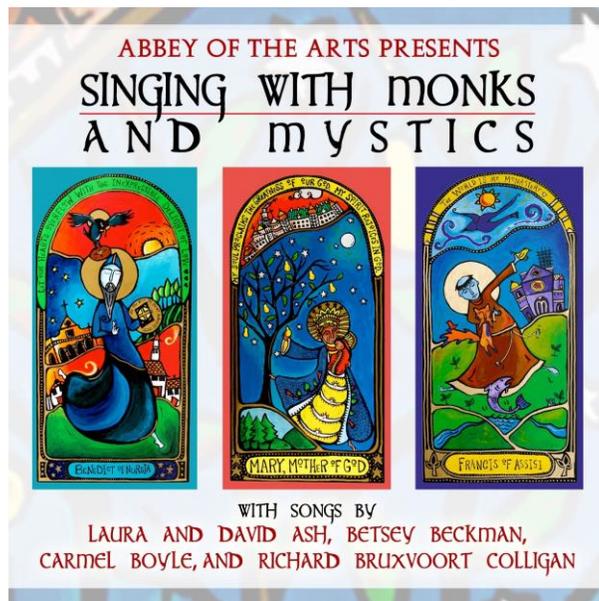


Singing with Monks and Mystics – CD Lyrics
© 2015 Abbey of the Arts



1. Miriam of the Dance (Prophet Miriam)
by Betsey Beckman © 2014 The Dancing Word
<http://www.thedancingword.com>

I am Miriam.
I am Miriam.
I am Miriam,
Miriam of the Dance, Miriam of the Dance.

Come and dance with me;
Come and sing with me;
Play your tambourine;
Spirit, lead the dance! Spirit, lead the dance!

Dance through joy and pain;
Dance through sun and rain;
Give yourself again;
Spirit, lead the dance! Spirit, lead the dance!

Dance to animate;
Dance to share the weight;
Here we celebrate;
Spirit, lead the dance! Spirit, lead the dance!

2. I Dance with Adonai (King David)
by David Ash ©2014 Laura & David Ash
bashopress@aol.com

Refrain:

I dance with Adonai who is merciful and good.
I dance with Adonai, who has filled my heart with joy.
I dance with Adonai in thanksgiving for my life.
I'll dance with Adonai forever.

1. All my power, all my force, and all my might
Celebrating how my God is my delight.
my dance go on throughout the day and night!
I'll dance with Adonai forever.
2. Play the timbrel and the cymbal and the lyre.
Drop a pinch of holy incense on the fire.
Let my body in your praises leap up higher!
I'll dance with Adonai forever.
3. For my God has lavished mercy upon me,
Turned my mourning to a dance of jubilee,
Threw my sackcloth off and clothed me in pure glee!
I'll dance with Adonai forever.

3. Hail Mary (Mary, Mother of God)
Melody by Betsey Beckman ©2014 The Dancing Word
www.thedancingword.com

Hail Mary, full of grace,
the Lord is with you.
Blessed are you among all women
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now
and at the hour of our death. Amen.

4. Divine Fire (Amma Syncletica)
by Richard Bruxvoort Colligan © 2015 Worldmaking.net
(Text adapted from the writings of the Desert Mothers)
www.worldmaking.net

1. Fire, divine fire.
Fire, divine fire.

2. We must kindle the divine fire within ourselves.
We must kindle the divine fire within ourselves.
3. O behold!
O behold!

5. Song of Brigid (Brigid of Kildare)
by Laura Ash ©2015 Laura & David Ash
bashopress@aol.com

Refrain

Darkness to light, night into day.
Wellspring of wisdom, show me the way.

1. You're the way of compassion, the doorway of welcome,
The pathway of mercy and joy.
Though I walk into darkness, may you bring me to daylight.
Show me the way.
2. You are river of justice, abundance and plenty,
the cup full of wisdom and peace.
When my vessel is empty, let your spring rise within me.
Show me the way.
3. You are garden of virtues, the mansion of gladness
the sun and the moon in the sky.
When I wander away from the family of heaven
Show me the way.

6. Welcome in the Stranger (Benedict of Nursia)
by Richard Bruxvoort Colligan © 2015 Worldmaking.net
www.worldmaking.net

Welcome in the stranger through the door of your heart.
Welcome in the stranger through the door of your heart.

7. Promise to the Saints (Brendan the Navigator)
by Carmel Boyle ©2014 Carmel Boyle
<http://www.ancroi.ie>

Follow the wind. Follow the wind.
Let go your oars. Let go your oars.

Sail to the land promised to the saints.
Sail to the land promised to the saints.

It is the voyage that makes us strong
so from this port, follow the wind.

8. Viriditas (Hildegard of Bingen)
by Betsey Beckman ©2015 The Dancing Word
www.thedancingword.com

Let my soul be greening with the living light.
Let my heart awaken morning from the night.
Let the Spirit guide me to presence true and whole.
Viriditas, viriditas, the greening of my soul.

9. The World is my Monastery (Francis of Assisi)
by Richard Bruxvoort Colligan ©2015 Worldmaking.net
www.worldmaking.net

Ooh, the world is my heart.
Ooh, the world is my home.
Ooh, the world is my monastery,
my monastery.

10. May What I Do (Rainer Marie Rilke)
by Richard Bruxvoort Colligan © 2015 Worldmaking.net
www.worldmaking.net

May what I do flow from me like a river.
May what I do flow from me like a river.

11. Revolution of the Heart (Dorothy Day)
by David Ash ©2014 Laura & David Ash
bashopress@aol.com

Refrain

We must bring about a Revolution of the heart.
We must feed not just the body but the soul.
For the Gospel takes away our right to stand apart.
We must stand with all the poor and be made whole.

1. One brick at a time, a pebble in a pond,
Causes ripples spreading everywhere from you.
Each step that we take and each one of our deeds
Gives us hope for all the work that we must do.
2. To love everyone, our enemy and friend,
In an ever widening circle round the earth
To help everyone to feed and clothe themselves
For the poor and destitute all have their worth.
3. And so, we must fight and cry out for the rights
And the dignity of workers we employ.
For true love is full of beauty and of grace,
Understanding and perception full of joy

12. Join in the Joy (Thomas Merton)

by Richard Bruxvoort Colligan ©2015 Worldmaking.net
www.worldmaking.net

Join in the joy of the cosmic dance,
Join in the joy.

La la la la la! La la la la la!
La la la la la la la!

13. Let Our Hearts Overflow (Benedict of Nursia)

by Richard Bruxvoort Colligan ©2015 Worldmaking.net
www.worldmaking.net

Let our hearts overflow,
Let our hearts overflow
with the inexpressible delight of love,
with the inexpressible delight of love.

[Available at CDBaby.com](http://www.CDBaby.com)

Singing with Monks and Mystics - CD
Dancing with Monks and Mystics - DVD

[Available at Ave Maria Press](http://www.AveMariaPress.com)

Illuminating the Way: Embracing the Wisdom of Monks and Mystics - Book
by Christine Valters Paintner