

# *Infinite Light Center*

## *Reopening Plan*

We're happy to announce that **Infinite Light Center is re-opening** for in-person Yoga Classes. We passed our inspection with flying colors & we're now COVID Compliant. We're excited to welcome you back! Read on to learn what we've done & what to expect when you return.

### *Before You Arrive-*

As per NY State guidelines, **all students must pre-register for classes**. Sign up online here (<https://infinitelightcenter.com/yoga-classes/yoga-class-schedule/>) or call us to register (315-373-0626). **No walk ins please!** You must wear a mask & bring your own supplies (yoga mat, blanket, pillow). If you have any symptoms or are not feeling well, please do not come to the center. We need to keep everyone safe.

### *When You Get Here-*

Please arrive 5-10 minutes before class. Check in at the front desk, where you'll receive a health screening & be asked to wash or sanitize your hands. We also need your updated contact information, which is required for contact tracing. Once class begins, the front door will be locked, so please arrive on time.

### *Your In-Class Experience-*

We will begin with an abbreviated schedule of classes, and plan to add more classes in the future. Our classes will be at 33% occupancy per NY State guidelines. Yoga mats will be spaced **more than 6 feet apart** per physical distancing guidelines. Masks must be worn at all times during class, and must cover your nose and mouth. If you can't wear a

mask for any reason, we ask you not to come to the center and instead take advantage of our On-Demand classes.

### *After Class-*

When class is over, please maintain social distance and refrain from congregating in the classroom, hallways, or lobby. We will be closing after each class to give us time to thoroughly clean and disinfect, so please plan to leave the center right after class.

### *Changes We've Made-*

We've made some structural changes to our building to make it safer for you. We've also installed HEPA filters and a sneeze shield at our front desk. We're using CDC approved cleaning procedures & you'll find hand sanitizing stations throughout the building.

### *On-Demand Yoga Classes-*

We will continue to provide On-Demand Yoga Classes for those who are not ready to come back to the studio, who live at a distance, or who simply want classes on their own schedule.

We appreciate you following these guidelines so we can all stay safe & enjoy coming to Yoga class! If you have any questions or concerns, please don't hesitate to get in touch with us.

*Namaste,*

*Tony, Mary & the Infinite Light Staff*

[www.InfiniteLightCenter.com](http://www.InfiniteLightCenter.com)

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315-373-0626