

COMMUNITY RESOURCES Local Experts In and Around Naples

ALTERNATIVE & HOLISTIC HEALTH SERVICE

Your CBD Store

Naples & Marco Island
239.331.8073
NaplesFL.CBDrx4u.com



We are the only dedicated CBD store and carry only the top products. We carry CBD water solubles, CBD tinctures, CBD edibles, CBD capsules, CBD vape products, CBD pet care, CBD skin care, and CBD topical creams. Our products are derived from 100% organic, non-GMO industrial hemp. Stop in!

ASSISTED TRAVEL

GOMO Travel

Kerri Johnson, RN, CDP, EMBA
Cape Coral
904.395.7500
www.gomotravel.com



GOMO Founder Kerri Johnson, RN brings the ideal mix of healthcare knowledge, travel experience, and business savvy to her role of CEO.

Whether you or someone you care about has mobility issues, suffers from anxiety, requires medical assistance, or just doesn't like traveling alone, GOMO's travel companions for hire make traveling anywhere you want to go a reality again.

BIOLOGICAL DENTIST

Josephine Perez, DMD

Naples
239.692.9623
www.puredentalnaples.com



Dr. Josephine Perez, DMD has been practicing dentistry for 29 years. She is a graduate of Tufts University School of Dentistry in Boston and interned at New Orleans Coast Guard/Navy Base. Her holistic approach to dentistry encompasses each person's unique and entire (or whole, therefore holistic) state of physical and emotional well-being. The ability to maintain health through preventive measures and treatments of oral disease is her priority. Dr. Perez focuses on the underlying condition, rather than only treating the symptoms. She tests for biocompatibility to find pathways to reduce inflammation.

DIABETES REVERSAL COACHING

Reverse My Diabetes

Denise A. Pancyrz
Naples
888.848.1763
www.ReverseMyDiabetes.net
Denise@ReverseMyDiabetes.net



The conventional approach to managing type 2 diabetes long term is not effective. Holistic lifestyle coaching helps to reverse the effects of diabetes guiding you away from counting carbs and diets. Coaching leads you to recognize many factors that affect your glucose. Lower your A1c, stabilize glucose levels, increase your energy, and lose weight naturally.

DIAGNOSTIC BODY SCAN

Andrea Geresdi, Owner

Naples
239.297.9949
www.diagnosticbodyscan.com
diagnosticbodyscan@gmail.com

From the comfort of your home, receive a full-body diagnosis in one hour from a hair sample. The treatment sessions can help destress the body and mind, strengthen the immune system, relieve pain and inflammation, and balance hormones.

FINANCIAL ADVISOR

Wintrust Wealth Management

Nina Azwoir, First Vice President
Naples
239.697.5204
www.nazwoir.wintrustwealth.com
nazwoir@wintrustwealth.com



Nina Azwoir is a licensed Financial Advisor with over 17 years of industry experience. She is astute in the realm of wealth management, financial planning, and retirement solutions. Nina has the accumulated knowledge and perspective to help keep her clients and their financial future on a steady course as they navigate through life and retirement. Her highest priority is her clients and their families. Reach out to her to get your complimentary financial plan.

FLOAT SPA

Cloud 9 Float Spa

Fort Myers
239.887.4161
www.c9floatspa.com

Floating, also known as Flotation Therapy, has been used for years for its mental, spiritual, meditative, and physical benefits and has a vast amount of published research to support its claims.

HEALTH COACH

Theresa Edmunds, CHC

Naples
734.308.7105
www.theresaedmunds@hotmail.com



Educating clients about all aspects of natural health. Truly healthy food, living chemical-free and detoxing, healthy home, emotional well-being, stress reduction, movement, supplements/homeopathy. Helping you recover, enhance and protect your health. Providing the foundation that you need to live your best life full of energy and vitality.

HOLISTIC FUNCTIONAL HEALTHCARE

Omni Balanced Life Center

Naples
239.234.1608
Office@omninales.com
www.omninales.com



Omni Balanced Life Center brings a revolutionary style of healthcare to the marketplace. Our unique team style approach combines the expertise of multiple practitioners offering traditional and holistic treatments and services designed to bridge and transform the mind, body and soul creating lasting healing and harmony within. We work alongside western medical teams collaborating to offer the most advanced information available in research and science from all areas of medicine.

Naples Center for Functional Medicine

Naples
239.649.7400
info@naplescsm.com
www.naplescsm.com



Naples Center for Functional Medicine provides functional and integrative medical services. The practice focuses on treating the whole person, not just a single ailment. Led by Carol Roberts, MD, ABIMH, they utilize evidence-based solutions like functional testing, nutritional analysis, supplements, IV therapy, hyperbaric oxygen therapy, and more to improve patient health.

INTEGRATIVE & FUNCTIONAL REGISTERED DIETITIAN

Healthy Concepts Consulting

Betsy Opyt, RD, LD/N, CDE
Naples
239.297.8844
www.healthyconceptsconsulting.com
betsy@healthyconceptsconsulting.com



Betsy is a Licensed and Registered Dietitian as well as a Certified Diabetes Educator, Integrative & Functional Medicine Nutrition Therapist, and RYT200 yoga teacher. She specializes in nutrigenomics, gut health, food sensitivities, detoxing, inflammatory diseases, and longevity living. Betsy is a professional speaker and advocate for healthy living and is available for individual consultations, group programs, and speaking engagements.

KOMBUCHA

Flying Eagle Kombucha

Maddy Eagle, Owner

Inside Millennial Brewing downtown Ft. Myers
www.flyingeaglekombucha.com



SWFL's first Kombucha brewery and Tap Room, uses healthy, gut-friendly microbes and plants as alternative medicine and creates a N/A, probiotic-rich, immune-boosting beverage full of micronutrients, B vitamins, and amino acids. Stop by and see us, or available by delivery and in 25+ resale locations and farmers markets.

MEDICAL SPA

Aesthetic Treatment Centers

Dr. Kathleen Marc & Mindy DiPietro

Naples

239.322.3790

www.ATCNaples.com

Aesthetic Treatment Centers truly have something for every guest, whether it be relaxation, results, or both. We strive to offer organic product lines that are impactful and results oriented.

MEDITATION CENTER

Health & Wellness Sanctuary of SWFL

Naples

239.269.2221

www.healthandwellnessnaples.com



Empowering people to live healthy, conscious and spiritually aware lifestyles. Offering different modalities to realign and balance yourself, experience energy, vibrancy, and peace of mind. Individual and small group Yoga, personal consultations, meditation classes, Qi gong, and workshops

METAPHYSICAL PRODUCTS

Mystical Bookshop

David & Wendy Kaplan

Fort Myers

239.338.7816

www.mysticalbookshop.com

contact@mysticalbookshop.com

Helping you help yourself, we specialize in products and information that light your path. Our passion and focus is offering books ranging from Energy Medicine, Self-Help, Sacred Sexuality, Natural Medicine, and Ancient Wisdoms. We also offer jewelry, crystals, yoga and workshops. Visit us in store or purchase online.

MYOFASCIAL RELEASE/ MASSAGE

Therapy on the Gulf

Anthony Hansen, LMT

Naples

239.262.8722



Anthony Hansen, LMT, founder of Therapy on the Gulf. We specialize in myofascial release, craniosacral therapy, and lymphatic drainage. We do aromatherapy massage, pregnancy massage, and other types of massage and energy work. I am also a Qigong and Reiki Master. Candace VanRee, LMT and Teresa Kennedy, LMT are both highly qualified and do the same things that I do. For further information, please feel free to call us at Therapy on the Gulf.

NUTRITIONAL SUPPLEMENTS

Nature's Rite

Online

800.991.7088

www.mynaturesrite.com

ORGANIC SPA

Praha Spa & Salt

Oksana Acosta, Owner

Naples

239.403.9170

www.prahaspa.com

info@prahaspa.com



Praha Spa and Salt owned by Oksana Acosta builds on the services and eleven years of experience of Andrea Geresdi and the former Salt Cave located in Central Naples. The famous Salt Cave is still here, so stop by and combine a relaxing visit to the cave with a facial treatment using products from organic lines to medical grade, professional peeling for the treatments.

PRIVATE CHEF

Chefs For Seniors

Bill Springer, Owner

Naples

239.776.1758

www.chefsforseiors.com/naples-fl

bill.springer@chefsforseiors.com



Chefs For Seniors offers menu planning, grocery shopping, and a weekly in-home professional chef visit. Meals can be customized for dietary needs (e.g. diabetic, renal, low-sodium) and Chefs work with your doctor or nutritionist. The Chef brings the ingredients and their own equipment and typically spends two hours per week in-home preparing meals.

REGENERATIVE MEDICINE

Spine, Joint, and Neuropathy Care

Richard A. Hiler, DABCN

Naples

239.330.1000

www.FeelAmazing.com

DrRHiler@aol.com



Oftentimes, to simply inject a joint or nerve with stem cells for pain, inflammation, and degeneration is not enough. Boost regenerative capability and capacity with the addition of ozone, PRP, growth factors, peptides, myoneural therapies, and physical reconditioning.

RELATIONSHIP COACH

Relationship Secrets for Singles

Dana Lee, CLC

Naples

239.776.4350

www.relationshipsecretsforsingles.com

relationshipsecretsforsingles@gmail.com



Dana Lee is a Certified Life Coach and owner of Relationship Secrets for Singles. If you've almost given up and need someone to come alongside you, send me an email and we can set up a free online zoom "Meet N Greet" session to see if this program is a right fit for you.

SCALAR ENERGY HEALING

Tom Paladino, researcher

805.364.3051

www.scalarlight.com



Tom Paladino has developed scalar energy instruments that are able to negate the molecular bonds of pathogens and their associated toxins, thereby providing relief for pathogenic disease. Scalar energy is the natural energy of the Sun as well as the stars.