

### Day 1: Lasting Change

- Read Romans 12:1-2. How did you summarize Paul's instructions to believers in your own words? (page 138)
- What are some practical ways that you renew your mind to allow Christ to bring change (metamorphosis) in your life? (page 139)
- What types of changes would you like to implement when it comes to your thought life? (page 141)

### Day 2: Bullfrogs and Butterflies

- In what area of your life would you like to see transformation right now? How would change impact your closest relationships? (page 142)
- What is one spiritual gift you either know or suspect you have, and how are you using it to benefit others within the body of Christ? (page 143)
- How have you experienced spiritual renewal and personal growth as you've used your gifts to serve others? (page 144)

### Day 3: Love and Respect

- Read Romans 13:1-7. What are some practical ways that, as believers, we can honor our governing authorities? (page 150)
- Read Romans 13:8-10. How would you summarize Paul's message about love in a few sentences? (page 151)

### Day 4: Belief and Behavior

- Read Romans 13:11-14. What thoughts or questions do you have about the roles of belief and behavior in regard to salvation? (page 153)
- Have you struggled with any apathy, boredom, or distraction in your faith lately? If so, how? What are some things that wake you up to the priority of faith and action? (page 155)

### Day 5: Into the Gray

- What are some gray areas for us Christians that come to your mind? (page 158)
- Read Romans 14:1-9. How did you boil down the core message of Paul's teaching in one sentence? (page 159)
- Where is the Lord calling you to accept someone else (who might see things differently than you in some area) right now? (page 159)