlax@gmail.com, or Peter at wkjrlax.coach@gmail.com.