

"To Give
Anything
Less Than
Your Best
Is To
Sacrifice
The Gift."

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Cross The Seams



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Cross The Seams Baseball & Softball
Instruction



**BASEBALL & SOFTBALL
TRAINING**

**FOR YOUTH, TEENS
& YOUNG ADULTS**

THE SYSTEM

Cross The Seams Training is a spiritual, physical & technical system to help develop & enhance the baseball & softball experience for each & every player, regardless of skill level. Each instructor goes through several levels of training to be qualified to teach a consistent systematic approach to help each player progress to a higher level. CTS is about the system, not the instructor. CTS also puts a focus on each player's personal growth. Our mission is to teach the "why" & not the "why not". CTS expects each player to progress, learning to make the necessary adjustments on their own.

TRAINING

Each week players will participate in progressive training sessions with a qualified instructor. All CTS staff members go through systems training every year to stay current with new & improved methods, programs & curriculum. Various skills will be taught in hitting, fielding & throwing. Pitching, catching, base running & position play instruction is available upon request.



**One On One,
Team & Group Training
Available**



OUR BELIEF

**Faith - Belief & trust in God & the system.*

**Family - Unity in the home & as a team.*

**Future - Success in the community, in the classroom & on the field.*

