

Pre-Appointment Notification & Preparation Instructions

Patient: _____ Date: _____

Check-in Time: _____ Appointment Time: _____

Instructions:

Do not eat solid food for six (6) hours before your appointment.

Do not drink any fluids for two (2) hours before your appointment.

Please take your usual pain medications on the day of the procedure with a small sip of water EXCEPT for anti-inflammatory medications (see below).

Medications that must be stopped prior to the procedure:

BLOOD THINNING MEDICATIONS

- Ticlid must be stopped 14 days before your procedure.
- Flaxix must be stopped 5 days before your procedure.
- Lovenox must be stopped 24 hours before your procedure.
- Coumadin (Warfarin) must be stopped 4 days before your procedure.
- Eliquis must be stopped 3 days before your procedure.
- Xarelto must be stopped 24 hours before your procedure.
- Pradaxa must be stopped 3 days before your procedure.
- Brilanta must be stopped 5 days before your procedure.

**When taking Coumadin or Warfarin, you must attend a lab appointment 24 hours prior to your procedure for a draw clotting time. We will fax an order to the lab of your choice for the clotting time and will request the results be faxed to us.

ANTI-INFLAMMATORY MEDICATIONS

Do not take these medications on the day of your procedure. Typical names of anti-inflammatory medications include Aspirin, Advil, Motrin, Aleve, Celebrex, Mobic and Naprosyn. Ask your physician or pharmacist if you have questions as to whether a drug you are taking could be an anti-inflammatory.

For patients who are diabetic:

Do not take your insulin or blood sugar medication on the day of your procedure. If you have any questions regarding your insulin, please call your primary care physician.

For patients taking antibiotics:

The procedure must be postponed until you have finished your antibiotics.

For patients with flu or cold symptoms:

The procedure must be postponed until you are well again.

Other Instructions:

You will need to arrange for someone to drive you home after the procedure. You may not drive yourself home. The medication may make you temporarily slightly dizzy or cause temporary leg weakness or numbness.

Please bring your X-Rays, CT scans and MRI scans, if available, to the appointment. A written report is also helpful. If you have had recent films taken at Pueblo Radiology, Cottage Hospital or Sansum Clinic, we can access these on the computer and you will not need to bring hard copies.

If you need to cancel your appointment, please provide 24 hours notice to the Center. If you are a new patient or your insurance has changed, please bring your insurance card (s) to the appointment. You must bring photo ID to the appointment.

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231 West Pueblo Street • Santa Barbara, California 93105
805.898.2797 • fax 805.682.1503 • www.summitsurgerycenter.com



Patient Name: _____

Case No. _____