

Respite Care is the gift of time

Time for Parents to:

- Re-connect with a spouse
- Go out with friends
- Spend quality time with other children in the family
- Take care of their own health
- Relax or catch up on sleep!



Time for Kids/Adults to:

- Do fun things at home or in the community
- Socialize and make new friends
- Practice new interests/skills

Channel Islands Social Services
In-Home Respite Care
(805) 384-0983

4000 Calle Tecate, Suite 200
Camarillo, CA 93012

www.IslandSocialServices.org



*The only organization honored twice as
Service Provider of the Year
by the Autism Society Ventura County*



Ventura County's Trusted
In-Home Respite Provider
Strengthening families since 2004



**CISS is a family-operated
organization that supports families
across Ventura County**

Services are funded by Tri-Counties
Regional Center and NLACRC

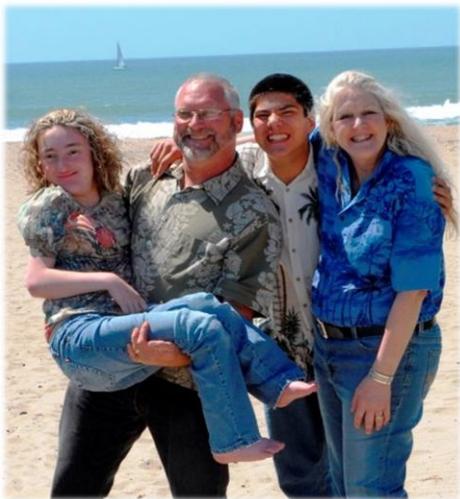
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What is Respite?

Respite is defined as an interval of relief. Care is provided in the family's home or local community to a child or adult with a developmental disability. Respite allows the parent or primary caregiver a regular break from their caregiving duties, so they can relax and attend to their own health and wellness needs. Respite services help strengthen families.

Channel Islands Social Services (CISS) is a family-operated organization founded in 2004 with the intent of empowering families every step of the way. We don't "deploy" caregivers unknown to a family. In our traditional respite program, each family has the option of referring someone they already know and trust for CISS to hire just for them. A family may also request a referral to interview a trained caregiver before ever providing care.



Channel Islands Social Services is a Regional Center vendor, which means all authorized services are funded through the State and are free to families.

Families Know Best!



"CISS has well trained staff, and our entire family always felt comfortable with the respite workers. They work around our schedule and are very caring. BIG THUMBS UP!" – Baker Family

How do we sign up?

- ✓ Call your Regional Center Service Coordinator to ask for a referral to the Channel Islands Social Services In-Home Respite Care program ([Vendor #HT0262](#)).
- ✓ Call us at (805) 384-0983 and get to know us. We will forward our Welcome Family packet at your request to give you more detailed information. You can also find valuable family resources on our website at www.IslandSocialServices.org
- ✓ Return our simple family packet to give us more information about your special loved one and how we can best support your family! Once referred, call the CISS Caregiver of your choice to schedule your own respite hours up to your authorized amount.

Enhanced Respite

The goal of the Enhanced Respite program is to provide care by behaviorally-trained Respite Caregivers who are experienced in employing positive behavior supports. The program works at maintaining the child's safety and supporting families to avoid out-of-home placement.

If your family could benefit from this level of support, contact your Regional Center Service Coordinator to discuss your needs and desire to be referred to the Enhanced Respite program at CISS ([Vendor #PT0929](#)). Once you are referred, we will arrange a home visit with our Program Supervisor. Our Enhanced Respite Caregivers all have behavioral experience. They each receive additional required training upon hire, going supervision, and they attend quarterly trainings.



"Respite care is critical to our family. Our respite worker has impressive qualifications and the extensive training that she received helped us feel comfortable at our very first meeting. We look so forward to her coming over and giving us the support that we desperately need." – Carlson Family