



## TYPE EIGHT - THE CHALLENGER

Confident, Strong and Direct. Eights take charge and know how to mobilize others to get things done. They make great leaders and will always fight for those who cannot fight for themselves. Eights are motivated by a need to be strong and to assert control over their environment thus avoiding feeling weak or vulnerable.

Eights tend to play sports with tunnel vision. They are so focused on the goal that planning and strategizing are sacrificed for the need to keep moving. In game situations instincts often take control and risky shots are a predominate approach to the way they play. Eights strive for the buzzer beater moment, striving to succeed in achieving the impossible.

**Here are tips for success in coaching and developing an Eight to their full potential:**

### **If your Player is an Eight:**

- Eights test authority. Set limits, provide regular, straight forward feedback, and establish clear boundaries.
- Always tell Eights the truth, the whole truth, and nothing but the truth even when things are bad.
- Eights respect strong leaders. Don't waffle or waver when you commit to a course of action.
- Keep the lines of communication open.
- Eights think in black and white, there is no grey for them. It is either do or don't.
- Make sure they are always fully informed, changes in details create concerns they are being manipulated.
- Teach them to allow others to initiate and learn how to wait and listen before responding or reacting.
- Acknowledge the contributions they make to the team, but do not overly flatter them.
- Don't let Eights take action too quickly without considering the consequences for not looking at all the options available.
- Do your best to keep them active and engaged.

### **If your Coach is an Eight:**

- They are loyal, caring, involved, and devoted to their players and team.
- Their anger is direct, no hidden agenda. They hold no grudges after anger is expressed.
- They tend to have a "My way or the highway" approach. Seeing their own opinion as the only way.
- They often speak in an assertive way, don't automatically assume it's a personal attack.

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*"If your child can't play, you shouldn't have to pay"*

