



Monday

Tuesday

Wednesday

Thursday

Friday

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4	5	6	7	8	
No School	No School	No School	No School	No School	No School
11	12	13	14	15	
WW Pizza Slice Baby Carrots w/ Ranch Fruit mix 1% White or FF Flavored Milk	Cheeseburger Meatloaf on WW Bun Diced Potatoes Diced Peaches 1% White or FF Flavored Milk	Texas Style Chicken Drumstick w/ WW Dinner Roll Baked Beans Fresh Apple 1% White or FF Flavored Milk	Half Day	Chicken & Rice Casserole Steamed Broccoli Fresh Orange 1% White or FF Flavored Milk	
18	19	20	21	22	
WW Pizza Slice Baby Carrots w/ Ranch Fruit mix 1% White or FF Flavored Milk	Italian Meatball Sub on WG Bun Baked Green Beans Diced Peaches 1% White or FF Flavored Milk	Chicken Fries w/ BBQ Sauce and WG Goldfish Sweet Baby Peas Fresh Apple 1% White or FF Flavored Milk	Turkey Chorizo Street Taco w/ WG Mini Flatbread Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk	Baked Mostaccioli w/ WW Dinner Roll Romaine w/ Dressing Fresh Orange 1% White or FF Flavored Milk	
25	26	27	28	29	
			Thanksgiving Day	No Program	



Thought for Thought

Tips & Information

Eating pumpkins is good for you! It Contains 9 Important nutrients– Vitamin C, Vitamin E, magnesium, potassium, zinc, iron, alpha and beta carotenoids, which help prevent cellular damage as well as helps lower cholesterol. Have a happy and healthy Holiday Break!

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"or:" = An alternative selection to choose. "WG"=Whole Grain
1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

