

Western Cape Masters Short Course Gala

Durbanville, 25th August 2019

Results

Event 1 Women 30-34 400 SC Meter IM

SA Record: 5:32.60 S 8-2000 Rachelle Isakov
 WP Record: 5:37.41 p 8-2018 Tarryn Stanford
 5:17.43 30-34 SAQ
 5:41.84 30-34 WPQ

1 Stanford, Tarryn 33 CPTW-WP 5:33.48 p WPQ

Event 1 Women 40-44 400 SC Meter IM

SA Record: 5:40.55 S 10-2004 Cecilia Stanford
 WP Record: 5:40.55 p 10-2004 Cecilia Stanford
 5:32.79 40-44 SAQ
 5:56.09 40-44 WPQ

1 Nurse, Kathryn 40 CPTW-WP 6:03.37

Event 2 Women 45-49 50 SC Meter Butterfly

SA Record: 29.37 S 4-2011 Edith Ottermann
 WP Record: 29.37 p 4-2011 Edith Ottermann
 30.55 45-49 SAQ
 32.80 45-49 WPQ

1 Engela, Norelle 47 CPTW-WP 33.37

Event 2 Men 19-24 50 SC Meter Butterfly

SA Record: 26.88 S 10-2011 C. Langenhoven
 WP Record: 28.64 p 8-2015 Christiaan Oosthuizen
 24.74 19-24 SAQ
 26.57 19-24 WPQ

1 Rossouw, Francois 23 UNAT 26.27
 2 Manchest, Avron 24 UNAT 28.90
 3 Solomons, Derick 21 UNAT 32.33
 4 Duncan, Matthew 22 UNAT 41.90

Event 2 Men 25-29 50 SC Meter Butterfly

SA Record: 26.64 S 9-2018 J Opperman
 WP Record: 26.59 p 9-2018 J Opperman
 24.74 25-29 SAQ
 26.57 25-29 WPQ

1 Opperman, Johannes Naude 26 CPTW-WP 29.23

Event 2 Men 30-34 50 SC Meter Butterfly

SA Record: 27.24 S 4-2004 David Hadenham
 WP Record: 26.66 p Nigel Cones
 25.06 30-34 SAQ
 26.87 30-34 WPQ

1 Van Zyl, Frikkie 32 QSAM-WP 29.83

Event 2 Men 50-54 50 SC Meter Butterfly

SA Record: 27.93 S 7-2019 Robbie Taylor
 WP Record: 27.93 p 7-2019 Robbie Taylor
 27.31 50-54 SAQ
 29.61 50-54 WPQ

1 Luke, Eddy 54 CPTW-WP 34.01

Event 2 Men 60-64 50 SC Meter Butterfly

SA Record: 30.41 S 9-2009 Halton Cheadle
 WP Record: 30.41 p 9-2010 Halton Cheadle
 29.65 60-64 SAQ
 31.83 60-64 WPQ

1 Hendricks, Nigel 61 CPTW-WP 34.15
 2 Platte, Gary 63 WINE-WP 55.04

Event 3 Women 30-34 100 SC Meter Backstroke

SA Record: 1:10.58 S 10-2016 Tarryn Stanford
 WP Record: 1:10.58 p 10-2016 Tarryn Stanford
 1:06.65 30-34 SAQ
 1:12.72 30-34 WPQ

1 Stanford, Tarryn 33 CPTW-WP 1:15.21

Event 3 Women 40-44 100 SC Meter Backstroke

SA Record: 1:10.83 S 11-2004 Bev McCarney
 WP Record: 1:11.62 p 10-2018 Perry Cadiz
 1:10.06 40-44 SAQ
 1:14.96 40-44 WPQ

1 van Breda, Bridget 44 CPTW-WP 1:15.69

Event 3 Women 45-49 100 SC Meter Backstroke

SA Record: 1:13.16 S 7-2006 Cecilia Stanford
 WP Record: 1:13.16 p 7-2006 Cecilia Stanford
 1:10.10 45-49 SAQ
 1:15.01 45-49 WPQ

1 Engela, Norelle 47 CPTW-WP 1:17.25
 2 Mallows, Bev 49 DOLP-WP 1:34.53

Event 3 Women 55-59 100 SC Meter Backstroke

SA Record: 1:17.84 S 10-2016 Cecilia Stanford
 WP Record: 1:17.84 p 7-2016 Cecilia Stanford
 1:17.08 55-59 SAQ
 1:24.66 55-59 WPQ

1 Stanford, Cecilia 58 CPTW-WP 1:19.73 WPQ

Event 3 Women 60-64 100 SC Meter Backstroke

SA Record: 1:16.57 S 10-2016 Di Coetzee
 WP Record: 1:16.57 p 10-2016 Di Coetzee
 1:22.37 60-64 SAQ
 1:30.91 60-64 WPQ

1 Coetzee, Diane 64 CPTW-WP 1:21.37 SAQ

Event 3 Women 75-79 100 SC Meter Backstroke

SA Record: 1:57.66 S 6-2015 Sue Leuner
 WP Record: 2:29.10 p 7-2018 Tricia Rix
 1:47.87 75-79 SAQ
 1:56.26 75-79 WPQ

1 Zundorf, Lenchen 75 CPTW-WP 1:55.21 S p WPQ

Event 3 Men 19-24 100 SC Meter Backstroke

SA Record: 1:00.40 S 8-2001 S. Malan
 WP Record: 1:09.29 p 9-2007 Shirwyn Weber
 56.96 19-24 SAQ
 1:00.95 19-24 WPQ

1 van Niekerk, Camerine 22 UNAT 1:26.23

Event 3 Men 35-39 100 SC Meter Backstroke

SA Record: 1:00.03 S 5-2012 Simon Thirsk
 WP Record: 1:03.90 p 9-2014 David Nel
 58.93 35-39 SAQ
 1:03.24 35-39 WPQ

1 Lalin, Luke 36 CPTW-WP 1:05.36

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Event 3 Men 45-49 100 SC Meter Backstroke

SA Record: 1:06.04 S 6-2014 H. Ruck
 WP Record: 1:08.09 p 10-2004 Peter Storzner
 1:01.58 45-49 SAQ
 1:05.89 45-49 WPQ

1 Chamberlin, Mark 45 CPTW-WP 1:13.11

Event 3 Men 50-54 100 SC Meter Backstroke

SA Record: 1:05.80 S 10-2016 H Ruck
 WP Record: 1:06.56 p 6-2003 Tim Shead
 1:01.95 50-54 SAQ
 1:08.60 50-54 WPQ

1 McLeRoth, Greg 52 CPTW-WP 1:08.35 WPQ

Event 3 Men 65-69 100 SC Meter Backstroke

SA Record: 1:11.45 S 3-2017 Tim Shead
 WP Record: 1:11.45 p 3-2017 Tim Shead
 1:16.69 65-69 SAQ
 1:22.78 65-69 WPQ

1 Howieson, Doug 67 CPTW-WP 1:32.06

Event 4 Women 40-44 100 SC Meter Breaststroke

SA Record: 1:15.66 S 10-2008 Heather Morris-Eyton
 WP Record: 1:23.60 p 11-2018 Bridget v Breda
 1:17.84 40-44 SAQ
 1:23.71 40-44 WPQ

1 Nurse, Kathryn 40 CPTW-WP 1:26.17

Event 4 Men 60-64 100 SC Meter Breaststroke

SA Record: 1:12.89 S 12-2016 Tim Shead
 WP Record: 1:12.89 p 12-2016 Tim Shead
 1:17.74 60-64 SAQ
 1:23.91 60-64 WPQ

1 Platte, Gary 63 WINE-WP 2:10.69

Event 5 Women 30-34 50 SC Meter Freestyle

SA Record: 27.63 S 11-2012 A. Landau
 WP Record: 28.09 p 7-2017 Lezandre Wolmarans
 26.88 30-34 SAQ
 28.83 30-34 WPQ

1 Stanford, Tarryn 33 CPTW-WP 30.90

Event 5 Women 45-49 50 SC Meter Freestyle

SA Record: 26.59 S 4-2011 Edith Ottermann
 WP Record: 26.59 p 4-2011 Edith Ottermann
 27.96 45-49 SAQ
 29.91 45-49 WPQ

1 Engela, Norelle 47 CPTW-WP 30.82

Event 5 Women 60-64 50 SC Meter Freestyle

SA Record: 31.03 S 4-2011 Sanderina Kruger
 WP Record: 31.03 p 4-2011 Sanderina Kruger
 31.53 60-64 SAQ
 34.28 60-64 WPQ

1 Coetzee, Diane 64 CPTW-WP 33.38 WPQ

Event 5 Men 19-24 50 SC Meter Freestyle

SA Record: 24.93 S 8-2013 J. Nicklin
 WP Record: 25.22 p 9-2002 Marc Moore
 23.02 19-24 SAQ
 24.63 19-24 WPQ

1 Rossouw, Francois 23 UNAT 24.86

2 Manchest, Avron 24 UNAT 26.47

3 Solomons, Derick 21 UNAT 33.65

4 Duncan, Matthew 22 UNAT 33.85

5 Nichols, Ridewaan 21 UNAT 34.55

Event 5 Men 25-29 50 SC Meter Freestyle

SA Record: 23.61 S 10-2011 Chris King
 WP Record: 23.61 p 10-2011 Chris King
 23.02 25-29 SAQ
 24.63 25-29 WPQ

1 Opperman, Johannes Naude 26 CPTW-WP 27.21

Event 5 Men 45-49 50 SC Meter Freestyle

SA Record: 24.90 S 10-2011 Brian Tatterson
 WP Record: 25.64 p 4-2012 Harald Kruger
 24.32 45-49 SAQ
 26.23 45-49 WPQ

1 Chamberlin, Mark 45 CPTW-WP 29.25

2 Frappier, Ulrich 47 DOLP-WP 35.47

Event 5 Men 50-54 50 SC Meter Freestyle

SA Record: 24.40 S 4-2016 Calvin Maughin
 WP Record: 24.40 p 4-2016 Calvin Maughan
 25.18 50-54 SAQ
 27.22 50-54 WPQ

1 Luke, Eddy 54 CPTW-WP 32.42

Event 5 Men 55-59 50 SC Meter Freestyle

SA Record: 26.19 S 7-2012 Andre Steynberg
 WP Record: 26.88 p 7-2009 Tim Shead
 26.16 55-59 SAQ
 28.15 55-59 WPQ

1 Olivier, Marais 56 CPTW-WP 37.59

Event 5 Men 60-64 50 SC Meter Freestyle

SA Record: 27.63 S 5-2009 Terry Downes
 WP Record: 28.21 p 4-2017 Andre Roothman
 27.03 60-64 SAQ
 28.92 60-64 WPQ

1 Hendricks, Nigel 61 CPTW-WP 30.46

Event 5 Men 65-69 50 SC Meter Freestyle

SA Record: 29.22 S 6-2014 Terry Downes
 WP Record: 29.86 p 7-2019 Izak Spies
 28.47 65-69 SAQ
 30.50 65-69 WPQ

1 Howieson, Doug 67 CPTW-WP 36.48

Event 5 Men 70-74 50 SC Meter Freestyle

SA Record: 31.46 S 4-2017 Doug Wilson
 WP Record: 31.46 p 4-2017 Doug Wilson
 30.00 70-74 SAQ
 32.22 70-74 WPQ

1 Swartz, Robert 72 UNAT 53.47

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Event 6 Women 40-44 100 SC Meter IM

SA Record: 1:12.92 S 7-2008 Amanda Picard

WP Record: 1:12.92 p 7-2008 Amanda Picard

1:09.48 40-44 SAQ

1:14.34 40-44 WPQ

1 van Breda, Bridget 44 CPTW-WP 1:15.01

Event 6 Women 45-49 100 SC Meter IM

SA Record: 1:13.38 S 10-2006 Cecilia Stanford

WP Record: 1:13.38 p 10-2006 Cecilia Stanford

1:10.52 45-49 SAQ

1:16.58 45-49 WPQ

1 Mallows, Bev 49 DOLP-WP 1:34.17

Event 6 Women 55-59 100 SC Meter IM

SA Record: 1:16.82 S 4-2016 Cecilia Stanford

WP Record: 1:16.82 p 4-2016 Cecilia Stanford

1:16.22 55-59 SAQ

1:23.91 55-59 WPQ

1 Stanford, Cecilia 58 CPTW-WP 1:20.98 WPQ

Event 6 Women 60-64 100 SC Meter IM

SA Record: 1:24.06 S 10-2016 Di Coetzee

WP Record: 1:24.06 p 10-2016 Di Coetzee

1:21.38 60-64 SAQ

1:30.73 60-64 WPQ

1 Coetzee, Diane 64 CPTW-WP 1:23.37 S p WPQ

Event 6 Men 19-24 100 SC Meter IM

SA Record: 1:01.84 S 9-2012 B Lockett

WP Record: 1:05.23 p 10-2011 Taariq Hassiem

57.60 19-24 SAQ

1:02.08 19-24 WPQ

1 van Niekerk, Camerine 22 UNAT 1:20.02

2 Duncan, Matthew 22 UNAT 1:27.41

Event 6 Men 45-49 100 SC Meter IM

SA Record: 1:05.06 S 9-2005 Gregg Price

WP Record: 1:05.62 p 10-2010 Johan vd Merwe

1:01.77 45-49 SAQ

1:06.09 45-49 WPQ

1 Chamberlin, Mark 45 CPTW-WP 1:13.97

2 Frappier, Ulrich 47 DOLP-WP 1:41.50

Event 6 Men 50-54 100 SC Meter IM

SA Record: 1:03.54 S 3-2002 Tim Shead

WP Record: 1:03.54 p 3-2002 Tim Shead

1:03.63 50-54 SAQ

1:09.37 50-54 WPQ

1 McLeRoth, Greg 52 CPTW-WP 1:10.83

2 Luke, Eddy 54 CPTW-WP 1:23.59

Event 6 Men 60-64 100 SC Meter IM

SA Record: 1:06.63 S 4-2016 Tim Shead

WP Record: 1:06.63 p 4-2016 Tim Shead

1:10.38 60-64 SAQ

1:16.36 60-64 WPQ

1 Hendricks, Nigel 61 CPTW-WP 1:22.23

2 Platte, Gary 63 WINE-WP 1:58.97

Event 8 Women 40-44 100 SC Meter Butterfly

SA Record: 1:10.68 S 11-2004 Cecilia Stanford

WP Record: 1:10.68 p 11-2004 Cecilia Stanford

1:08.04 40-44 SAQ

1:13.25 40-44 WPQ

1 Nurse, Kathryn 40 CPTW-WP 1:12.25 WPQ

Event 8 Men 19-24 100 SC Meter Butterfly

SA Record: 1:00.54 S 10-2010 Tyrone Venter

WP Record: 1:03.68 p 8-2008 Paul Brewis

55.75 19-24 SAQ

59.89 19-24 WPQ

1 Manchest, Avron 24 UNAT 1:09.04

Event 9 Women 30-34 50 SC Meter Backstroke

SA Record: 33.18 S 8-2018 C Strydom

WP Record: 33.26 p 10-2018 Tarryn Stanford

30.69 30-34 SAQ

33.58 30-34 WPQ

1 Stanford, Tarryn 33 CPTW-WP 35.91

Event 9 Women 40-44 50 SC Meter Backstroke

SA Record: 32.78 S 11-2004 Bev McCarney

WP Record: 33.33 p 9-2017 Perry Cadiz

32.20 40-44 SAQ

34.45 40-44 WPQ

1 Cadiz, Perry 43 CPTW-WP 33.15 p WPQ

2 van Breda, Bridget 44 CPTW-WP 36.23

Event 9 Women 45-49 50 SC Meter Backstroke

SA Record: 34.48 S 4-2018 Norelle Engela

WP Record: 34.48 p 4-2018 Norelle Engela

32.44 45-49 SAQ

35.03 45-49 WPQ

1 Engela, Norelle 47 CPTW-WP 34.72 WPQ

2 Mallows, Bev 49 DOLP-WP 42.88

Event 9 Women 55-59 50 SC Meter Backstroke

SA Record: 35.50 S 10-2013 Di Coetzee

WP Record: 35.50 p 10-2013 Di Coetzee

35.52 55-59 SAQ

38.15 55-59 WPQ

1 Stanford, Cecilia 58 CPTW-WP 37.53 WPQ

Event 9 Women 60-64 50 SC Meter Backstroke

SA Record: 35.60 S 4-2015 Di Coetzee

WP Record: 35.60 p 4-2015 Di Coetzee

37.55 60-64 SAQ

40.86 60-64 WPQ

1 Coetzee, Diane 64 CPTW-WP 38.07 WPQ

Event 9 Women 75-79 50 SC Meter Backstroke

SA Record: 49.85 S 3-2019 W Kokott

WP Record: 1:09.38 p 8-2018 Tricia Rix

48.14 75-79 SAQ

52.43 75-79 WPQ

1 Zundorf, Lenchen 75 CPTW-WP 51.40 p WPQ

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Event 9 Men 19-24 50 SC Meter Backstroke

SA Record: 28.75 S 8-2001 S. Malan
 WP Record: 34.59 p 8-2003 Daniel Berk
 25.98 19-24 SAQ
 28.12 19-24 WPQ

1 van Niekerk, Camerine 22 UNAT 40.66
 2 Solomons, Derick 21 UNAT 45.48

Event 9 Men 25-29 50 SC Meter Backstroke

SA Record: 27.01 S 10-2011 Chris King
 WP Record: 27.01 p 10-2011 Chris King
 25.98 25-29 SAQ
 28.12 25-29 WPQ

1 Opperman, Johannes Naude 26 CPTW-WP 28.91

Event 9 Men 45-49 50 SC Meter Backstroke

SA Record: 28.39 S 10-2015 G. Kahn
 WP Record: 31.16 p Pieter Cilliers
 28.58 45-49 SAQ
 30.58 45-49 WPQ

1 Chamberlin, Mark 45 CPTW-WP 36.52

Event 9 Men 60-64 50 SC Meter Backstroke

SA Record: 33.47 S 10-2016 Tim Shead
 WP Record: 33.47 p 10-2016 Tim Shead
 32.33 60-64 SAQ
 35.17 60-64 WPQ

1 Platte, Gary 63 WINE-WP 59.06

Event 9 Men 65-69 50 SC Meter Backstroke

SA Record: 36.90 S 1-2011 B Stewart
 WP Record: 36.96 p 4-2012 Doug Wilson
 34.04 65-69 SAQ
 37.46 65-69 WPQ

1 Howieson, Doug 67 CPTW-WP 42.34

Event 10 Women 40-44 50 SC Meter Breaststroke

SA Record: 34.38 S 10-2009 Heather Morris-Eyton
 WP Record: 38.00 p 10-2015 Mia Russell
 35.44 40-44 SAQ
 37.92 40-44 WPQ

1 Nurse, Kathryn 40 CPTW-WP 38.41

Event 10 Men 19-24 50 SC Meter Breaststroke

SA Record: 31.26 S 10-2008 R. van Rooijen
 WP Record: 32.26 p 10-2011 Taariq Hassiem
 28.72 19-24 SAQ
 30.97 19-24 WPQ

1 Solomons, Derick 21 UNAT 46.11
 2 Nichols, Ridwaan 21 UNAT 48.09
 3 Duncan, Matthew 22 UNAT 48.30

Event 10 Men 25-29 50 SC Meter Breaststroke

SA Record: 30.25 S 2-2007 B. Toerien
 WP Record: 30.56 p 7-2008 Grant Galant
 28.72 25-29 SAQ
 30.97 25-29 WPQ

1 Opperman, Johannes Naude 26 CPTW-WP 43.49

Event 10 Men 30-34 50 SC Meter Breaststroke

SA Record: 30.61 S 12-2002 Kenneth Cawood
 WP Record: 30.86 p 12-2017 Jacques Joubert
 28.89 30-34 SAQ
 30.91 30-34 WPQ

1 Van Zyl, Frikkie 32 QSAM-WP 35.78

Event 10 Men 55-59 50 SC Meter Breaststroke

SA Record: 32.36 S 10-2009 Tim Shead
 WP Record: 32.69 p 4-2008 Tim Shead
 32.76 55-59 SAQ
 35.79 55-59 WPQ

1 Olivier, Marais 56 CPTW-WP 46.52

Event 10 Men 60-64 50 SC Meter Breaststroke

SA Record: 33.37 S 4-2016 Tim Shead
 WP Record: 33.37 p 4-2016 Tim Shead
 34.59 60-64 SAQ
 37.01 60-64 WPQ

1 Hendricks, Nigel 61 CPTW-WP 43.59

Event 10 Men 70-74 50 SC Meter Breaststroke

SA Record: 41.25 S 9-2017 Francois Du Toit
 WP Record: 41.25 p 9-2017 Francois Du Toit
 38.66 70-74 SAQ
 42.13 70-74 WPQ

1 DU Toit, Francois 72 CPTW-WP 53.09
 2 Swartz, Robert 72 UNAT 54.39

Event 11 Women 30-34 100 SC Meter Freestyle

SA Record: 1:00.46 S 7-2017 Lezandre Wolmarans
 WP Record: 1:00.46 p 7-2017 Lezandre Wolmarans
 58.94 30-34 SAQ
 1:03.12 30-34 WPQ

1 Stanford, Tarryn 33 CPTW-WP 1:07.97

Event 11 Women 40-44 100 SC Meter Freestyle

SA Record: 1:02.55 S 11-2004 Bev McCarney
 WP Record: 1:02.86 p 7-2017 Perry Cadiz
 1:00.81 40-44 SAQ
 1:05.07 40-44 WPQ

1 Cadiz, Perry 43 CPTW-WP 1:04.14 WPQ
 2 Nurse, Kathryn 40 CPTW-WP 1:09.12

Event 11 Women 45-49 100 SC Meter Freestyle

SA Record: 1:04.22 S 1-2012 W. v Niekerk
 WP Record: 1:03.17 p 7-2014
 1:01.67 45-49 SAQ
 1:06.06 45-49 WPQ

1 Engela, Norelle 47 CPTW-WP 1:09.70
 2 Mallows, Bev 49 DOLP-WP 1:24.49

Event 11 Women 55-59 100 SC Meter Freestyle

SA Record: 1:06.69 S 7-2017 Cecilia Stanford
 WP Record: 1:06.69 p 7-2017 Cecilia Stanford
 1:06.13 55-59 SAQ
 1:11.65 55-59 WPQ

1 Stanford, Cecilia 58 CPTW-WP 1:09.77 WPQ

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Event 11 Men 19-24 100 SC Meter Freestyle

SA Record: 54.89 S 10-2013 J. Nicklin

WP Record: 57.38 p 9-2008 Paul Brewis

51.26 19-24 SAQ

55.03 19-24 WPQ

1	Rossouw, Francois	23	UNAT	55.22
2	Manchest, Avron	24	UNAT	1:01.17
3	Duncan, Matthew	22	UNAT	1:11.78
4	Solomons, Derick	21	UNAT	1:20.41
5	Nichols, Ridewaan	21	UNAT	1:20.72

Event 11 Men 45-49 100 SC Meter Freestyle

SA Record: 54.64 S 9-1995 Terry Downes

WP Record: 55.06 p 10-2013 Clavin Maughan

54.45 45-49 SAQ

58.29 45-49 WPQ

1	Merrit, Demtri	49	UNAT	1:11.20
2	Frappier, Ulrich	47	DOLP-WP	1:21.59

Event 11 Men 60-64 100 SC Meter Freestyle

SA Record: 59.74 S 10-2009 Terry Downes

WP Record: 1:03.63 p 7-2017 Paul Stevenson

1:00.94 60-64 SAQ

1:05.21 60-64 WPQ

1	Platte, Gary	63	WINE-WP	1:42.43
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Event 11 Men 65-69 100 SC Meter Freestyle

SA Record: 1:04.54 S 5-2014 Terry Downes

WP Record: 1:06.20 p 7-2019 Izak Spies

1:03.38 65-69 SAQ

1:08.70 65-69 WPQ

1	Howieson, Doug	67	CPTW-WP	1:20.12
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S =SA Masters Record

P = WC Masters Record

SAQ = SAMS Colours Qualifying Time

WPQ = WCM Colours Qualifying Time