Conveniently located in the heart of Detroit’s Midtown neighborhood, DayBreak at Hannan Center exists to improve the lives of older adults and their families. DayBreak provides a safe and secure environment for older adults who are:
- living with dementia and/or
- need assistance with Activities of Daily Living (walking, using restroom, eating, communicating)

ADULT DAY SERVICES ▪ Benefits for Older Adults

- Services are specifically designed for older adults living with dementia and/or who require assistance with Activities of Daily Living (walking, using restroom, eating, communicating)
- Preserves independence by allowing participants to leave their homes and engage with others socially
- Social and therapeutic activities (exercise, art, music)
- Enhances the quality of life of participants
- Comprehensive Assessments – professionally licensed nurses and social workers conduct a series of comprehensive health screenings to form a baseline from which to measure future changes in well-being

ADULT DAY SERVICES ▪ Benefits for Caregivers and Families

- **Respite Care** – Caring for an older adult with additional needs can be challenging. DayBreak at Hannan Center partners with caregivers and families in providing short-term relief.
- **Peace of Mind** – Caregivers can fulfill work or personal obligations while having the peace of mind that their loved one is being respectfully cared for by compassionate team members.
- **Stress Reduction** – Adult Day services help reduce levels of stress on caregivers and families.
- **Better Relationships** – Assistance through DayBreak at Hannan Center improves the relationship between the care recipient and the caregiver.

ENROLL TODAY!
Affordable / Financial Assistance May Be Available

Belinda Croft, BSW
DayBreak at Hannan Center Manager
313.833.1300 ext. 24
bcroft@hannan.org

www.hannan.org/daybreak
4750 Woodward Avenue, Detroit, Michigan 48201

Strict COVID-19 Protocols in Place

OPENINGS BEGINNING MARCH 2021