



Focus Personal Fitness Studio Rate Card

www.focuspersonalfitness.com



focus
personal.**fitness**.studio

FOCUS PERSONAL FITNESS STUDIO

PERSONAL TRAINING

	1 Hr	45 Min	30 Min
Single Session	\$69.70	\$56.50	\$52.50
5 Pack	\$339 (\$67.80)	\$272 (\$54.40)	\$246 (\$49.20)
10 Pack	\$656 (\$65.60)	\$523 (\$52.30)	\$462 (\$46.20)
20 Pack	\$1271 (\$63.50)	\$995 (\$49.75)	\$862 (\$43.10)
30 Pack	\$1905 (\$63.50)		

NEW MEMBER START UP PACKAGE

(Only available to new members within 30 days of joining)

	1 Hr	45 Min	30 Min
6 Pack	\$325 (\$54.17)		\$260 (\$43.33)
Welcome Back (5)	\$250 (\$50)		
6 Pack Semi-Private	\$240 (\$40)		

SEMI-PRIVATE TRAINING

	1 Hr	45 Min	30 Min
Single Session	\$49.20	\$43.00	
5 Pack	\$236 (\$47.20)	\$180 (\$36)	
10 Pack	\$441 (\$44.10)	\$359 (\$35.90)	
20 Pack	\$840 (\$42)		
Cardio - Unlimited Monthly	\$46.20		

GROUP TRAINING CLASSES

	Per Session	45 Min	30 Min
Single Session	\$22.55		
5 Pack	\$93 (\$18.60)		
10 Pack	\$160 (\$16)		
Unlimited Monthly	\$140		
Two Week Trial	\$35.90		

FITNESS ASSESSMENTS

	1 Hr	45 Min	30 Min
Single Session	\$73.80		\$34.90

Prices subject to change without notice. HST is applicable to all prices.