

Bingo

Name: _____
Email: _____

Sweet Serenity

YOGA AND WELLNESS

<p>YOGA</p> <p>Take a Yoga class with an instructor new to you</p>	<p>YOGA</p> <p>Take a yoga class</p>	<p>DANCE</p> <p>Take a Rev+Flow class</p>	<p>UNWIND</p> <p>No sugar for one day</p>	<p>SMILE</p> <p>Take a selfie or image inside the studio & post it on social</p>
<p>YIN</p> <p>Take a YIN class</p>	<p>FRIEND</p> <p>Refer a friend to purchase a pass</p>	<p>LOVE</p> <p>Follow us & Post a review on Social</p>	<p>BARRE</p> <p>Take a barre class</p>	<p>YOGA</p> <p>Take a Yoga class with an instructor new to you</p>
<p>YOGA</p> <p>Take a yoga FUSION class</p>	<p>WALK</p> <p>Get outside! Go for a walk</p>	<p>FREE</p>	<p>WELLNESS</p> <p>Book a service with Andrea</p>	<p>TREAT</p> <p>Treat yourself to some retail</p>
<p>MINDSET</p> <p>No negative self-talk for 1 day</p>	<p>YOGA</p> <p>Take a Yoga class</p>	<p>SMILE</p> <p>Take a selfie or image inside the studio & post it on social</p>	<p>4TH CLASS</p> <p>Attend 4 classes</p>	<p>BARRE</p> <p>Take a barre class</p>
<p>COMMUNITY</p> <p>Introduce yourself to a fellow classmate</p>	<p>8TH CLASS</p> <p>Attend 8 classes</p>	<p>BARRE</p> <p>Take a barre class</p>	<p>ZEN</p> <p>Take a restorative class</p>	<p>NOURISH</p> <p>Try a new Recipe</p>