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Ways to Help Students Learn at Home

How can I help my child learn at home?

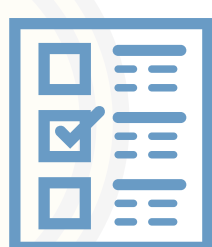
Focus on structuring the day to include opportunities for your child to engage in learning behaviors. These include: watching, listening, doing, exploring, questioning, conversing, and playing.

01. Stick to existing routines.



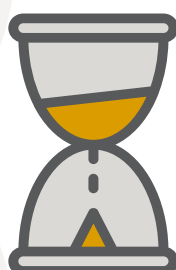
Keep the regular schedule for getting up, eating breakfast, and getting ready for "school". These routines help children form valuable habits that will serve them well over time. It also helps differentiate time "out of school" from "vacation".

02. Create a daily agenda.



This process helps teach time management skills and enables your child to break up the time from 7:30 am to 3:30 pm into manageable units. It also helps clarify the amount of time they will engage in specific activities.

03. Take breaks throughout the day.



Consider scheduling a morning break at 10:00 am, lunch at 12:00 pm, and afternoon break at 2:00 pm. These breaks provide you with an opportunity to see how your child is feeling, address questions, and engage them in conversation about what they are learning.

04. Track progress.



Keep a chart that allows your child to report on his/her progress. Students may find it rewarding and motivating to see what they accomplished at the end of each day and each week. Be sure to celebrate their progress, improvement and effort.

05. Help make connections.



Engage your child in conversations about what they learned and how it connects to real life. Learner motivation and engagement tends to increase when students feel assignments are relevant and applicable to the real world.