

THE BOWLS

100% GLUTEN FREE

WARM BOWLS

Fun Guy, Funghi

Roasted Mushrooms, Shaved Cabbage, Coriander, Corn Chips, Warm Quinoa, Kale Slaw, Cherry Tomatoes, Spring Onion, Roasted Almonds, Lime Coriander Vinaigrette

(V) (DF) (NF) (GF) **\$16.95**

Woodstock

Shredded Carrot, Fresh Lemon, Wild Rocket, House Mesclun Greens, Raisins, Spring Onions, Warm Quinoa, Oregano-Red Wine Vinaigrette

(V) (DF) (NF) (GF) **\$13.95**

Add Chicken **+5.0**

Moroccan Chicken

Roasted Chicken Breast, Roasted Carrots, Dates, Spiced Crispy Chickpeas, Mint, Warm Quinoa, Shredded Kale, House Beet Hummus, Balsamic Vinaigrette

(DF) (NF) (GF) **\$16.95**

Roasted Carrot & Avo

Roasted Carrot, Fresh Avocado, Warm Organic Black & Brown Rice, Shredded Kale, Roasted Broccoli, Toasted Sunflower Seeds, Lime Coriander Vinaigrette

(V) (DF) (GF) **\$15.95**

Miso Salmon

Baked ASC Atlantic Salmon, Warm Organic Black & Brown Rice, Wild Rocket, Sesame Seeds, Green Beans, Red Onion, Cucumber, Shaved Cabbage, Miso Caramel Dressing

(DF) (NF) (GF) **\$17.95**

Roasted Cauliflower

Warm Quinoa, Charred Cauliflower, Roasted Almonds, Mint, Wild Rocket, Orange Segments, Raisins, Oregano-Red Wine Vinaigrette

(V) (DF) (GF) **\$15.95**

COLD BOWLS

Good Morning, Vietnam

Baked Sesame Tofu, Raw Corn, Cucumber, Shaved Cabbage, Mint, Coriander, Toasted Sunflower Seeds, Wild Rocket, Lime Squeeze, Lime Coriander Vinaigrette

(V) (DF) (NF) (GF) **\$14.95**

Nice Salad

Hard Cooked Egg, House Mesclun Greens, Green Beans, Roasted Almonds, Kalamata Olives, Cherry Tomatoes, Sweet Potatoes, Oregano-Red Wine Vinaigrette

(DF) (GF) **\$16.95**

Add Smoked or Baked ASC Atlantic Salmon **+5.0**

Avo & Lentils

Lentil du Puy, Fresh Avocado, Cucumber, Shredded Carrots, Basil, Roasted Almonds, Wild Rocket, Balsamic Vinaigrette

(V) (DF) (GF) **\$15.95**

The "NEW" Italian Job

Roasted Mushrooms, House Mesclun Greens, Shredded Kale, Cranberries, Toasted Sunflower Seeds, Roasted Capsicum, Oregano-Red Wine Vinaigrette

(V) (DF) (NF) (GF) **\$15.95**

Kale Chicken Caesar

Roasted Chicken Breast Shredded Kale, Shaved Parmesan, Lime Squeeze, House Caesar Dressing

(NF) (GF) **\$15.95**

Greek Goddess

House Mesclun Greens, Roasted Chicken Breast, Roasted Almonds, Green Apple, Feta, Cherry Tomatoes, Red Onion, Cucumber, Green Goddess Dressing

(GF) **\$16.95**

BUILD YOUR OWN

FROM **\$13.95**

STEP ONE

PICK A BASE — OR 2

#1

- Warm Organic Black & Brown Rice
- Warm Quinoa **+1.0**
- House Mesclun Greens
- Shredded Kale **+1.0**
- Wild Rocket
- Spinach

STEP TWO

DRESS IT (PICK 1)

#2

- Green Goddess Dressing (NF) (GF)
- Pesto Vinaigrette (NF) (GF)
- Lime Coriander Vinaigrette (V) (DF) (NF) (GF)
- Balsamic Vinaigrette (V) (DF) (NF) (GF)
- Oregano-Red wine Vinaigrette (V) (DF) (NF) (GF)
- Ginger Tamari Dressing (V) (DF) (NF) (GF)
- Miso Caramel (V) (DF) (NF) (GF)
- House Caesar Dressing (NF) (GF)
- Avocado Ranch (NF) (GF)
- EVOO (V) (DF) (NF) (GF)
- Fresh Lemon Squeeze (V) (DF) (NF) (GF)

Extra Dressing **+\$1.95** each

STEP THREE

PICK 4 FILLINGS

#3

- | | |
|------------------------|-----------------|
| Roasted Sweet Potatoes | Green Beans |
| Shaved Beets | Orange Segments |
| Shredded Carrots | Green Apple |
| Shaved Cabbage Roasted | Basil |
| Capsicum | Mint |
| Roasted Carrots | Coriander |
| Red Onion | Spring Onion |
| Cherry Tomatoes | Raisins |
| Cucumbers | Cranberries |
| Raw Corn | Dates |
| Roasted Broccoli | Kalamata Olives |
| Charred Cauliflower | |

Extra Filling **+\$1.0** each

STEP THREE

PICK A PROTEIN

#4

- Baked Tofu (Non-GMO) **+1.0**
- Roasted Mushrooms **+1.5**
- Roasted Chicken Breast **+2.0**
- Baked ASC Atlantic Salmon **+3.5**
- Smoked ASC Atlantic Salmon **+3.5**

Extra protein **+5.0** each

STEP FIVE

TOP IT OFF WITH SOMETHING CRUNCHY

#5

- Corn Chips
- Toasted Sunflower Seeds
- Roasted Almonds
- Spiced Crispy Chickpeas

Extra Crunch **+1.0** each

ADD A SPECIAL

- Fresh Avocado **+2.0**
- Lentils **+2.0**
- House Beet Hummus **+1.5**
- Hard Cooked Egg **+1.5**
- Shaved Parmesan **+1.5**
- Feta **+1.5**
- House Chili Oil **+1.0**
- Chili Flakes **+1.0**
- Prebiotic Shot **+2.9**

THE SEASONAL

SANDWICHES

Mushroom Goddess

Sonoma Sourdough, Roasted Mushroom, Spinach, Sweet Potato, Spring Onions, Feta, Green Goddess Dressing

(NF) **\$13.95**

Chicken Ranch

Sonoma Sourdough, Roasted Chicken Breast, Red Onion, Rocket, Cucumber, Shaved Parmesan, Avocado Ranch Dressing

(NF) **\$13.95**

SOUP

Soup

Add Sonoma Sourdough **+1.5**
Add Pepe saya Butter **+1.5**

\$8.95

CHECK COUNTER FOR DAILY SPECIALS

BEVERAGES

24HR COLD BREW COFFEE 6.5

HOUSE ICED TEA

4.95

Lemon Ginger, Japanese Green Tea

FRESH HOUSE MADE JUICE

7.5

Watermelon, & Strawberry
Celery & Green Apple
Pineapple & Mint
Orange & Carrot

PREBIOTIC ELIXIRS X YOGIBEINGS 6.95

Vata - Pineapple & Juniper
Pitta - Strawberry & Ginger
Kapha - Lemon/Lime & Herbs
Tridosha - Turmeric

BOTTLED BEVERAGES

Kombucha - Original, Lemon, Ginger or Tropical **5.95**
Coconut Water **3.9**
Coke / Coke No Sugar **3.9**
Spring Water **3.5**
Sparkling Water **4.9**

DAILY GREENS

EXPRESS

GROW • HARVEST • SERVE

CONNECT & SHARE | @dailygreensau

- (NF) Nut Free
- (GF) Gluten Free
- (V) Vegan
- (DF) Dairy Free

TAKEAWAY & DELIVERY

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..... DGREENS.COM.AU

