



Cleveland Society of Obstetricians and Gynecologists
Topic: Adolescent GYN

Moderator: Suchetha Kshetry, M.D.

October 14, 2020 1:00-5:00 pm

Via Zoom

<https://us02web.zoom.us/j/87954543760?pwd=bGtQajN5ZmZtc2F2YTdYc3I4NUt2UT09>

Meeting ID: 879 5454 3760

Passcode: CLEsogEd

Course Evaluation Form:

https://docs.google.com/forms/d/e/1FAIpQLSeUNVakM5ImEAtQ8gp57Hj2-j4M63Vm-gRSeKZX9WbJI5Hh3g/viewform?usp=pp_url

- 1:00 p.m. **Welcome** by Natalie Bowersox, M.D.
- 1:05 p.m. **Adolescent Abnormal Bleeding. Too little or too much?**
Elisabeth H. Quint, M.D.
Clinical Professor of OB/GYN, University of Michigan
- 1:45 p.m. **Fertility Preserving Options for Pediatric and Adolescent Girls**
Rebecca Flyckt, M.D.
Division Director, Reproductive Endocrinology and Infertility
Medical Director, UH Fertility Center
Lilian Hanna Baldwin Endowed Chair in Gynecology and Obstetrics
- 2:25 p.m. **Happy as a LARC: Long-Acting Reversible Contraception in Adolescents**
Beth I. Schwartz, M.D.
Pediatric & Adolescent Gynecology, Director, Pediatric & Adolescent Gynecology, Department of Obstetrics & Gynecology, Thomas Jefferson University; Division of Adolescent Medicine and Pediatric Gynecology, Nemours/A.I. duPont Hospital for Children; Assistant Professor of Obstetrics & Gynecology and Pediatrics, Sidney Kimmel Medical College at Thomas Jefferson University
- 3:10-3:40 p.m. **Refreshment Break**

3: 40 p.m. **Care of the Transgender Adolescent**
Cecile A. Ferrando, M.D. MPH FACOG FACS
Director, Transgender Surgery & Medicine Program
Cleveland Clinic

4:20 p.m. **Achieving Reproductive Justice at the Bedside and Beyond**
Charisse Loder, M.D., MSc
Assistant Professor, Michigan Medicine

5:00 p.m. **Raffle and Adjourn**

LEARNING OBJECTIVES & PROFESSIONAL PRACTICE GAP(S)

After this session, participants will be able to:

1. Review normal and abnormal uterine bleeding (AUB) in teenagers
2. Generate a differential diagnosis for girls with AUB
3. Discuss the diagnostic criteria and treatment options for AUB, including anovulatory bleeding and PCOS in teenagers
4. Define reproductive justice
5. Recognize the role of healthcare professionals in reproductive injustices in adolescents
6. Identify advocacy initiatives in your clinic, hospital or state
7. Be able to counsel adolescents about both the contraceptive and non-contraceptive benefits of LARC methods
8. Identify and be able to manage common LARC side effects
9. Identify special considerations for LARC insertion and use in adolescents
10. Be aware of the basic terminology used to refer to gender non-conforming and transgender adolescents
11. Review the medical transition options for transgender adolescents
12. Review the surgical transition options for transgender
13. Articulate the importance of fertility preservation in pediatric/adolescent GYN
14. Discuss the use of GnRH agonists in female cancer patients
15. Describe the range of options available including egg cryopreservation, fertility sparing surgery, and ovarian tissue cryopreservation

Practice Gap(s) for this session: The Practice Gap is the reason a conference or CME activity needs to be held. It describes the difference between where a group of learners/field of study/ practice currently is (**current status**) and where the learning/practice should be (**desired status**). The "gap" between the current and the desired will be used to identify conference needs, purposes, objectives, and desired outcomes.

1. *According to ACOG, over half of women surveyed (54%) consider their ob-gyns to be their primary physician – the first doctor they see for all their health care needs*
2. *Without continued professional education, integration of practice guidelines is not optimal by OB/GYNs. This series will reinforce appropriate practice guidelines during selected quarterly sessions throughout the year.*
3. *Despite the development of evidence-based recommendations, it can be difficult to identify and incorporate new evidence into practice. Providers identify and apply new evidence-based practice approaches.*

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Case Western Reserve

University School of Medicine and the Cleveland Society of Obstetricians and Gynecologists. Case Western Reserve University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 3.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE STATEMENT:

The policy of Case Western Reserve University School of Medicine CME Program (CWRU) requires that the Activity Director, planning committee members and all activity faculty (that is, anyone in a position to control the content of the education activity) disclose to the activity participants all relevant financial relationships with commercial interests. Disclosure will be made to activity participants prior to the commencement of the activity. Case Western Reserve University School of Medicine CME Program also requires that faculty make clinical recommendations based on the best available scientific evidence and that faculty identify any discussion of “off-label” or investigational use of pharmaceutical products or medical devices.

DISCLOSURE OF THE FACULTY PRESENTING:

Drs. Bowersox, Flyckt, Kshetry, Loder, Quint, and Schwartz reported no financial relationship relevant to this activity.

Dr. Ferrando has received royalties from UptoDate, Inc., and the CME Program has determined there is no conflict of interest.

Dr. Schwartz has disclosed that she plans on discussing unlabeled/investigational uses of a commercial product.

HOW TO OBTAIN CREDIT FOR THIS CONFERENCE:

- You must be logged into the Case Western Reserve University CME credit system (<https://cwru.cloud-cme.com>) to receive credit.
- Once you have logged in click on the “Claim Credit” button under My CME and enter the **Event ID: 45413**. You will be asked to attest to your completion of the activity. Your credit will be recorded and your certificate will be available in the Evaluation & Certificates button on your My CME dashboard.

You have 7 days to claim credit via the mobile app; 30 days via desktop.

ACKNOWLEDGEMENTS: Exhibits have been provided by AbbVie Women’s Health, Hologic, Inc. and TherapeuticsMD