

COMMUNITY RESOURCES

Local Experts In and Around Naples

BIOLOGICAL DENTIST

Josephine Perez, DMD

Naples
239.254.4480
www.thesmilefairy.com



Dr. Josephine Perez, DMD has been practicing dentistry for 29 years. She is a graduate of Tufts University School of Dentistry in Boston and interned at New Orleans Coast Guard/Navy Base. Her holistic approach to dentistry encompasses each person's unique and entire (or whole, therefore holistic) state of physical and emotional well-being. The ability to maintain health through preventive measures and treatments of oral disease is her priority. Dr. Perez focuses on the underlying condition, rather than only treating the symptoms. She tests for biocompatibility to find pathways to reduce inflammation.

DIABETES REVERSAL COACHING

Reverse My Diabetes

Denise A. Pancyrz
Naples
888.848.1763
www.ReverseMyDiabetes.net
Denise@ReverseMyDiabetes.net



The conventional approach to managing type 2 diabetes long term is not effective. Holistic lifestyle coaching helps to reverse the effects of diabetes guiding you away from counting carbs and diets. Coaching leads you to recognize many factors that affect your glucose. Lower your A1c, stabilize glucose levels, increase your energy, and lose weight naturally.

ENERGY HEALER

Academy for Soul Healing

Eilis Philpott
Fairfield, CT
203.767.5954
www.academyforsoulhealing.com



Eilis Philpott, founder of the Academy for Soul Healing, has been a healing practitioner/teacher for 20+ years. AFSH is a place for energy healers to develop skills needed to align with their soul's purpose. The mission of AFSH is to integrate many modalities to support the expansion of humanity while helping students become teachers of this integrated way of service.

FINANCIAL ADVISOR

Wintrust Wealth Management

Nina Azwoir, First Vice President
Naples
239.697.5204
www.nazwoir.wintrustwealth.com
nazwoir@wintrustwealth.com



Nina Azwoir is a licensed Financial Advisor with over 17 years of industry experience. She is astute in the realm of wealth management, financial planning, and retirement solutions. Nina has the accumulated knowledge and perspective to help keep her clients and their financial future on a steady course as they navigate through life and retirement. Her highest priority is her clients and their families. Reach out to her to get your complimentary financial plan.

FLOAT SPA

Cloud 9 Float Spa

Fort Myers
239.887.4161
www.c9floatspa.com

Floating, also known as Flotation Therapy, has been used for years for its mental, spiritual, meditative, and physical benefits and has a vast amount of published research to support its claims.

HEALTH COACH

Breast Cancer Conqueror

Naples, FL
888.852.2596
www.breastcancerconqueror.com



Dr. Véronique Desaulniers, is the founder of Breast Cancer Conqueror® and the 7 Essentials System®. Her signature process has empowered thousands of women in over 56 countries around the world. Her signature book "Heal Breast Cancer Naturally" is a #1 Amazon Best Seller in 10 categories and in 5 countries.

Theresa Edmunds, CHC

Naples
734.308.7105
www.theresaedmunds@hotmail.com



Educating clients about all aspects of natural health. Truly healthy food, living chemical-free and detoxing, healthy home, emotional well-being, stress reduction, movement, supplements/homeopathy. Helping you recover, enhance and protect your health. Providing the

foundation that you need to live your best life full of energy and vitality.

HOLISTIC ANIMAL CARE

Anja Kordon, DVM

Naples
239.297.6519
www.animalhealthoasis.com



Dr. Anja Kordon, DVM has been practicing veterinary medicine for 30 years. Her holistic approach to animal care encompasses each animal's unique and entire state of physical and emotional well-being. Find the Cause for every Effect is the motto, it's detective work. Prevent the cause (be it unfit water or food etc.- yes even organic) and you have treated and prevented further ill-health. Symptom treatment will not bring about true healing. Everything that goes in and on your animal is getting evaluated and when the pet guardian believes it and follows all instructions, inflammation will stop and your pet will thrive. It is up to the guardian to follow the provided schedule.

HOLISTIC FUNCTIONAL HEALTHCARE

Omni Balanced Life Center

720 Goodlette Rd. Ste 205
Naples
239.234.1608
Office@omninales.com
www.omninales.com



Omni Balanced Life Center brings a revolutionary style of healthcare to the marketplace. Our unique team style approach combines the expertise of multiple practitioners offering traditional and holistic treatments and services designed to bridge and transform the mind, body and soul creating lasting healing and harmony within. We work alongside western medical teams collaborating to offer the most advanced information available in research and science from all areas of medicine.

Naples Center for Functional Medicine

800 Goodlette-Frank Rd. N., #270
Naples
239.649.7400
info@naplescsm.com
www.naplescsm.com



Naples Center for Functional Medicine provides functional and integrative medical services. The practice focuses on treating the

whole person, not just a single ailment. Led by Carol Roberts, MD, ABIHM, they utilize evidence-based solutions like functional testing, nutritional analysis, supplements, IV therapy, hyperbaric oxygen therapy, and more to improve patient health.

HYPNOTHERAPY Holistic Hypnotherapy

Megan Moriarty
Online
860.808.4672
www.megan-moriarty.com
info@megan-moriarty.com



Megan's official title is Certified Hypnotherapist, but she considers herself a professional belief enhancer. Through hypnosis, she guides clients to break through limiting habits and beliefs. After working together, you will embody the belief that you are the powerful creator of your life and can manifest anything you desire.

INTEGRATIVE & FUNCTIONAL REGISTERED DIETITIAN

Healthy Concepts Consulting
Betsy Opyt, RD, LD/N, CDE
Naples
239.297.8844
www.healthyconceptsconsulting.com
betsy@healthyconceptsconsulting.com



Betsy is a Licensed and Registered Dietitian as well as a Certified Diabetes Educator, Integrative & Functional Medicine Nutrition Therapist, and RYT200 yoga teacher. She specializes in nutrigenomics, gut health, food sensitivities, detoxing, inflammatory diseases, and longevity living. Betsy is a professional speaker and advocate for healthy living and is available for individual consultations, group programs, and speaking engagements.

MEDICAL SPA Skin Deep Naples

Jacqueline Rochonchou and Ashley Anderson
Naples
239.260.5060
www.SkinDeepNaples.com
jacqueline@skindeepnaples.com



Naples #1 MedSpa!
From the moment you walk in our door, until the moment you leave you are treated to

luxury and the latest technology. Each consultation and procedure is customized for each patient's need. We look forward to welcoming you into our family.

MYOFASCIAL RELEASE/ MASSAGE

Therapy on the Gulf
Anthony Hansen, LMT
824 Anchor Rode Dr.
Naples
239.262.8722

Anthony Hansen, LMT, founder of Therapy on the Gulf. We specialize in myofascial release, craniosacral therapy, and lymphatic drainage. We do aromatherapy massage, pregnancy massage, and other types of massage and energy work. I am also a Qigong and Reiki Master. Candace VanRee, LMT and Teresa Kennedy, LMT are both highly qualified and do the same things that I do. For further information, please feel free to call us at Therapy on the Gulf.

NUTRITIONAL SUPPLEMENTS

Nature's Rite
Online
800.991.7088
www.mynaturesrite.com

PERSONAL TRAINING/ FITNESS

Corefit by Design
Bonita Springs
239.206.2955
www.corefitbydesign.com
peterconvard@yahoo.com

REGENERATIVE MEDICINE Spine, Joint, and Neuropathy Care

Richard A. Hiler, DABCN
Naples
239.330.1000
www.FeelAmazing.com
DrRHiler@aol.com



Often times, to simply inject a joint or nerve with stem cells for pain, inflammation, and degeneration is not enough. Boost regenerative capability and capacity with the addition of ozone, PRP, growth factors, peptides, myoneural therapies, and physical reconditioning.

RELATIONSHIP COACH Relationship Secrets for Singles

Dana Lee, CLC
Naples
239.776.4350
www.relationshipsecretsforsingles.com
relationshipsecretsforsingles@gmail.com



Dana Lee is a Certified Life Coach and owner of Relationship Secrets for Singles. If you've almost given up and need someone to come alongside you, send me an email and we can set up a free online zoom "Meet N Greet" session to see if this program is a right fit for you.

SALT CAVE Salt Cave Naples

Naples
239.403.9170
www.saltcavenaples.com
saltcaveinc@gmail.com

We offer Spa services: Clients can pick and choose what they feel they need from our menu of many amazing spa services like massage, sauna, detox foot bath, or spiritual healing. Wellness clinic: Clients can start with a non-invasive bioenergetic body scan with our EPFX/QXCI Biofeedback System.

SCALAR ENERGY HEALING Tom Paladino, researcher

805.364.3051
www.scalarlight.com

Tom Paladino has developed scalar energy instruments that are able to negate the molecular bonds of pathogens and their associated toxins, thereby providing relief for pathogenic disease. Scalar energy is the natural energy of the Sun as well as the stars.

YOGA Our Yoga Place

Nancy Gerald & Tom Palmer
Estero
239.360.2730
www.OurYogaPlace.com
nancy@ouryogaplace.com



Our Yoga Place is an exceptional yoga school. It's a sanctuary where people can relax, find peace, and escape everyday pressures. OYP has a state-of-the-art ventilation system, UV lighting, and antimicrobial flooring to keep the facility clean and safe. OYP offers traditional yoga, health and life coaching, Thai massage, and yoga apparel.