



ROCKAWAY BEACH QUEENS Run Route



EAST END



1st Run

1.5 mi Red Arrow →

The run course of 1.5 miles is an out and back. start on the boardwalk opposite the transition area at B94th Street. Run 3/4 mile on the boardwalk to B74th Street Rockaway Beach Playground, before turning around and running back to the transition area.



Final Run

3 mi Blue Arrow →

The final run course of 3 miles is also an out and back. start on the boardwalk opposite the transition area at B95th Street. Run 1.5 miles on the boardwalk before turning around at B123rd Street and running back to the finish line.

WEST END

BOARDWALK ALERT!

The course is not closed to pedestrians, joggers, cyclists, skaters, etc. While biking, competitors must be aware and considerate of non-competitors who will also be sharing the boardwalk with competitors. You do not have priority over other users of the boardwalk because you are competing in this event.

TRANSITION AREA

