

Essential or Non-Essential, Which One are You?

A historic time of self-isolation. On March 25th, Governor Little issued an order for Idahoans to self-isolate for 21 days. The order states that all essential businesses are to remain open and all non-essential businesses are to close, with an inventory of essential and non-essential listed. As mental health providers we are troubled with the wording of “essential” and “non-essential.” It sets up a potential hierarchy: If your job is essential, are you perceived as more important? If your job is non-essential, are you less important? As this time of isolation continues and if you're a "non-essential" worker, you may feel less important to your family and to society. How will you provide for your loved ones? How long will the things you have worked so hard to get still be yours? If you aren't contributing to the solution, then you may feel you are part of the problem.

Essential and non-essential. What a great subject to address during this Easter time. To society, Jesus was essential on Palm Sunday as they paraded Him into Jerusalem with palm leaves and shouts of “Hosanna!” As the week progressed, the same society declared him non-essential as they shouted, “Crucify Him! Crucify Him!” And so, He was crucified. But that's not the end of the story. He rose on the third day, overcoming sin and death. He provides eternal life for all who accept Him as Savior and Lord.

Does Jesus declare us essential or non-essential? Would you die a horrible gruesome death for someone who wasn't important to you? Jesus' whole purpose of coming to earth was to make a gateway between God and you.

“For there is no difference between (the Essential) and (the Non-Essential)- the same Lord is Lord of all and richly blesses all who call on him, for, ‘Everyone who calls on the name of the Lord will be saved.’” Romans 10: 12, 13

You are always essential to Jesus!! If you need help during this time, please feel free to contact us. We will be blessed to assist you emotionally and/or spiritually. ***Myrna & Annette***

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