

# Our Daily Schedule When Preschoolers were at Home

Wake up (I like having classical music on)

Hugs and Kisses

Get dressed and make bed

Breakfast together

Clean up together (plate to sink, etc. - Make this age appropriate)

Chores (again, this is age appropriate)

Take a walk together (exercise and fresh air)

Snack

Outing or creative play

Lunch

Read a story or two

Nap or quiet time

Wake up

Hugs and Kisses

Play (A child's work is their play) or project with mom

Big kids come home from school

Hugs and kisses

Snack/play outside with big kids, etc.

Homework (Littles color, "read," or play where you see them. Compliment on cooperation, etc.)

Independent play or age appropriate show while you fix dinner. (Ideal: Involve kids in meal prep)

Family dinner

Kitchen jobs

Family activity or such

Family scripture study and prayer

Read to the kids (Olders read on own)

Bed time

Mom and Dad time (SO IMPORTANT)