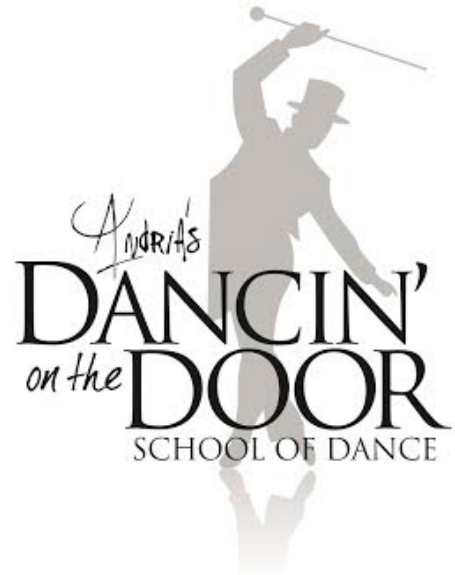


Adult Summer Program Guide



Welcome to Dancin' on The Door!

Our Summer Session begins Monday, June 4, 2018 and runs for 10 weeks, ending Saturday, August 11, 2018. Registration is now open and students may register in house or online. Drop-ins are welcome!

If you are looking for our Youth Dance Program, please return to the registration page, there you will find our Youth Dance Summer Program Guide tab. Please call 920-868-5089 with any questions.

This program guide includes:

- Studio Policies and Information
- Class Times and Schedules
- Payment Options, Registration Form, and Medical and Photography Waiver

I am very excited for the opportunity to see you, meet you, teach and once again share in my joy and love of dance and movement!!! Celebrating everyday with movement!!!

Thank You, Andria

Andria Nikoupolis-Weliky
Owner and Director of
Andria's Dancin' On The Door School of Dance LLC
4614 Harbor School Road P.O. Box 352
Egg Harbor, WI 54209
(920) 868-5089

Studio Policies and Information

Class Registration: In house, mail in or online, registration and tuition billing is available via Studio Director on our website <http://dancinonthedoor.com/registration/> or call the studio at 920-868-5089.

Dancin' On The Door mailing address:

P.O. Box 352 Egg Harbor, WI 54209

Online Registration and Account Management:

Studio Director is our online registration venue. You can register on-line by clicking on the **Registration Page**, then scroll down to **Register Now**. This will redirect you to Studio Director where you will need to set up an account and complete your registration process. This will also allow you to manage your established account.

Tuition: You may register in house or online. **There are no refunds or adjustments for missed classes or dropping during the session.** Visa and MasterCard are accepted. Online bill pay is available via Studio Director.

Class and Studio Etiquette: Basic class etiquette and manners allow students and teachers to be most productive, safe and have an enjoyable learning experience.

- Have prompt attendance and be ready at scheduled class times.
- Show courtesy and respect to your teachers, classmates and studio patrons and keep voices low in the lobby.
- Proper shoes and attire are required.
- No street shoes, food or drinks in the dance rooms, water bottles acceptable and encouraged!
- Cell phones silenced in the dance rooms.
- Keep an open mind and a positive attitude!

Closings and Cancellations: Holiday Breaks will follow the Gibraltar Area Schools calendar. If the Door County Public Schools are cancelled or dismissed early for weather conditions, classes will also be cancelled. If inclement weather develops later in the day, please don't hesitate to call the studio, 920-868-5089. If classes are canceled, students will be notified via email.

Ballet I

Enjoy the beauty and grace of a ballet class! This class includes the fundamental principles of Ballet, basic positions, vocabulary, barre progressions, and center floor movements. This class will break down the steps and provide students with exercises that build strength, maintain balance, and provide a foundation that can be applied to all dance styles. (Private lesson only, schedule yours today!)

Ballroom Dance Sampler

This class is offered to individuals or couples as a private lesson only. Rumba, Waltz, and Swing are introduced in this sampler lesson. Learn the basics of social dancing for that upcoming wedding or just for a fun date night activity! (Private lesson only, schedule yours today!)

Barre

Inspired by ballet and Pilates, Barre Class combines exercises that focus on isometric strength training with high reps and small range-of-motion movements. Movements and postures involve the ballet barre for stability and balance as well as the mat for targeted core work on the floor. Offered on Thursday mornings, Barre is an inspiring workout, guaranteed to transform and sculpt your entire body.
(60 minutes, 10-week session)

Hip Hop

Hip Hop is a high-energy class that infuses the latest styles of street dancing, breaking, popping, locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Fun, funky and so fresh!
(Offered as a workshop by request.)

Lyrical/Jazz

Graceful, creative, and fluid, lyrical dance blends the concepts of ballet and jazz into this theatrical, stylized and expressive dance form conveying the emotions of the music. Offered on Wednesday evenings, this class will take you through warm-up, across the floor progressions and choreography!
(75 minutes, 10-week session)

Middle Eastern/Belly Dance

Embrace the artistic beauty and expression of this ancient dance form while learning its principal movements and traditional styles. This class incorporates all the key fundamental isolations, building blocks for layering movements, combined with traveling steps and choreography. (Private lesson only, schedule yours today!)

Door County Paint-n-Sip "Paint & Sip On The Door"

Led by local artist, Jennifer Aldrich, Paint and Sip is offered regularly on Saturday evenings. You may also book a class by appointment. Never painted before? No worries, Jennifer will take you step by step to create and finish an acrylic painting in 2 hours! All materials are provided! Must be 21 and older, BYOB. This "Paintertainment" gathering is a great way to enjoy the night out with friends, date night, or team building. Inspire, laugh and create! We have several events running this summer at the studio, on Washington Island and elsewhere on the Door Peninsula! Call, email or Facebook message us to sign up for one of our events or schedule one for your group today! (120 minutes)

East Coast Swing Intro Series #1

Sometimes called Jitterbug or simply Swing, this is the easiest of swing dances to learn. It's one of the most commonly known dances in America. Fun and energetic, Swing has been around since the 1920's and has evolved with each decades popular music from Big Band, Rock n Roll, and blues. In this class students will learn the fundamentals, basic steps, posture and frame, and how to connect a variety of steps together. This versatile couples dance is offered in a four class series, Tuesday Evenings June 12, 19, 26, & July 3 (90 minutes, 4-week session)

East Coast Swing Series #2

We are excited to welcome back professional dance instructor, Kevin Delcarson! East Coast Swing originates from the 1920's & 30's and can be danced to a variety of music from different genres including Jazz, Big Band, Oldies, and Rock & Roll. This low-impact aerobic activity helps increase flexibility, strength, and balance as well as being a great exercise for the brain. Lessons will run 60 minutes with an additional half hour of open dancing, July 10 through August 2 with beginner level held on Tuesday Evenings and continuing level held on Thursday evenings. (90 minutes, 4-week series)

Tap I and II

Tap skills are taught using a level building syllabus, great for sharpness of mind, balance and strength, all while having a blast. Tap is offered on Tuesday mornings for continuing level II and Tuesday afternoons for beginners, level I. Warm up, drills, and choreography, such a great way to exercise!

(75 minutes, 10-week session)

Chair Yoga

Chair Yoga is a practice using a chair for seated poses, and the chair as a balance point for standing poses. This class is perfect for those who are unable to get up and down off the floor comfortably, nursing an injury or for anyone who likes a gentle yoga class. Taught by Mary C. Weber and offered on Tuesday mornings.

(60 minutes, starting June 19 and running through August 7.)

Yoga/Vinyasa Slow Flow

Light and creative with a more gentler approach, postures are held for a little longer periods and transitions between poses are slowed down. The more gentle nature of this class is great for beginners, but is wonderful for intermediate and advanced students who feel like slowing it down and sinking deeper into their practice. This class is led by Mary C. Weber and meets on Monday mornings.

(60 minutes, starting June 18 and running through August 6)

Zumba

Zumba is a high-energy fun-filled fitness movement class with a Latin dance focus. Students are encouraged to move at their own pace and abilities. This class is offered on Wednesday mornings on the deck at the Kress Pavillion, Egg Harbor. Make it your own!

(60 minutes, 10-week session)

Recommended styles for class shoes and apparel will be available for sale or order through the studio store.

Class Schedule

Day/Time	Class	Instructor
Monday		
10:00-11:00am	*(60 min) Yoga/Vinyasa Slow Flow (starting June 18)	Mary
Tuesday		
11:00am-12:15pm	(75 min) Ballet I (starting June 26)	Andria
11:30am-12:30pm	*(60 min) Chair Yoga (starting June 19)	Mary
1:00pm-2:15pm	(75 min) Tap I	Andria
6:30pm-8:00pm	(90 min) East Coast Swing Intro Series 6/12, 6/19, 6/26, 7/3	Andria
7:00pm-8:30pm	(90 min) East Coast Swing Series, Beginner Level 7/10, 7/17, 7/24, 7/31	Kevin
Wednesday		
9:00-10:00am	*(60 min) Zumba (At The Kress)	Andria
Thursday		
9:00-10:00am	*(60 min) Barre	Willa
7:00pm-8:30pm	(90 min) East Coast Swing Series, Continuing Level 7/12, 7/19, 7/26, 8/2	Kevin
Friday		
9:30-10:30am	(60 min) Qigong	Jen
Saturday		
7:00-9:00pm	(120 min) Paint & Sip	Jen

Note: Classes are subject to change. Please check before coming to class.

Classes marked with (*) are available by Class Card.

Tuition & Fees

Registration is now open! Students are welcome to join partial sessions or once the session is already in progress. Classes will be prorated.

Dance Classes: Jazz/Lyrical, Tap

(60-75 minutes / 10 weeks)

Registration Fee	\$150.00 (15)
One Class Pass/Drop-In on any of the above 75-minute dance class	\$18.00

Note: There is a three person minimum for dance classes to run. If the minimum is not met classes may still be offered at the private lesson rate.

Fitness Classes: Barre Class, Chair Yoga, Yoga/ Vinyasa Slow Flow, Zumba

(60 minutes / 10 weeks)

Fitness classes are available by Class Cards and can be used toward any fitness class, any time!
Expires after 60 days from date of purchase and are available as a pack of 5 or 10

5 Pack	\$60.00 (12)
10 Pack	\$100.00 (10)
One Class Pass/Drop-In on any 60 minute fitness class	\$15.00

Swing Series

(90 minutes / 4 weeks)

Registration Fee	\$40.00 per person or \$80.00 per couple
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Note: There is a three couple minimum for this series to run at the above 4 week rate. If the minimum is not met, classes will be offered at the private lesson rate (see below).

Paint & Sip	\$35.00 per class
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Private Lessons (per person or per couple)

(30 minute) (1-6 persons)	\$30.00
(60 minute) (1-6 persons)	\$60.00
(add \$10. per person for 7+ attendies)	

Any of our classes can be offered as a private lesson. Book yours today!

Registration Form



Register Online or Please Detach & Return the Registration Form to the Studio.

StudentName _____ Last _____ DOB ____ / ____ / ____
StreetAddress _____ City/State _____ ZipCode _____
Home phone _____ CellPhone _____
EmailAddress _____
Can we add you to our mailing list? Yes No New student? Yes No
DanceExperience _____
How did you hear about us? _____

Please list your class selection(s) and tuition rate below:

Class (Description & Day) _____ Class Time _____ Tuition Rate _____
Class (Description & Day) _____ Class Time _____ Tuition Rate _____
Class (Description & Day) _____ Class Time _____ Tuition Rate _____

I (we) have read and understand the attached studio policies and information.

Signature: _____ Date: _____

MEDICAL AUTHORIZATION, RISK NOTIFICATION, LIABILITY WAIVER AND PHOTOGRAPH POLICY

Emergency Contact: _____ Home#: _____
Mobile #: _____ Work #: _____ Family Physician/Clinic _____

Allergy to Medication? Any health problems that may interfere with dance? _____

I understand that because physical fitness and dance involves motion, there is a risk of injury. I and my heirs hereby release Dancin' On The Door LLC and its employees, instructors, and owners from any liability for damages and/or injury or medical expenses which might occur as a result of my participation. Andria's D.O.D. School of Dance LLC may use photos and other media of participants for promotional purposes. By registering for one of our programs, you have granted permission to use your photograph for promotional purposes unless otherwise noted.

Signature _____ Date _____

OFFICE USE	Date received _____	Amount Paid _____
Check # _____	Cash / Card	
Card Number _____	Exp. Date _____	Code _____ Entered <input type="checkbox"/>