



SAINT ANTHONY
GREEK ORTHODOX CHURCH

Reverend Father Peter Stratos, Pastor

Reverend Father Christopher Retelas, Associate Pastor

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www.saint-anthonys.org – office@saint-anthonys.org - www.pasadenagreekfest.org

Church office hours: Monday – Friday: 9:00 a.m. to 4:00 p.m.

(Closed Saturday and Sunday)

St. Anthony's calendar link: <http://saint-anthonys.org/calendar>

For **pastoral emergencies** please call 626-855-3640

March 4th, 2018 – Sunday of St. Gregory Palamas

Orthros ~ 8:45 a.m.

Memorial ~ 9:45a.m.

George Courlas, 40 days; Peter Adamopoulos, 4 years

Divine Liturgy ~ 10:00 a.m.

Today's Social Hour will be offered by Georgia Courlas and family.

HOPE & JOY – HOPE (4½-7) will meet today in room 1A, and JOY (8-10) will meet in room 1B following a short break after Church School. A Lenten lunch will be provided for participants. Theme: Matthew 25:40. Helping the least important. Project will be presented at our meeting today. Come and join the marshmallow blast of fun, games and friendships.

Church School: Youth Confessions: Dates reserved are Fridays, March 2, 9, and 16, from 3:30-6:30 pm. Sign up your children at signupgenius.com/go/4090945afad2ca57-youth2.

Sunday of the Veneration of the Holy Cross and Godparent Sunday on March 11: There is no class on this day so that Godparents and Godchildren can pray together and receive Holy Communion together. Invite your Godparents today!

Our 2018 Parish Oratorical Festival will take place on Sunday, March 18. Please encourage your young people to participate. The festival is open to grades 5 through 12. Information will be

provided by email to the families of eligible students. Please contact Maria Grover at mag@kpclegal.com or (818) 522-4225. Find the topics, rules, guidelines, and prize information at goarch.org/oratorical.

Sunday, March 25th: Greek Independence Day Celebration and Greek School Fundraiser. Please join us right after the Divine Liturgy in the Trinity Ballroom, for a delicious lunch, a wonderful program and a dance performance by the first place winners, Neolea. Tickets are \$10 per adult.

Easter bake sale. Philoptochos is currently taking orders. Order early, deadline is March 25. All proceeds will benefit Kids n' Cancer, Camp Agape a Metropolis ministry of Philoptochos. Tsoureki, Kourambietes, chocolate dipped koulouria, traditional koulouria and dyed red eggs will be available. Pick up date will be Palm Sunday, April 1. For more information contact: Kathy Lucas: klsjl@me.com or 626-447-8336 or Yiota Poulos at 626-448-5034.

Divine Services for the months of February and March (*saint-anthonys.org/calendar*):

Wednesday, March 7th – Pre-Sanctified Liturgy (6:00pm) followed by *Studies in the Faith*

Friday, March 9th – Salutations to the Theotokos (7:00pm)

Wednesday, March 14th – Pre-Sanctified Liturgy (6:00pm) followed by *Studies in the Faith*

Friday, March 16th – Salutations to the Theotokos (7:00pm)

Wednesday, March 21st – Pre-Sanctified Liturgy (6:00pm) followed by *Studies in the Faith*

Friday, March 23rd – Akathist Hymn to the Theotokos (7:00pm)

Saturday, March 24th – Great Vespers of Annunciation (6:00pm)

Studies in the Faith: A Lenten Journey through the Holy Land Feb. 21st – March 28th: These classes will give the participant a better understanding of the importance of the Holy Land as it relates to our Greek Orthodox Faith. This is a series for six weeks, held on Wednesday evenings from 7:15 to 8:15, after the Pre-Sanctified Liturgy.

“The Passion of Christ Through the Eyes of the Theotokos” His Eminence Metropolitan Nikitas will offer a discussion on this topic following the 7:00pm service of the Salutations to the Theotokos on Friday March 16th. A Lenten meal will be provided.

Attention High School Seniors – Philoptochos of Saint Anthony scholarship applications are now available. Contact Irene Albeck at mcmg2a@aol.com or Fontaine Malisos at fontaineachilles@gmail.com for information or application.

GOYA BASKETBALL GAMES TODAY @ HOME vs. St. Basil San Juan Capistrano:

Games will begin at 3:00pm at Sierra Madre Middle School. 160 N Cañon Ave, Sierra Madre, CA 91024. Junior Girls-3 pm; Junior Boys-4 pm; Senior Girls-5 pm; NO Senior Boys game

Our weekly Bible Study classes have returned every Tuesday morning at 10:00am. Please come and join us as we are enlightened with the Word of God together!

Philoptochos Membership Drive: St. Anthony Philoptochos is currently holding its Membership Drive. Membership renewal forms have just been mailed to all existing members. Please, be on the look out for your packet and return it at your earliest convenience. We will have a table as you exit church on Sunday to expedite your renewal and for your convenience. We welcome all who would like to join us in helping to provide support for those in need to become a member of Philoptochos.

Union Station Homeless Services Thank you for supporting this worthwhile program by volunteering your time to serve the homeless. USHS staff and clients are always happy to see our group from Saint Anthony Greek Orthodox Church. This coming year 2018 we continue to provide nutritious hot meals and serve those less fortunate. Contact Sophia Angelos at sangelos2000@gmail.com, Irene Albeck at mcmg2a@aol.com or Stephanie Soewers at szanglis@aol.com.

Save the date: GOYA VOLLEYBALL TOURNAMENT - May 12, 2018.

Parish Pay (WeShare) is an easy method to make donations to Saint Anthony Church. To sign up, please either: Visit ParishPay.com or call (800) 950-9952 and enroll over the phone. If weekly envelopes are not your preference, Parish Pay is an easy alternative for all your donations.

Order for Holy Communion (for Baptized and/or Chrismated Orthodox Christians): *The acolytes, choir, and chanters receive Holy Communion first. Next, the parishioners from the front pew, one pew at a time should approach the chalice. Please allow the ushers to dismiss you.*

HYMNS OF THE DAY

(DURING SMALL ENTRANCE)

(1) Resurrectional Apolytikion. Mode Plagal 2.

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Ἄγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμᾳ σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήνησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

(AFTER SMALL ENTRANCE)

(2) Resurrectional Apolytikion. Mode Plagal 2.

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνήμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήνησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστάς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

(3) Apolytikion for St. Gregory Palamas. Mode Plagal 4.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Ὁρθοδοξίας ὁ φωστὴρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονὴ, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργὲ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

(4) Memorial Hymn. Mode Plagal 4.

Remember your servants O good and loving Lord, and forgive every sin they may have committed in life, for no one is without sin. O mighty one grant your departed servants who has fallen asleep, everlasting rest.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

(5) Apolytikion of Saint Anthony. Mode 4.

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστῆς, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

(6) Seasonal Kontakion. Mode Plagal 4.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἵνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

READINGS OF THE DAY

Orthros Gospel Reading

Sixth Orthros Gospel

The Gospel According to Luke 24:36-53

At that time, Jesus, having risen from the dead, stood in the midst of his disciples and said to them, "Peace to you." But they were startled and frightened, and supposed that they saw a spirit. And he said to them, "Why are you troubled, and why do questionings rise in your hearts? See my hands and feet, that it is I myself; handle me, and see; for a spirit has not flesh and bones as you see that I have." And when he said this, he showed them his hands and his feet. And while they still disbelieved for joy, and wondered, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate before them. Then he said to them, "These are my words which I spoke to you, while I was still with you, that everything written about me in the law of Moses and the prophets and the psalms must be fulfilled. Then he opened their minds to understand the scriptures, and said to them, "Thus it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance and forgiveness of sins should be preached in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I send the promise of my Father upon you; but stay in the city, until you are clothed with power from on high." Then he led them out as far as Bethany, and lifting up his hands, he blessed them. While he blessed them, he parted from them, and was carried up into heaven. And they worshiped him, and they returned to Jerusalem with great joy, and were continually in the temple blessing God.

Epistle Reading

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy

years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel Reading

Sunday of St. Gregory Palamas

The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"