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## How to Get Your Mojo Back

There are many things that can [deplete your T levels](#). These often hidden dangers are sabotaging your health and happiness. But once you learn what they are you have a fighting chance. You can enjoy far better health, more energy, and an exponentially higher sex drive.

Some have said *we are only half the men our fathers were*. If this seems shocking to you, consider this. The government and media are doing whatever they can to downplay the threat you're facing.

This health crisis is far more insidious than anything you may have seen on the TV news. Or read about *declining sperm counts, depressed libidos and increasing infertility*.

If you are a man, or concerned about the man in your life, ***you can get your mojo back***. We'll show you how right here.

### How to Know if You Have Low-T

Let's be honest. Is your level of confidence what it once was? How about your energy, drive and motivation? These are important early stage symptoms of male hormone imbalance.

If you let it go on, the more advanced symptoms can play havoc with your entire life. Including your family, and even your participation in the community you live in.

Studies show that when your male hormones are out of whack it could derail your health. This ***silent killer*** contributes to:

- low sex drive and impotence
- brain fog, memory loss, and mental decline
- depression, irritability, and premature dementia

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- less confidence and low energy levels
- stubborn weight gain and obesity
- Type 2 diabetes
- hardening of the arteries, and deadly arterial plaque
- harder to gain muscle
- joint pain

Those are just the physical symptoms. The effect on your wallet and your family's finances can be just as bad.

### **What's Causing the Low-T Epidemic?**

The worst causes of chemical castration are lurking in your kitchen. And your local supermarket.

These culprits include ***most foods, beverages and the plastic packaging*** they come in. They include:

- tap water and most plastic-bottled water
- non-organic meat and vegetables
- non-organic dairy products like milk, cheese, yogurt and butter
- traditionally raised eggs from caged chickens
- processed and pre-packaged foods in cans or plastic wrapping
- microwavable foods and snacks
- nearly all brands of beer

Many of the chemicals and preservatives added to our food ***mimic estrogen***. It turns out the molecular structure of these chemicals look almost identical to the human hormone estrogen.

As the phony estrogens travel through your body, they connect with receptors in your organs and other body tissues. Once they're in, the cells in your body start to carry out the messages delivered by these fake hormones.

This can result in everything from early puberty to cancer, shrunken testicles and small penises. And ***many of the symptoms of Low-T***.

The thing is, *we are exposed to these chemicals every day* in practically everything we do, and everywhere we go.

Industries dump tons of pharmaceutical and synthetic estrogens that seep into our drinking water. Food cans are lined with estrogen-like compounds. Plastics and even dental sealants in your mouth can mimic estrogen.

Poultry and cattle farms often use feeds high in estrogen. Because just like us, farm animals fatten up from high levels of estrogen. So when you eat this meat, you're also eating some of the estrogen they ate.

To complicate matters even more, many of these gender-bending chemicals take our testosterone and turn it into estrogen.

### **How to Optimize Your Testosterone Levels**

Now you'd think that taking drugs and supplements to boost Low-T would solve the problem. But the ***extra testosterone is like trying to put out a fire with lighter fluid***. Because much of the added "T" simply gets converted into estrogen. While your low-T symptoms get worse instead of better.

So just trying to boost Low-T is not going to solve your problem. And give you your mojo back. But it's nearly impossible to avoid every source of these estrogen-mimicking chemicals. Short of moving to the Arctic, living in a tent, and hunting and gathering your own food.

You have a far better option available to you. You can take advantage of certain natural plants and herbs to restore your body's natural hormone balance. To where it's supposed to be.

### **Low-T is More Than Just Testosterone**

Restoring your hormone balance isn't just about boosting testosterone. You need to *support your body's NATURAL testosterone*. While at the same time, *ridding your body of the excess estrogen* that's dragging you down.

Your body has many complex systems in play to balance your hormones. They boost testosterone to optimal levels, and keep unnatural estrogen levels in check.

The right combination of plants and herbs will give you a carefully calibrated solution. Designed to raise your natural testosterone. And suppress the

estrogenic compounds that normally rob you of your testosterone's full effects.

## **The Top 5 Testosterone Boosters**

We've distilled it down to [The Top 5 Testosterone Boosters](#) to help you make an easy decision on the best way to optimize your hormones.

In just a few days instead of hitting the snooze button on your alarm clock, you'll be eager to jump out of bed.

You'll ***feel such a surge of physical and mental energy*** that you may choose to skip your morning coffee. And dive right into your day. *Decisions* will come quickly and freely. You'll get back that *motivation, clarity* and *DRIVE* that makes every task seem almost effortless.

And of course, your *mood* will only get better in the bedroom. Your partner notices the "extra" ***energy and stamina*** you now seem to unleash on demand. Without having to stress about it or even think about it. Let alone wonder if you'll need to fall back on a little blue pill.

Go check out [The Top 5 Testosterone Boosters](#) now!