

## Palos Verdes Football 2019 Fall Camp Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August 5</b> Sea King Training 10-11:30am  Practice 4-7:00pm	<b>6</b> Practice 8:30-10am  Sea King Training 10-11:00am  Concussion Testing 11:00-3:00pm Practice 4-6:30pm	<b>7</b> Sea King Training 10-11:30am Concussion Testing 11:30-2:30pm  <b>Pictures 3:00</b>  Practice following pictures until 7:30pm	<b>8</b> Practice 8:30-10am  Sea King Training 10-11:00am  Practice 4-6:30pm	<b>9</b> Sea King Training 10-11:30am  Practice 4-7:00pm  <b>Parent Social</b>	<b>10</b> Practice 9-10:30am
<b>12</b> Practice 8:30-10am  Sea King Training 10-11:00am  Practice 4-6:30pm	<b>13</b> Sea King Training 10-11:30am  Practice 4-7:00pm	<b>14</b> Practice 8:30-10am  Sea King Training 10-11:00am  Practice 4-6:30pm	<b>15</b> Sea King Training 10-11:30am  Practice 4-7:00pm	<b>16</b> <b>Scrimmage at            Tustin High            School            Leave school at            1:30pm            JV 4:00pm            Varsity after</b>	<b>17</b> Film 9:00am followed by TEAM Outing.
<b>19</b> Sea King Training 2:00-3:00pm  Practice 4-6:30pm	<b>20</b> Sea King Training 2:00-3:00pm  Practice 4-6:30pm	<b>21</b> Sea King Training 2:00-3:00pm  Practice 4-6:30pm	<b>22</b>  Film 3:00pm Practice 4-6:00pm Team Meal  <b>Frosh Game 1 at            Mission Hills 4pm</b>	<b>23</b> Team Meal 12pm  <b>Varsity Game 1            Home vs. Mission            Hills 3:00pm</b>	<b>24</b> Film 9:00am
<b>26</b> Lift 2:00pm  Practice 4:00pm	<b>27</b> Lift 2:00pm  Practice 4:00pm	<b>28</b> <b>1<sup>st</sup> Day of School            Minimum Day</b> Practice 4:00pm	<b>29</b> A-Day  Practice 3:00pm Team Meal <b>JV Game 1 Home            vs. Moorpark            3:00pm</b>  <b>Frosh Game 2 at            Moorpark            5:00pm</b>	<b>30</b> B-Day  <b>Varsity Game 2            at Moorpark 7pm</b>	<b>31</b> Film 9:00am

**ALL Levels WILL PRACTICE ON LABOR DAY, Monday September 2<sup>nd</sup>, TBA.**

**Note:** Sea King Training from 8/5-8/21 is open to ALL Sea King Athletes.