

INSTRUCTIONS

Microdermabrasion set . Have you used this before? **YOU WILL LOVE IT!** People pay literally hundreds of dollars at the spa to get this done. One of my favorite products! It evens out skin tone, helps reduce size of pores, reduced acne and polishes your skin. Your face feels wonderful after using it. When you purchase this full size product it would last you approximately a year. A fantastic deal!

Step 1 Microdermabrasion: **USE THIS IN THE SHOWER.** 1-3 times a week (normal skin 1-2 time a week – oily skin up to 3 times a week). Wet face. Then use this on your face and neck. Scrub in a circular motion. It is a heavy duty exfoliator. Not too close to eyes though! Do it for 1 minute. Rinse very well.

Step 2 Pore minimizer: After you get out of the shower, put the pore minimizer on your face and neck. You just sucked all the moisture out of your skin with step #1, so you need to replenish it. This also helps reduce the appearance of your pores. This step may be used DAILY. Then put on your day or night solution (if you use that) then your normal moisturizer.

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