

The Wonder Healing Session

A High Vibrational Chakra Alignment with Emotional Release

The Wonder session uses The Path To Heal system to identify energetic resistance which stifle your chakra flow. Using high vibration tools, we release the resistance to allow even long standing, stubborn conditions to release.



The result of the Wonder session is:

- You will identify the areas in which you are not loving to self, which are blocking your natural manifestation process.
- You integrate emotions you haven't made space for previously. This allows for a clear and focused mind, healthy choices that honor you and a healthy body.
- You feel aligned to the knowingness of: I am worthy of peace, love and happiness.
- You become more deeply connected to your own and universal truths. You are able to step into who you are in your totality so you are naturally happy, healthy and joyful.

A Path To Heaven on Earth Session

A High Vibrational Energetic Release of Your Limiting Story

The Path To Heaven sessions help us release our painful stories which you feel safe in, yet feel trapped, miserable and unsafe. You gain trust in the Universe and your divine path.

The result of the Path To Heaven session is:

- You will identify the areas where you block your manifestation process due to the limiting story or belief you accept as a truth.
- You will energetically release the story so you can move through life with loving, compassion and understanding of who you are and your Divine path.
- You will feel free of the negative circumstances or pain body which has been disempowering you and your desires.
- You create openness and oneness with the Divine to allow you to follow your heart, without attempted control, manipulation or disappointment.

What others are saying:

- *"I have never felt so calm and peaceful in all my life."*
- *"I felt an immediate shift in my abdomen. I felt relief where I have been suffering for years."*
- *"I have been carrying a painful emotional issue since childhood. I could feel the issue release. What a relief!"*
- *"I now realize that I am not hopeless! I am the creator of my own reality and I now am picking a blissful one!"*
- *"I finally realize I was not trusting God to provide, so I created these other issues because of my fears. But in truth, I was trying to control the flow instead of allow my life to flow."*



Joanna Chodorowska of Nutrition in Motion, is an intuitive nutrition therapy coach, master energy practitioner, ordained minister, author, speaker, athlete and lover of life.
harmonizing body, mind and spirit
215-272-6774

Nutrition for Body, Mind, Spirit and Sport

Specialties include pain management, weight loss, GI distress, extreme fatigue and unresolved, chronic issues.



Joanna Chodorowska is a holistic intuitive nutrition therapy coach, author, speaker, ordained minister, athlete and lover of life.

Joanna brings over 15 years of experience to her clients. She helps identify the root cause of your physical symptoms. Some are rooted in emotional, mental and spiritual imbalances which lead to physical symptoms. Her strength lies in listening to her clients and identifying what needs to be done to restore balance. She intuitively knows what questions to ask to get the answers needed.

Joanna incorporates anti-inflammatory protocols, real food nutrition, energetic release techniques and essential oils to bring harmony to body, mind and spirit.

She infuses each session with love and light for the highest good and most loving outcome possible.

Her specialties include GI distress, fatigue, pain management, balancing blood sugar, auto-immune issues and stress management, all of which can lead to eating compulsions, sleep disturbances and ill-health symptoms. Her strength is to help her clients understand the cycle they are in, and create a sustainable plan to increase fun, loving and fulfillment in every moment of every day.

Be Whole Program – a loving journey to self!

This powerful combination of holistic nutrition with energetic release techniques bring the body and emotions into balance quickly. Experience feeling better and feeling better about yourself. Feel empowered to make choices that alignment with your heart and your body. Athletes can also experience an increase in performance, clarity and focus.

Introductory rate of \$155 for your 75-minute session (save \$50). Ask about shorter sessions.

Ask about Card Readings, Channeling, Space Clearing and House Blessings options.

Contact Joanna at www.nutritioninmotion.net or call 215-272-6774