

## **NEBOSH National General Certificate in Occupational Health & Safety**

### **10 DAYS (PLUS 2 DAYS FOR EXAMS AND PRACTICAL)**

#### **Who should attend?**

Managers, engineers and supervisors who are involved with the control of health and safety issues. It will also be invaluable to plant managers, support staff and safety practitioners working in low-risk environments.

#### **Objectives**

The 10 day course will enable participants to:

- Identify hazards and unsafe practices
- Advice on, or take appropriate remedial action to reduce, the risks in the working environment
- Use proactive strategies to prevent accidents and control risk
- Identify the main requirements of health and safety legislation
- Select appropriate safety monitoring techniques

#### **Overview**

A 10-day course leading to a nationally recognised qualification in Occupational Safety and Health.

The course is split into 3 units:

NGC1: The Management of Safety & Health

NGC2: Controlling Workplace Hazards

NGC3: Practical/Inspection



## Course Programme

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### Unit NGC1: *The Management of Safety & Health*

- Element 1: Foundations in health & safety
- Element 2: H&S Management Systems - Policy
- Element 3: H&S Management Systems - Organising
- Element 4: H&S Management Systems - Planning
- Element 5: H&S Management Systems - Measuring, Reviewing and Audit

### Unit NGC2: *Controlling Workplace Hazards*

- Element 1: Workplace hazards and risk control
- Element 2: Transport hazards and risk control
- Element 3: Musculoskeletal hazards and risk control
- Element 4: Work equipment hazards and risk control
- Element 5: Electrical safety
- Element 6: Fire safety
- Element 7: Chemical and biological health hazards and risk control
- Element 8: Physical and psychological health hazards and risk control

### Unit NGC3: *Practical/Inspection*

The aim of this unit is to assess a candidate's ability to complete successfully two activities:

To carry out, unaided, a safety inspection of a workplace, identifying the more common hazards, deciding whether they are adequately controlled and, where necessary, suggesting appropriate and cost effective control measures.

To prepare a report that persuasively urges management to take appropriate action, explaining why such action is needed (including reference to possible breaches of legislation) and identifying, with due consideration of reasonable practicability, the control measures that should be implemented.

