

Return to Play Protocol

King City Skating Club

Health and Safety Guideline Team

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Training Group Sizing Allowances

- KCSC must follow provincial, local public health and facility guidelines.
- All individuals on the ice, including skaters and coaches, count as a gathering size
- Currently there are no more than 20 skaters and coaches allowed on the ice surface at a time.
- Any individuals in excess of 20 must be off the ice (i.e. coaches, officials, music players etc.) and must follow all physical distancing requirements unless they are from the same household or social circle.
- There must be a minimum of one coach on the ice for each session.

Modification, Restriction, Postponement and Cancellation Procedures

- Based on the evolving COVID-19 pandemic, the KCSC is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities.
- If KCSC cancels part or all of the remaining program, a refund for the remaining sessions will be reimbursed minus the Skate Canada fee.
- KCSC will inform via email as soon as possible of any modifications/restrictions or cancelation.
- KCSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials.

Communication Plan for Return to Play stages

- KCSC will communicate with all members at least bi-weekly using news@kingcityskating.com
- KCSC will hold a virtual session to inform coaches, skaters and parents on Return to Play Protocols and answer any questions or concerns before the start of sessions.

Pre-Screening Protocols

1. Skaters or an accompanying adult of skaters under 18, coaches and board members must complete a screening questionnaire each day, at the arena prior to entering the facility.
2. Skaters or parents of skaters under 18, coaches and board members must sign the COVID-19 waiver form as part of the online registration.

Drop off Protocols

1. Masks must be worn at all times while inside the facility except while on the ice surface.
2. Skaters, coaches, board members and accompanying adults must maintain a 2 meter physical distance at all times.
3. Skaters under 18 must be accompanied by an adult at the time of drop-off. An accompanying adult must be available to respond to screening questions at the time of drop-off.
4. Skaters, coaches, board members and accompanying adults must wash/sanitize hands at the screening station.
5. Skaters, coaches, board members and accompanying adults will have their temperature taken at the screening station. If a fever is detected the person will be asked to leave the facility.
6. Participants must leave right after the session has completed and avoid congregating near entrances, exits and meeting rooms.
7. No physical contact is allowed between skaters including handshakes, high fives, fist bumps and hugs etc.

Screening Protocols

1. Screeners will remind everyone being screened to use the hand sanitizer. Please bring your own.
2. Screeners will confirm a pre-screening questionnaire has been completed.
3. Accompanying adults will agree to answering no to all questions on the questionnaire by initialing beside the skaters name . Please bring your own pen.
4. Screeners will record the name, contact number if changed and arrival time of the individual.
5. Screeners will take the temperature of the individual and record the result.
6. Once all screening has completed the group will enter the building together.

Facility Entry and Exit Protocols

- All skaters, coaches and accompanying adults entering the facility will meet outside the entrance doors for pre-screening.
- Once screening has completed the group will enter the building together.
- Late comers WILL NOT be allowed in.
- Accompanying adults will escort skaters to the screening station while wearing a mask and then immediately return to their vehicle.
- If absolutely necessary that accompanying adults assist in tying skates, they must also go through screening protocols. Accompanying adults must wear a mask at all times.

Bond Lake (Oak Ridges) Facility

- Skaters will enter through the side entrance.
- Skaters will exit through the front doors.

Trisan (Schomberg) Facility

- Skaters will enter through the front doors.
- A flow plan of entry and exit to the facility will be provided to each team/group by a reception staff on duty upon entry.
- If absolutely necessary 1 accompanying adult will be allowed to remain in the facility in the designated arena viewing stands. You will be directed to the viewing location upon arrival as it is a rotating location.

Ice Entry and Exit Protocols

- Skaters and coaches must follow physical distancing protocols by keeping 2m distance from any other individual while waiting to enter and exit the facility.
- Skaters must wear a non-medical mask until entering/exiting the ice surface.
- Skaters must follow signage for entering/exiting the ice surface.

Guidelines for Skaters

1. Skaters must arrive 20 min before scheduled skating time. Late comers WILL NOT be permitted entry.
2. Skaters must arrive at the arena in their skating clothes.

3. Skaters must wear a non-medical mask until entering/exiting the ice surface.
4. Skaters must wash gloves/mitts after each session.
5. Skaters must bring their own water bottle to the ice surface. Water fountains will be out of service.
6. Skaters must bring their own hand sanitizer to the ice surface.
7. Skaters may bring their own tissue box to the ice surface. Used tissues must be put in a ziploc and disposed of at home.
8. Skaters must bring a labelled plastic basket/container to the ice surface to put their water bottle, tissues (including used, in a ziploc), hand sanitizer and mask in.
9. There will be no sharing of water bottles, gloves/mitts, masks or baskets between skaters and/or coaches.
10. Personal items like skate bags must be left in personal vehicles if available, and where possible, not brought into the facility.
11. Skaters are encouraged to put their skates on/off outside of the arena. When this is not possible skaters must follow facility guidelines with respect to putting their skates on while following physical distancing guidelines and remaining at least 2 meters apart. Dressing rooms will be closed.
12. Skaters are required to maintain a physical distance of at least 2 meters apart while on the ice surface. An exception is granted for individuals from the same household or social circle.
13. As per Skate Ontario, coaching and skating at multiple locations are strongly discouraged. Skaters must inform KCSC Board if they are attending training sessions not offered by KCSC.
14. If skating at training sessions, not offered by KCSC, skaters should use a new face mask and gloves at each location and manage schedules to avoid entering different facilities on the same day.

Trisan:

1. Skaters and coaches will have chairs located in the dressing room corridor to put their skates on before going on the ice.
2. Skaters will be assigned a number corresponding to the chair number during the screening process.
3. Dressing rooms will be closed.

Guidelines for Coaches

- Coaches must wear a non-medical mask until entering the ice surface and in common spaces.
- Coaches are encouraged to wear a non-medical face mask while coaching.
- Coaches must wash gloves/mitts after each session.
- As per Skate Ontario, coaching and skating at multiple locations are strongly discouraged. Coaches must inform KCSC Board if they are attending training sessions not offered by KCSC.
- If coaching at training sessions, not offered by KCSC, coaches should use a new face mask and gloves at each location and manage schedules to avoid entering different facilities on the same day.

Guidelines for Accompanying Adults

- Spectators will not be permitted.
- Accompanying adults are encouraged to wait for their children to finish their sessions outside the facility or in their car.
- For Trisan Only: If absolutely necessary, 1 accompanying adult will be allowed to remain in the facility in the designated arena viewing stands. You will be directed to the viewing location upon arrival as it is a rotating location.

Cleaning and Sanitization Protocols

- The Township/City will be responsible for the cleaning and sanitizing of the facility.

Facility Coordination Protocols

- The Township/City will manage flow of traffic in and out of the facility.
- Physical distance of 2m must be maintained at all times.
- The Township/City will manage the cleaning and sanitization schedule for entry and exit of ice surface
- The Township/City will manage the cleaning and sanitization schedule between training groups
- The Township/City will manage the cleaning and sanitization of high touch areas including entry/exit doors/washrooms.
- Dressing rooms, change rooms and showers are closed.
- The Township/City will manage compliance by facility operators with the advice, recommendations and instructions of public health officials.

Personal Protective Equipment (PPE)

Skaters

1. Skaters must wear a non-medical mask until entering/exiting the ice surface.
2. Skaters are not required to wear a mask while skating
3. As per Skate Ontario, coaching and skating at multiple locations are strongly discouraged. Skaters must inform KCSC Board if they are attending training sessions not offered by KCSC.
4. If skating at training sessions, not offered by KCSC, skaters should use a new face mask and gloves at each location and manage schedules to avoid entering different facilities on the same day.

Coaches

1. Coaches must wear a non-medical mask until entering the ice surface and in common spaces.
2. Coaches are encouraged to wear a non-medical face mask while coaching.
3. As per Skate Ontario, coaching and skating at multiple locations are strongly discouraged. Coaches must inform KCSC Board if they are attending training sessions not offered by KCSC.
4. If coaching at training sessions, not offered by KCSC, coaches should use a new face mask and gloves at each location and manage schedules to avoid entering different facilities on the same day.

OFF ICE Protocols

- Classes may be conducted inside and outside of the facility following physical distancing guidelines.
- All sessions must follow provincial and facility guidelines with respect to size of gatherings
- Inside classes will follow room capacities set by King Township/City of Richmond Hill and are subject to change.

Music

- There will be only 1 designated person playing music per session.

COVID-19 Exposure Communication Protocols

If an individual becomes unwell with symptoms of COVID-19 during practise

1. If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in KCSC activities.
2. The individual will be isolated from all others in a well-ventilated area, or outside and provided with a face mask.
3. If physical distancing cannot be maintained during supervision of ill individuals in isolation, the supervisor must wear a mask and eye protection (face shield/goggles), if not already wearing PPE.
4. The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
5. KCSC will inform the facility to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
6. A KCSC board member will be informed of the situation and will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.
7. A KCSC board member will call York Region Public Health at 1-800-361-5653 if needed.
8. The isolation area will be cleaned and sanitized after the individual has been sent home.

If an individual is tested for COVID-19

1. Any individual that is part of KCSC that has been tested for COVID-19 must not participate in club activities while waiting for the results of the test
2. KCSC will work with public health to consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual.
3. Any KCSC members who were in close contact with the individual will not participate in club activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals

If an individual tests positive for COVID-19

1. If an individual tests positive for COVID-19, they must inform KCSC via email at admin@kingcityskating.com
2. The board will work with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
3. Any club members who were in close contact with the individual shall not participate in club activities for 14 days and should follow public health guidelines regarding self-isolation and testing
4. KCSC will inform all club members of a positive COVID-19 result within the club setting
5. KCSC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
6. KCSC will inform Skate Ontario of a positive COVID-19 diagnosis by emailing clubsupportservices@skateontario.org.

If an individual has been in contact with someone with an active case of COVID-19

- The individual may only return to KCSC activities after 14 days and no symptoms and a negative test has been received.

Return to KCSC activities following non-COVID-19 illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to KCSC activities once they no longer have any symptoms of COVID-19 for at least 24 hours.

Return to KCSC activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to KCSC activities.

Return to KCSC activities following travel outside of Canada

- The individual may only return to KCSC activities after 14 days of quarantine and no symptoms, unless they have a Travel Exemption as per the Government of Canada.

Attendance Reporting for skaters and coaches

- Daily attendance records for skaters, coaches, board members and accompanying adults that must enter the facility, that includes name, contact information, time of arrival/departure and screening completion will be kept by the KCSC Board.
- Absenteeism for skaters and coaches will be recorded and the reason for the absence will be kept by the KCSC Board. If the absence is due to illness, symptoms will be recorded. Refer to the Ministry of Health's [COVID-19 Reference Document for Symptoms](#). Refer to COVID-19 exposure Communication Protocols as needed.

Screening Station

- A screening station will be located outside (just inside when the weather is too cold) near the designated entrance doors.
- Screeners will maintain physical distancing of 2 meters apart while individuals are being screened.
- Screeners must wear surgical mask and eye protection (face shield/goggles)
- Signage explaining screening procedure will be visible
- Alcohol-based hand sanitizer will be available for use at the screening station.

First Aid Kit Additions

- Disposable surgical masks
- Face shield/goggles