

Fatherhood Matters

Volume 1, Issue 1

Institute of Community Services, Inc.

Special points of interest:

- Obese Children are most likely to live in homes where the father is absent.
- Children in father absent homes are most likely to be poor.
- Youths who never had a father in the household experiences higher rates of crime and incarceration.

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Why Manners Are Important

Basic rules I learned as a child such as saying “please” and “thank you” or like not calling adults by their first name are no longer part of society’s norms. But children need to be taught to “Mind Your Manners.”

One important reason is **it demonstrates respect**. Showing respect creates a good foundation building relationships in life. Children who don’t

use good manners convey a lack of respect.

It makes children likeable. Children



Manners Matter— Teach children to show respect.

want to be accepted and liked. Using good manners almost always creates a pos-

itive impression and invites people to be polite and respectful in return.

Fathers, we need to become real life role models. Being rude and disrespectful is not acceptable behavior to exhibit in the presence of children. Show respect.

How Fathers Teach Their Children Respect

The concept of respect is one that reflects values and behaviors like courtesy, kindness, calm, politeness, following the Golden Rules, and resisting tendencies to be biased, judg-

mental, or a bully. Teach your children to use good manners in public and private settings. Help them to respect the possessions and privacy of others. Model good behavior. Teach and

model honestly. Respect diversity. Build your child’s self worth.

http://fatherhood.about.com/od/discipliningfor_dads/a/teaching_respect.htm

DON'T MAKE THESE DISCIPLINE MISTAKES

Discipline is one of the toughest challenges parents face. It's easy to make mistakes. Here are some things to avoid:

- **Don't Criticize your Child.** Don't say "you are mean!" Say "What you said to Joey was mean. Please apologize."
- **Don't lose Control.** Wait until you're calm
- **Don't bribe your child.** When you say,

to discipline your child. You'll make better decisions and set a good example.

"If you stop whining, I'll give you a cookie." Your child learns, "Whining gets me what I want."

- **Don't Get into power struggles.** Pick your battles carefully. Don't discipline when it's not necessary. But when discipline is needed, be firm.

The Parent Institute
1998

PROPER DISCIPLINE

The proper discipline of children is one of the most important basics of parenting.

Experts say the secret is to be firm, fair, and consistent.



"When you stop chasing all the wrong things, you give the right things a chance to catch you."
unknown



Every Father Needs to Know and Do These Things

1. Respect Your Children's Mother.
2. Spend Time with Your Children.
3. Earn the Right to Be Heard.
4. Discipline with Love.
5. Be a Teacher.
6. Eat together as a Family.
7. Read to Your Children.
8. Show affection.
9. Realize That a Father's Job Is Never Done.

National Fatherhood Initiative

Daddy's Girl



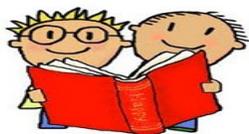
The Confession of a Dad

“I grew up with my father. My mother and father divorced when I was about two or three. My mom ended up dying when I was about six or seven. My father remarried about a year after my mom passed. So I learned watching my father take on responsibility, not only to provide, but also to maintain the house. My father could sew,

cook, do dishes, iron, you know, as well as any woman that I ever seen. We have lots of men, primarily African-American men, who don't have fathers at home, and so they don't see that model. I think it's the culture of the society we live in, too, is not promoting family in the context in which we're talking about. It's promoting a

single lifestyle, alternative lifestyle. I think one of the key things I've learned as a father with my daughter is to admit when I'm wrong and to apologize for hypocrisy.”

Wilburn Carver (Seattle, Washington)



Fathers Can Read with Children!

Read aloud to your children. Research shows this is probably the most important thing you can do to encourage your children's success as readers. Here are some tips from Jim Treslease's

The Read-Aloud Handbook, an excellent book to read before you begin.

- ⇒ Begin to read to children as soon as possible.
- ⇒ Try to set time everyday for reading aloud.

⇒ Don't read stories you don't enjoy yourself.

⇒ Don't be surprised if your kids interrupt with a lot of questions.

“Forget all the reasons why it won't work and believe the one reason why it will.” unknown

A Little Girl Needs Daddy

A little girl needs Daddy
For many, many things:
Like holding her high off the ground
Where the sunlight sings!
Like being the deep music
That tell her all is right
When she awakens frantic

with the terrors of the night.
Like being the great mountain
That rises is her heart
And shows her how she might get home
When all else falls apart..
Like giving her the love

That is her sea and air,
So diving deep or soaring high
She'll always find him there.

Author Unknown



The Institute of Community Services, Inc.

210 West Valley Street
Holly Springs, MS 38635

Pass It On

www.ics-hs.org



MANHOOD PLEDGE

**We were born
males, not men.
We will become
men when we
learn the art and
science of man-
hood.**



Poetry Quote

He never looks
for praises.

He's never one to
boast.

He just goes on
quietly working
for those he loves
the most.

Karen K. Boyer

A Father and a Dad Are Not the Same

A father and a dad are
not the same:

One can be a dad and
not a father,

Or one can be a father
and not bother

To earn through love
the more endearing
name.

Some find fatherhood a
bit too tame,

Leaving all the details
to the mother,

Or dumping the sweet
burden on another

Man with just a passing
twinge of shame.

You have been our dad
so many years

That you've become the
landscape that is home,

The mountain that we

look to from afar.

No matter where we go
we're not alone.

For you remain within
to still our fears

And be the word that
tells us who we are.

D. Shostakovich

Dimitii Shostakovic