

CLEAR PROOF SKIN CARE SYSTEM

Start with only steps 1 & 4 initially

STEP #1 CLARIFYING CLEANSING GEL: Use this in the morning and at night before bed. Wet your face. Apply clear proof cleanser with your fingers rubbing in a circular motion on your whole face and neck. (not too close to your eyes) Use a wet wash cloth to remove the cleanser. Be sure to rinse thoroughly.

STEP #2 BLEMISH CONTROL TONER: Use this on an “as needed” basis. Use only in the areas where you have acne or your skin is oily. If you use too much of this – it will dry your skin up, or if you use it too strong. This helps reduce the number of black heads and acne pimples.

Put the toner on a cotton ball. Wipe the acne area with the cotton ball. To start – use it once a day before bed or even once every other day if you are concerned it will dry your skin too much. If that is TOO strong – then try to dilute it a bit. Put a little water on your cotton ball before you put the toner on. Increase or decrease as needed by how your skin is reacting. If after using a week – you need to use more –than start morning and night. Remember – you can dilute the cotton ball with some water so it is too strong.

DO NOT USE THIS STEP AT FIRST – START WITH THE CLEANSER AND MOISTURIZER ONLY.

ADD THIS IN LATER ONLY IF NEEDED.

STEP #3 ACNE TREATMENT GEL Apply this only “AS NEEDED” basis. Apply a small amount directly to a pimple twice a day. Do NOT apply to your whole face. This should only be put on a pimple directly. This will dry up the pimple. Use only when you have a pimple – in that specific area only.

STEP #4 OIL-FREE MOISTURIZER Use this morning and night. After you cleanse as directed above. It is VERY IMPORTANT TO MOISTURIZE every day even though you have acne or oily skin. Apply moisturizer to your face and neck. Moisturizer does NOT make your skin oily. Your skin can become oilier if you do not moisturize. This is an oil free moisturizer. If you moisturize your skin – your skin will actually produce LESS oil.

CONSISTENCY IS THE KEY TO SUCCESS!

EVERY 4 WEEKS YOUR SKIN REGENERATES – SO ALLOW IT TO GO THROUGH A FULL 4 WEEK CYCLE WHILE TRYING THIS PRODUCT.

Please contact Kim Mayer, your Mary Kay Consultant, with ANY questions. We may need to make adjustments for your skin care routine. 715-456-3199