

Adolescent GYN

Course Evaluation RECORDED:

https://docs.google.com/forms/d/e/1FAIpQLScaX8fq0l_tn9tOCodXTFtbS8cvuPEnxVDfNCny-Di0bxBLSA/viewform?usp=pp_url

Release Date: October 14, 2020

Expiration Date: October 13, 2023

Elisabeth H. Quint, M.D.

Clinical Professor OB/GYN

University of Michigan

Dr. Quint reports no financial relationship with a commercial interest relevant to this activity

Charisse Loder, M.D., MSc

Assistant Professor

Michigan Medicine

Dr. Loder reports no financial relationship with a commercial interest relevant to this activity

Beth I. Schwartz, M.D.

Pediatric & Adolescent Gynecology

Director, Pediatric & Adolescent Gynecology, Department of Obstetrics & Gynecology, Thomas Jefferson University

Division of Adolescent Medicine and Pediatric Gynecology, Nemours/A.I. duPont Hospital for Children

Assistant Professor of Obstetrics & Gynecology and Pediatrics, Sidney Kimmel Medical College at

Thomas Jefferson University

Dr. Schwartz has disclosed that she plans on discussing unlabeled/investigational uses of a commercial product

Cecile A. Ferrando, M.D., MPH, FACOG, FACS

Director, Transgender Surgery & Medicine Program

Cleveland Clinic

Dr. Ferrando has received royalties from UptoDate, Inc., and the CME Program has determined there is no conflict of interest.

Rebecca Flyckt, M.D.

Division Director, Reproductive Endocrinology and Infertility

Medical Director, UH Fertility Center

Lilian Hanna Baldwin Endowed Chair in Gynecology and Obstetrics

Dr. Flyckt reports no financial relationship with a commercial interest relevant to this activity

Target Audience

Obstetricians/Gynecologists and Affiliate Ob/Gyn Healthcare Providers in Cleveland and surrounding areas

Media

Recorded slides and audio presentation. Resource materials may include downloads of videos, print materials, slides or web pages.

Learning Objectives

After participating in this activity participants will be able to:

1. Review normal and abnormal uterine bleeding (AUB) in teenagers
2. Generate a differential diagnosis for girls with AUB
3. Discuss the diagnostic criteria and treatment options for AUB, including anovulatory bleeding and PCOS in teenagers
4. Define reproductive justice
5. Recognize the role of healthcare professionals in reproductive injustices in adolescents
6. Identify advocacy initiatives in your clinic, hospital or state
7. Be able to counsel adolescents about both the contraceptive and non-contraceptive benefits of LARC methods
8. Identify and be able to manage common LARC side effects
9. Identify special considerations for LARC insertion and use in adolescents
10. Be aware of the basic terminology used to refer to gender non-conforming and transgender adolescents
11. Review the medical transition options for transgender adolescents
12. Review the surgical transition options for transgender
13. Articulate the importance of fertility preservation in pediatric/adolescent GYN
14. Discuss the use of GnRH agonists in female cancer patients
15. Describe the range of options available including egg cryopreservation, fertility sparing surgery, and ovarian tissue cryopreservation

Accreditation Statement



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Case Western Reserve University School of Medicine and the Cleveland Society of Obstetricians and Gynecologists. Case Western Reserve University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 3.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Planning Committee

Natalie Bowersox, M.D., President

Cleveland Society of Obstetricians and Gynecologists

Dr. Bowersox reports no financial relationship with a commercial interest relevant to this activity.

Rebecca Bagley, M.D., President Elect

Cleveland Society of Obstetricians and Gynecologists

Dr. Bagley reports no financial relationship with a commercial interest relevant to this activity.

Disclosure Statement

The policy of Case Western Reserve University School of Medicine CME Program (CWRU CME) requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in a position to control the content of the educational activity) disclose to the activity participants all relevant financial relationships with commercial interests. Where disclosures have been made, conflicts of interest, real or apparent, must be resolved. Disclosure will be made to activity participants prior to the commencement of the activity. CWRU CME also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of “off-label” or investigational use of pharmaceutical products or medical devices.

Instructions

To receive a statement of credit for up to 3.5 *AMA PRA Category 1 Credit™* you must:

1. Review and reflect on the full content of the recorded session.
2. Complete the evaluation.
3. Claim your credit. You must be logged into the Case Western Reserve University CME credit system (<https://cwru.cloud-cme.com>) to receive credit.

Once you have logged in click on the “Claim Credit” button under My CME and enter the **Event ID: 45798**. You will be asked to attest to your completion of the activity. Your credit will be recorded and your certificate will be available in the Evaluation & Certificates button on your My CME dashboard.

Your credits will be recorded by the CWRU CME Program and made a part of your cumulative transcript.

Estimated Time to Complete this Educational Activity

Including review of any resource material and completion of the post-test, this activity is expected to take 3.5 hours to complete.

Fee

There is no fee for this program.

To contact the CME Provider: Email CWRU CME at medcme@case.edu

Resources

Access to fertility services by transgender persons: an Ethics Committee opinion. Fertil Steril. 2015;104(5):1111–1115.

Wallace WH, Smith AG, Kelsey TW, et al. Fertility preservation for girls and young women with cancer: population-based validation of criteria for ovarian tissue cryopreservation. Lancet Oncol. 2014 Sep;15(10):1129-6.

[HTTPS://PWHER.MED.UMICH.EDU/RJ-MED-ED](https://pwher.med.umich.edu/rj-med-ed)

Polycystic ovary syndrome in adolescent girls. Baldauff NH, Witchel SF. Curr Opin Endocrinol Diabetes Obes. 2017 Feb;24(1):56-66