



2020 Monthly Staff Training Seminars

CISS Respite Caregivers who are actively employed are invited to attend up to three paid monthly staff trainings per year (within their maximum 40 hours per week allowed). Once they have attended three trainings in a calendar year, they may choose to attend more sessions on a voluntary, unpaid basis if there is room in each class. Pizza, drinks and salads are provided during each training.

Location: CISS Training Room in **Suite 218**
Date: 4th Wednesday of each month, unless otherwise noted
Time: 6pm-8pm. Arrive as early as 5:30pm to socialize with other staff and eat.
RSVP: **Required** - Online at <http://islandsocialservices.org/rsvp/> or call HR at (805) 384-0983 x0

Format: Each session will start on time at 6:00pm and include informal presentations from experienced speakers including CISS admin, parents, community members, and other Respite Caregivers. The meeting will end with an open Q&A and sharing session.

RSVPs are on a first-come first-serve basis.

2020 CISS Respite Caregiver Seminars *(Topics may change. Reference our website for updates)*

Jan. 23	Annual All Staff Meeting – 5:30pm Dinner; 6pm-8pm meeting
Feb. 26	Lifespan Caregiving – Puberty and Hormones
Mar. 25	Positive Behavioral Support Strategies with Young Children and Teens
April 22	Enhancing Social Skills During Respite Care
May 27	Community Resources for Families and Getting Creative at Home During Summer
June 24	Communication Strategies – Utilizing AAC
July 22	Person Centered Practices – Relationship Circles
Aug. 26	The Cycle of Self-Care – You, the parent(s), and the individual
Sept. 23	Trauma-Informed Care –What Happens When You Are Not There?
Oct. 28	The Sibling Perspective – The World Through Their Eyes
Nov 25	(TBD)

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