

El Spera

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Salads & App's

ADD PROTEINS TO ANY SALAD: CHICKEN \$7 – NY Steak \$12 – GRILLED SALMON \$12

French Onion Soup

topped with croutons and melted Swiss cheese. 8

Chicken Strips

served with one choice of fries or coleslaw 17
Garden Salad add 1 Sweet potato fries or Caesar Salad or French Onion Soup add 3

Classic Spinach Salad

baby spinach with bacon, hard boiled egg, fresh mushrooms, topped with shaved parmesan and served with a lemon vinaigrette 14

Sandwiches

Choice of one side; fries or coleslaw. Garden salad add \$1. Sweet potato fries or Caesar Salad add \$3 Side of Gravy add \$2

Montreal Smoked Meat

piled high on rye, served with coleslaw and dill pickle 14

Mushroom & Swiss Burger

sautéed mushrooms, Swiss cheese 16.5

Clubhouse

triple decker with bacon, tomato, chicken, and lettuce layered just right. 17

Chicken Souvlaki Wrap

marinated chicken, feta cheese, onions, tomato, lettuce and tzatziki sauce 16

Grilled Cheese

made with Canadian Cheddar 10.5

Entrées

Start with a Garden Salad \$5. Greek Salad or Caesar Salad \$6

Schnitzel

Austrian style, grilled and topped with lemon. Served with veggies, choice of mashed or fries or rice 17.5

Meatloaf

homemade and made fresh daily, served with mashed potato, vegetables and topped with fried onions and mushroom gravy. 17.5

Chicken Mediterranean

chicken breast topped with roasted red peppers, feta cheese, kalamata olives and drizzled with a balsamic reduction, potato or rice and veggies 20

Onion Rings

steak cut rings served with dipping sauce. 9.5

Chicken Quesadilla

grilled chicken, tomato, onions, and cheese. salsa and sour cream served with garden salad 16.

Caesar Salad

romaine lettuce tossed in a creamy caesar dressing 12

Arugula Salad

baby arugula with onion cherry tomatoes, topped with shaved parmesan cheese and drizzled with a balsamic glaze. Served with a lemon vinaigrette. 13

Roast Beef Dip

freshly shaved 'AAA' roast beef and horseradish mayo served on a toasted baguette 16.5
Philly Style-w/ sautéed peppers, onions, mushrooms and mozzarella cheese add 2.5

N.Y. Steak Sandwich

'AAA' N.Y. steak served on toasted baguette topped with onion rings. 22

Chicken Caesar Wrap

grilled chicken breast and Caesar 16

Texas Chicken Wrap

chicken strips tossed in BBQ sauce, with lettuce, tomato, onion and cheddar cheese 16

Chicken Souvlaki

tender pieces of marinated chicken over rice, served with Greek salad, garlic bread, and tzatziki sauce 20.5

Beef Liver

thinly sliced liver, with choice of onions or bacon. Served with potato or rice and veggies 17.5

Fish & Chips

battered haddock served with coleslaw, tartar sauce and lemon. 15.5

Salmon Filet

fresh Atlantic Salmon filet finished with lemon dill butter and topped with a caper salsa. Served with potato or rice and veggies 23

Italian Entrées

Start with a Garden Salad \$5. Greek Salad or Caesar Salad \$6. Italian entrées served with garlic bread.

Spaghetti

Marinara 14 Meatsauce 17 mushrooms or meatballs add 4

Chicken & Mushroom Fettuccini

grilled chicken breast and fresh mushrooms in creamy alfredo sauce 20.5

Chicken Parmigiana

topped with marinara sauce and melted mozzarella cheese, served with choice of pasta (spaghetti, penne, fettuccini) 22

Breakfast

Toast Choice; Brown, White. Marble Rye add .50 Extra egg add \$1 Fruit cup add \$4

2 Eggs

served with homefries, toast and jam. 8
Bacon or Sausage or Ham add 2.5
Peameal bacon add 5.5

Breakfast Skillet

bacon, sausage, onion, red and green pepper on a bed of homefries topped with melted cheddar and 2 eggs. Served with toast and jam. 14.5

Smoked Salmon Omelette

smoked salmon, onions, capers, tomato and cheddar cheese 16.5

Meat Lovers Breakfast

2 eggs, 2 strips of bacon, 2 farmer link sausages, black forest ham, homefries, toast and jam 15.5

Mediterranean Omelette

spinach, feta cheese, red peppers, topped with fried tomatoes. Served with homefries and toast. 14

El Spero Breakfast

2 eggs, 2 pancakes, 2 strips of bacon, 2 link sausages, homefries, toast and jam 15.5

Avocado Toast

avocado, cranberry mozzarella, arugula and cherry tomatoes served on toasted multi grain rye topped with a poached egg. Served with fruit salad or homefries. 16

Bronte Breakfast Platter

2 eggs, 2 slices of french toast, 2 strips of bacon, 2 slices of peameal bacon, homefries, toast and jam 15.5

Canadian Omelette

peameal bacon, sautéed mushrooms, and cheddar cheese 14

Smoked Salmon Benedict

2 poached eggs and smoked salmon on an English muffin. Topped with hollandaise sauce and served with homefries. 16

Mozzarella Sticks

served with marinara sauce 10

Garden Salad

fresh romaine lettuce with tomato, onions, carrots, and peppers. Served with choice of dressing 11

Greek Salad

garden salad with feta cheese, kalamata olives, and our house dressing 13.5

Texas Chicken Salad

tender chicken strips tossed in BBQ sauce, served over fresh garden salad, topped with shredded cheddar 19.5

Banquet Burger

bacon and cheddar cheese 16.5

Reuben

thinly sliced smoked meat, melted mozzarella and sauerkraut on grilled rye 16

Chicken Bacon Ranch Wrap

grilled chicken breast, bacon, lettuce, tomato, cheese and ranch dressing 16

BLT

Bacon, Lettuce and tomato 13

Western

ham and onion 13

Shepherd's Pie

savory ground beef and vegetables topped with a layer of creamy mashed potatoes and mushroom gravy. Served with veggies and garlic bread 17.5

Hot Roast Beef

open faced sandwich with thinly sliced 'AAA' roast beef topped with gravy, served with potato and vegetable 17.5

Stir Fry

choice of Veggie, chicken or steak. Fresh-cut veggies sautéed in a savory garlic teriyaki sauce over a bed of rice and served with a side of garlic bread
Veggie 17 Chicken 19.5 Steak 22.5

NEW Lasagna

Layered Pasta, Meat Sauce, Parmigiano & Mozzarella. Served with garden salad and garlic bread. 19

Grilled Chicken Penne Rosé

penne topped with grilled chicken breast tossed in a rose sauce. 19.5

Create your own Omelette (3 eggs) \$9

CHEESE 2.5 per item - cheddar * feta * Swiss * mozzarella
MEAT 2.5 per item - ham*bacon*peameal bacon*sausage
VEGGIES 2 per item - green pepper*red pepper*spinach*mushroom*tomato*onion

Breakfast Wrap

bacon, egg, green pepper, cheddar cheese, in a tortilla wrap 14

El Spero Benedict

2 poached eggs and peameal bacon on an English muffin. Topped with hollandaise sauce and served with homefries. 15.5

Florentine Benedict

2 poached eggs on an English muffin with spinach and cheddar cheese. Topped with hollandaise sauce and served with homefries 15

Pancakes or French Toast

10 add bacon or sausage 2.5